- A child with Legg-Calve-Perthe's disease should be braced with the thigh and hip in:
- a. internal rotation and abduction
- b. internal rotation and extension
- external rotation and flexion
- d. external rotation and extension
- A 26 year old male presents with a history of trauma. Passive range of motion is hypermobile in the upper cervical area. The Davis series is taken to rule out damage to all of the following ligaments except:
- a. capsular
- b. intertransverse
- interspinous C.
- anterior longitudinal
- e. posterior longitudinal
- alar ligament
  - ...B...
- Identify the test in which the straight leg raiser of the unaffected limb produces sciatic pain in the opposite limb:
- a. Laseque's
- Goldthwaite's
- Fajersztajn's
- Gaenslen's
- ...C...
- A female who is in her seventh month of pregnancy goes in for a routine examination. While raising her head from the supine position, a midline abdominal mass is noted. This is most likely to be:
- a. incisional hernia
- b. hernia linea alba
- umbilical hernia C.
- diastasis recti
  - ...D...
- The destruction of a pedicle which is visible on a routine A-P lumbar radiograph is most frequently associated with:
- a. osteosarcoma
- b. enchondroma
- osteolytic metastasis
- unicameral bone cyst
- Swelling and tenderness of the pes anserine bursa can be palpated at the:
- a. superior patella
- inferior patella
- C. medial to the tibial tuberosity
- lateral to the tibial tuberosity
  - ...C...
- Which of the following is characteristic of an increase of erythrocyte sedimentation rate:
- a. osteoarthritis
- sickle cell anemia
- multiple myeloma
- polycythemia vera
- 8. A radiolucent expansile lesion which is characteristically present in the distal femur or proximal tibia and may progress to the articular surface is:
- a. Ewing's sarcoma
- giant cell tumor
- C. fibrosarcoma
- osteoma
- ...B...

- 9. On a case of a traumatic injury, a lumbar radiograph reveals a bulging of the psoas muscle. This unusual finding suggests:
- a. bowel gas
- b. hemorrhage
- ligamentous instability
- vertebral collapse
- ...B...
- 10. The advantage of the MRI over a CT scan is that the MRI:
- a. is less expensive than the CT
- b. is more accepted by the scientific community
- c. does not use ionizing radiation
- 11. Adjustment of S2 nerve root is most beneficial in treatment in which condition?
- a. skin problems
- b. constipation
- c. colic
- enuresis
- e. diarrhea ...B...
- 12. A Schilling shift to the left, a mild elevation of the alkaline phos-phatase and serum bilirubin and a great increase of the SGOT indicates:
- a. acute myocardial infarction
- b. acute cholecystitis
- acute hepatitis
- d. chronic appendicitis
- 13. Myofacial pain syndrome is characterized by all of the following except:
- a. hypermobility with subsequent muscle spasms
- aggravated by function
- altered medial occlusion position
- d. incoordinated contraction of the lateral pterygoids
- 14. Which is not associated with adrenal insufficiency?
- a. weight gain
- fatigue
- dizziness
- abdominal pain
- 15. A male presents with a tender lemon shaped mass, 3 cm. in diameter in the mid belly of the biceps and proximal to the antecubital fossa. The pain began suddenly 2 days ago while bowling. The probable diagnosis would be?
- a. tendinitis
- b. congenital anomaly
- proximal biceps tendon rupture
- local hypertrophy of the distal biceps muscle
- Spasmodic flank pain that radiates to the groin with mild hematuria suggest:
- a. acute cystitis
- b. acute cholecystitis
- ureteral stone
- nephrosclerosis
- acute pyelonephritis
- ...C...

- 17. Pain which lasts only a few seconds and disappears with no correlation to tissue movement, and is described as shooting, burning or lightening-like:
- a. ligamentous sprain
- b. myositis
- C. bursitis
- neuralgia
- ...D...
- 18. A 24 year old male presents with acute thoracolumbar pain which occurred while tobogganing. He has treated for Crohn's disease with steroid therapy for the past four years. Your diagnosis:
- a. strain-sprain
- b. colon problem
- c. thoraco-lumbar vertebral fracture
  - ...D...
- 19. The best position for sleep for a person with sciatica and an L5 discopathy:
- a. prone, no pillow
- prone with a pillow under the hips
- supine with a pillow under the hips
- lateral recumbent position with the knees flexed
- supine with a rolled towel under the knees ...È...
- 20. A patient presents with a flat foot and a gait which has no forceful toe-off has a motor deficit at what cord level?
- a. L3
- b. L4
- L5 C.
- d. S1 ...D...
- 21. Normal articular cartilage fails under cyclic loading due to tissue:
- a. malnutrition
- b. fatique
- c. aging
- inflammation
- ...B...
- For a patient with pes planus, which of the following is least likely to aid the condition?
- a. foot roll exercises
- open-toe shoes
- inversion/plantar flexion exercises
- d. lateral heel lift
- e. sole lift
  - ...D...
- The spinal nerve root responsible for primary scapular retraction is:
- a. C1
- b. C5
- c. T1
- d. T7 ...B...
- Upon mechanical irritation of spinal nerve roots due to inflammation of the posterior joints in the spine initially causes changes.
- a. sensory
- b. motor
- c. autonomic
- reflex ...D...

- 25. What is the best treatment of a patient who was punched in the face and aspirated a tooth?
- a. induce vomiting
- b. take an A-P chest x-ray
- c. give an herbal remedy to induce vomiting
- d. refer to the emergency room
- 26. A 46 year old female presents with muscle weakness and fatigability on exertion. She also has a mask face, dysphagia, pharyngitis, diplopia, and lid lag
- a. lupus ervthematosus b. amyotrophic lateral
- c. cerebral palsy
- myasthenia gravis
- e. muscular dystrophy
  - ...D...
- A thoracic nerve root compression will most likely cause
- a. radiating pain from the mesogastrium to upper thoracics
- severe pain in a sloping pattern which follows the intercostal spaces
- local pain to the spine
- horizontal pain from P-A into the pectorals ...B...
- Which is least useful to do for a patient with a palpable and visible abdominal pulsations?
- a. fluid wave
- b. blood pressure
- c. lateral palpation of aorta
- EKG
  - ...D...
- What major peripheral nerve is tested by thumb abduction, opposition, and compression?
- a. radial b. median
- c. ulnar
- d. musculocutaneous axillary ...B...
- A 36 year old woman presents with dyspnea and right side pain. Her symptoms were of sudden onset one evening, and the next morning she woke up with a cold and caught. She is afebrile and her blood chemistries are unremarkable. She presently had tachypnea, with
- an antalgic lean to the right: a. spontaneous pneumothorax

strain of the cervicis and capitus

a. fractured vertebra

b. strain of the SCM

- lobar pneumonia
- c. rib fracture carcinoma of the lung
- 31. Kid was thrown while playing karate and fell on his back. Findings are weak head rotation and flexion, with normal range of motion:
- The seventh cervical vertebra cannot be visualized well on the neutral lateral cervical. What view would be
- taken next?

C.

- a. Water's Swimmer's lateral
- b. pillar view
  - Towne's
  - ...B...

33. What test will help differentiate a sacro-iliac lesion	42. A 60 year old male with low back pain, increased	50. In the thoracics, the spinouses move to the	59. Woman with headache, she went to an MD who
from a lumbo-sacral lesion?	alkaline phosphatase and C-RP:	; similar to the spine.	prescribed antihistamine and aspirin. She also takes
a. Gaenslen's	a. Paget's	a. concavity; cervicals	Vitamin C. What might cause fatigue?
	b. metastatic carcinoma		
b. Goldthwait's		b. convexity; cervicals	a. aspirin
c. Patrick's	c. multiple myeloma	c. concavity; lumbars	b. Vitamin C
d. Braggard's	d. thalassemia anemia	d. convexity; lumbars	c. antihistamine
B	A	B	d. caffeine
			C
<ol> <li>Which serum enzyme will be elevated in the first</li> </ol>	<ol> <li>Management of an acute tendinitis (tennis elbow)</li> </ol>	<ol> <li>Which modality would be most indicated in acute</li> </ol>	
3-6 hours after a myocardial infarction?	includes all of the following except:	shoulder pain?	60. Which one of the following is least likely to cause
a. LDH	a. apply ice several times a day	a. ice	joint mice:
b. SGPT	b. immobilize the hand and wrist	b. interferential	a. osteochondritis dessicans
c. ESR	c. gently take the wrist through its complete range of	c. ultrasound	b. osteochondromatosis
d. CPK-MB	motion to maintain proper mobility	d. diathermy	c. osteitis condensans ilii
D	d. immobilize the elbow	A	d. osteoarthritis
	D		C
OF The maintenance of the normal articular	<b>U</b>	EQ. A mild appear to the apple approved during appear	
35. The maintenance of the normal articular	44	52. A mild sprain to the ankle occurred during soccer	C4 Mileiah ana af tha fallaccina in the librah saturahand af
juxtaposition of the upper cervical complex is dependent	44. A 20 year old male presents with congested	practice. The earliest that heat therapy should be started	61. Which one of the following is the likely standard of
upon:	sinuses and a common cold. There are no other	would be:	care for the Milwaukee bracing?
a. muscular elasticity	complaints. Which of the following supportive therapies	a. 12 hours	<ul> <li>a. when the scoliosis approaches 30° and is</li> </ul>
b. ligamentous integrity	is contraindicated?	b. 24 hours	progressive
c. osseous structures	a. vibratory stimulation to the sinuses	c. 48 hours	<ul> <li>b. when it is apparent that respiratory attacks will occur</li> </ul>
d. vascular patency	b. infrared to the sinuses	d. 7 days	c. before skeletal maturity
B	c. hydrocollator packs	C	d. after skeletal maturation
	d. interferential stimulation		A
36. Person lies prone for a period of time then when	D	53. A young soccer player turns an ankle in a game	
they get up, they have low back pain on flexion and		and presents two days later. What would be	62. A 19 year old presents with a well defined kidney-
extension:	45. A patient presents with enlargement of the left	recommended:	shaped nodule which is mobile, tender and 1 cm in
a. tear in the sacrospinatus	supraclavicular lymph node. What is the primary area for		
		a. heat only b. cold only	diameter. It does not transilluminate:
b. articular capsulitis	this condition?		a. carcinoma
c. disc herniation	a. upper abdomen	c. cold in acute phase, hot in chronic phase	b. cyst
d. transverse myelitis	b breasts	d. isotonic and isometric exercises	c. mastitis
B	c. nasopharynx	C	d. fibroadenoma
	d. left arm		D
37. What level does the pronator reflex test:	A	<ol><li>Which of the following is contraindicated in a</li></ol>	
a. C5		patient with carpal tunnel syndrome:	63. A male patient presents with periorbital headaches
b. C6	46. Which of the following tests or signs can be used to	a. flexion	which last for two weeks. The headaches begin around
c. C7	differentiate between an injury of the collateral ligaments	b. cock-up splint	11 AM and last around 2 hours. Blood pressure,
c. C7 d. C8	and that of the menisci:	c. heat	funduscopic exam and cranial nerves are normal.
D	a. Apley's compression/distraction test	d. cryotherapy	Recent history indicates that the patient has recently
	b. Drawer's sign	<b>A</b>	moved and now skips breakfast:
38. What type of physiotherapy modality has a distinct	c. Steinman's sign		a. hypoglycemic headache
		FF Which of the following modelities may be	
chemical effect?	d. McMurray's test	55. Which of the following modalities may be	b. subarachnoid hemorrhage
a. ultrasound	A	contraindicated in a maxillary sinus problem?	c. cluster
b. ultraviolet		a. interferential	d. common migraine
c. diathermy	47. A girl presents with a 28° scoliosis which increased	b. ultrasound	A
d. infrared	5° since the last examination 6 months ago. What is	c. ultraviolet	
B	your management of the patient?	d. hydrocollator heat	<ol><li>64. A middle aged female presents with pain, slightly</li></ol>
	a. chiropractic care and re-x-ray in six months	e. infrared	elevated temperature with a mild infection of the leg.
39. With lumbar disc herniation, which procedure is	b. TENS	A	There are red marks extending from the right medial
contraindicated?	c. orthopedic consult		malleolus to the popliteal fossa with raised tender
a. ice	d. exercise	56. What modality would most likely be used with a	nodules. The diagnosis:
b. trigger points (Nimmo)	C	pacemaker?	a. lymphangitis
c. bed rest		a. infrared	b. adenitis
d. static traction	48. With an injury to the transverse process-es of the	b. TENS	c. deep venous thrombosis
D	cervico-dorsal area, which adjunctive therapy would be	c. microwave	d. inguinal lymph node
	the least effective?	d. S/W diathermy	
40. What is the pause between the QRS and the next			A
	a. ultrasound	e. ultrasound	OF A maticular managed with instability to make instability.
wave form?	b. flouromethane spray	A	65. A patient presents with instability, tremors, inability
a. ST segment	c. cervical traction		to sleep:
b. Twave	d. electrotherapy	57. A patient with a prolapse disc, what don't you do?	a. hyperthyroid
c. QS wave	C	a. bed rest	b. hypothyroid
d. P wave		b. trigger points	c. hyper-parathyroid
A	49. The facets in the upper thoracic region most clearly	c. ice	d. hypoparathyroid
	resemble : which is why motion	d. static traction	A
41. What type of force would you not want to introduce	is limited in this direction.	D	
into the spine with a spondylolisthesis?	a. cervical:coronal		66. When you turn the head, the atlas will rotate
a. flexion	b. cervical:sagittal	58. A woman presents with a history of vise-like	degrees before the rest of the cervicals move:
	c. lumbar:sagittal	headaches around the base of her skull, occurring	a. 15°
b. extension		midday at work. The last six menths the headache has	b. 25°
c. lateral flexion	d. lumber:coronal	midday at work. The last six months the headache has	
d. rotation	A	become unilateral, lasting 2-12 hours, which are	c. 35°
B		preceded by vomiting and strange visuals:	d. 45°
		a. tension	B
		b. common migraine	
		c. temporal arteritis	
		d. vascular	
		B	

- 67. A race runner ha sharp pain from the hip to the knee, now feels clicking when he walks:
- a. lateral collateral ligament
- b. iliotibial injury
- c. medial collateral ligament
- d. medial meniscus
- 68. A female presents with pain in right arm and shoulder. Radiographic examination shows reabsorption of the distal aspect of the right clavicle. Serum calcium is elevated, and there is a decreased serum phosphorus, increased alkaline phosphatase, and ESR:
- a. hyperparathyroidism
- hypothyroidism
- hyperthyroidism
- d. hypoparathyroidism
- Constipation is associated with:
- a. gall bladder
- b. renal colic
- C. appendicitis
- d. ectopic pregnancy
- 70. A 28 year old female presents with cervical pain, and headaches which respond immediately to adjustment, yet her situation won't stabilize. This condition may be due to:
- a. working two jobs to provide for an extremely serious financial burden
- fumes in workplace and having to crouch low
- lowering her welding faceplate with neck flexion instead of using her hand
- d. doesn't sleep well

...C...

- 71. A male presents with pain in arm and hand down to the little finger. Pain increases on abduction and external rotation of the arm. X-rays re-vealed bilaterally enlarged ribs at C7 with smooth ends. The thoracic outlet syndrome is due to:
- a. scalenus anticus and medius
- b. tip of last rib
- 1st rib and clavicle C.
- d. coracoid process
- ...D...
- 72. A stewardess was pulling a cart down the aisle when she had a sudden onset of acute leg pain from the knee down to the heel. There is no pain in the back, and ranges of motion of the back were normal. Laseque's was positive, normal well leg raiser; negative Valsalva:
- a. piriformis syndrome
- b. pseudosciatica
- prolapsed disc C.
- facet syndrome
- Patient walks 100 yards with claudication, ignores pain. He continues and the pain disappears:
- a. vasodilation
- sensory blocking
- c. oxygen debt
- d. metabolites
- 74. A 68 year old patient walks for a hundred yards and feels leg pain. The pain disappears with rest:
- a. neurogenic
- b. muscular
- vascular compression
- d. osteotrophic
- 75. A 49 year old male walks 3 miles and has acute leg pain. He has had this problem on and off for two years:

- a. degenerative changes in the knee
- ligamentous
- C. rheumatism
  - ...A...
- Crackles in the posterior lateral aspect, fever of 102°, and bilateral depression of the diaphragm (typical picture of respiratory infection):
- a. chronic asthma
- b. lobar pneumonia
- c. emphysema
  - ...B...
- 77. A patient's blood pressure during inspiration is 120/80, during expiration 132/90. In supine position it is 120/80 and on standing low, What is the significance?
- a. systemic hypertension
- b. pulsus paradoxus
- pulsus alternans
- dicrotic pulse
  - ...B...
- A eighteen month old child has a respiration rate of 30, temperature 100°, pulse rate 110. These findings
- a. normal
- b. infection
  - ...A...
- A basketball player was jumping and he felt a click a pain in the knee, McMurray's and Slocum's test was positive:
- a. medial meniscus
- b. lateral meniscus
- c. medial collateral ligament
- lateral collateral ligament
  - ...A...
- 80. Which areas of the spine would be adjusted in a patient with diaphragm problems?
- a. C1
- b. C3-5
- c. T1-2
- d. T4-6
- ...B...
- 81. An accentuated QRS complex and an inverted T wave at leads II, III, aVF, and V6:
- a. angina
- b. chronic myocardial infarction
- c. acute myocardial infarction
  - ...B...
- 82. A degenerative change at the level of C5-6 the vertebra has osteophytes, sclerosis, no history of trauma. This is referred to as:
- a. discogenic spondylosis
- b. spondylitis
- c. spondylolysis
- ankylosis
  - ...A...
- 83. A 25 year old male comes into the office having previously been diagnosed as having ankylosing spondylitis. What is the best thing to do?
- adjust exclusively and do full spine exercise
- b. sacroiliac joint exercise
  - ...?...

- 84. The doctor is examining while patient clenches his teeth testing the masseter and temporalis, what cranial nerve is he testing?
- a. trigeminal
- b., facial
- c. hypoglossal
- d. vagus
  - ...Ă...
- 85. Which is a dangerous sign and should be referred out?
- a. numbness in the lower extremity
- pain in the lower extremity
- C. loss of bladder control
- 86. A 35 year old male leaned over the sink while shaving. He now has lumbar rigidity and bilateral back pain. Which is likely:
- a. functional muscle spasm and scoliosis of the lumbars
- b. decreased urination and bladder dysfunction
- decreased achilles reflex
- d. facet syndrome
- 87. What is the effect of chronic decreased blood supply on the skin:
- a. dark and smooth
- b. dark and rough
- dry and rough
- d. white and brittle
- 88. For a patient with constipation you would want to adjust:
- a. T12
- b. L4
- S2 C. ...C...
- 89. Myxedema is associated with:
- a. hypothermia
- b. decreased T4
  - ...A...
- Which abnormality is commonly seen with spondylolisthesis?
- sacralization
- facet arthrosis
- c. hypolordosis
- spina bifida
  - ...D...
- 91. Pain that is increased two hours after eating:
- a. qastric carcinoma
- gastric ulcer
- c. duodenal ulcer
- 92. A male who did wide hand pullups, back strokes, breast stroke, wall weight cable pulls. Which muscles
- are most likely involved? a. rhomboids
- b. latissimuss dorsi
- c. trapezius
- 93. An increase of the angle formed between a line from the top of the sacral base to the true horizontal:
- a. hyperlordosis
- b. hypolordosis
- c. hyperkyphosis
  - hypokyphosis

- 94. Enlargement of a single supralavicular lymph node may suggest:
- a. mononucleosis
- b. bronchogenic carcinoma
- c. malignancy
- 95. Radiographs of a woman show the disc spaces at L2-3 are blurred, and the endplates were eroded:
- a. compression
- b. infection
- c. malignancy
  - ...B...
- A 37 year old male present with a history of weight loss and chronic sore throat over a two month period, and night sweats:
- a. CBC
- b. UA
- c. ask him about his lifestyle
- ask him about possible chemical exposure
- 97. How would you handle this low back patient?
- a. adjust adrenals only, moderate protein intake, low carbohydrates, no salt
- stay away from the cervicals, adjust the cardiac, renal
- and adrenal areas limit protein and marine lipid intake
- adjust cardiac and renal areas, moderate protein, low fat and marine lipids, and low salt
- 98. A 50° scoliosis:
- a. muscle stimulation
- re-evaluation in 3 months
- c. immediate referral if there were lung comprise
  - exercise ...C...
- Cervical manipulations is contraindicated in:
- "drop attacks" b. rotation of the head and pain
  - ...A...
- 100. A 13 year old female presented with fever, pain in the ankle, knee, hand and shoul-der. Her mother stated there was a throat infection two weeks ago. A systolic murmur is heard over the mitral area of the heart. ESR and C-RP were elevated. What is the next best test?
- a. Monospot
- b. EKG c. SGOT
- d. ASO titre ...D...
- 101. Which peripheral nerve can be tested by
- opposition of the thumb?
- a. radial b. ulnar
- c. median
- axillary e. musculocutaneous
- 102. Cyanosis which is localized to the neck, head,
- and upper limbs is characteristic of:
- a. acrocyanosis
- b. superior vena cava obstruction abdominal aortic aneurysm
  - shock
- peripheral vascular disease e ...B...

- 103. A 28 year old female presents with numbness in the first three fingers. It is aggravated by carrying her purse for a few minutes. The symptomatology is caused a. carpal tunnel syndrome b. ulnar compression c. cervical rib radial nerve entrapment Which postural position is most likely to aggravate facet imbrication? a. sitting b. standing C. lying supine lying lateral decubitus What is the best treatment for a fracture of the second lumbar vertebra? a. surgical suture b. ultrasound chiropractic adjustment d. ice, bed rest, and lumbar support 106. An elevated alkaline phosphatase and ESR may a. rheumatoid arthritis b. osteoarthritis C. Paget's disease d. ankylosing spondylitis 107. Elevated alkaline phosphatase levels in a 19 year old male may suggest: a. normal to bone growth b. osteosarcoma
- Paget's disease d. metastatic carcinoma 108. A patient with an acute compressed spinal nerve will most likely describe the pain as:

d. sharp and shooting 109. A 26 year male patient presents with a history of a cough and night sweats of two weeks duration. He has had similar episodes before. He would most likely be

diagnosed as having: a. asthma

a. dull

b. vague ache c. diffuse burning

b. congestive heart failure

c. tuberculosis

d. peripheral vascular obstruction

The upper limit of the ADI in an adult is:

a. 3 mm

b. 4 mm c. 5 mm d. 6 mm ...A...

111. The most common postural cause of low back pain is?

a. degeneration of the disc

degenerative joint disease of the posterior joints

c. hypolordosis

excessive lordosis

...D...

112. The blood chemistry which is elevated in tissue destruction:

serum chloride a.

serum glucose cholesterol

lactic dehydrogenase ...D...

113. The most common cause of the vacuum phenomenon in the intervertebral disc is?

a. discogenic spondylosis b. rheumatoid arthritis

c. metastatic carcinoma

d. trauma

114. Which of the following could be a cause of neck pain?

a. cholecystitis

b. endometriosis

c. Pancoast tumor

peptic ulcer ...Ċ...

115. Symptoms for myxedema would include:

a. perspiration

hypothermia

hyperventilation

weight loss

...B...

116. Compression of which spinal level causes weakness of the intrinsic muscles of the toes and bladder incontinence?

a. L3-4

b. L4-5

c. L5-S1

d. S2-4 ...D...

117. Which of the following orthopedic devices would immobilize the head in extension, flexion and rotation by use of a chin support?

a. Risser's

b. Knight's

Guildford's

plastic cervical collar

...c...

118. A 36 year old male patient presents with retropatellar pain and crepitation. The knee give way but does not lock. The pain is worse when walking up the

stairs or rising from the seated position: a. chondromalacia patellae

b. cruciate ligament lesion

degenerative arthritis

patellar tendinitis

The center of gravity while standing will be found: 119.

a. atlas

center of a thoracic vertebrae

S2 C. shaft of the femur

120. With iontophoresis, what substance would be used to treat a fungal infection?

a. copper

b. chloride

calcium

MgS0<sub>4</sub>

...A...

121. A 35 year old male presents with the following findings; (+) Braggard's on the right, (+) Valsalva, (+) listing to the right, limited and painful range of motion. The possible diagnosis is:

a. sciatica

b. lumbar strain/sprain

c. L5-S1 disc protrusion right

d. L4-5 disc protrusion-left ...C...

122. A 60 year old male has hematuria. Which signs and symptoms would suggest an ulcer of the bladder

a. constant hematuria with referred pain to the groin

b. blood in the initial stream of urination

gross blood at the end of urination

occult hematuria only

detected by microscopic exam of urinary sediment

123. Secondary tropic changes that may accompany long standing vascular insufficiency:

smooth and thin

dry and thick

c. rough and thick

d. dark and rough

e. mottled and coarse

...A...

124. Which of the following is the most common direction of a patellar dislocation?

a. anterior and inferior

b. superior and medial c. anterior

d. lateral

...D...

125. The trigger point of which muscle may mimic angina?

a. supraspinatus

b. subscapularis

c. scalenes

d. trapezius

...A...

Which of the following is the most common configuration of pathological fracture of an extremity?

a. impacted

b. spiral

c. oblique

d. transverse

...D...

127. A patient presents with subclinical ankylosing spondylitis. What would be the most important question in the case history?

a. familial history

b. diet

c. socioeconomic background

d. exercise

...A... 128. A patient presents with right forearm weakness

and atrophy. The history reveals a previous hairline fracture, and the cast was removed one day before presentation. The recommended treatment would include all except:

a. active exercise

b. high volt galvanic-pulsed

electrical stimulation

mechanical vibration

...D...

129. "Brailsford's bow-line" is indicative of?

a. spondylosis

b. spondylolysis

c. spondylolisthesis d. separation of the endplate

130. Motion on a horizontal plane along a vertical axis:

a. finger flexion/extension

b. thumb abduction

c. cervical rotation

d. hip flexion

...C...

131. A 45 year old male presents with right sided neck pain which radiates to the right shoulder and medial border of the scapula with right lateral arm numbness. There is a (+) Spurling's. This would suggest nerve root compression of what level?

a. Ċ4

b. C5

C6 C.

d. C7 e.

C8 ...A...

The gracilis tendon can be palpated to be more prominent with the leg \_ and against resistance.

a. flexion and internal rotation

b. extension and external rotation

adduction and internal rotation abduction and internal rotation

...A...

133. A common complication of scaphoid fracture is:

a. flexion deformity

 avascular necrosis ...в...

malignancy C. d. pseudoarthrosis

134. Heat applied on the right arm causes increased blood flow on the left arm by what mechanism?

a. convection

b. conduction

c. reflex

d. radiation ...C...

135. A 42 year old female has pain at the upper right quadrant which radiates to the right scapula. What blood test would be ordered?

a. CBC and sedimentation rate

b. bilirubin

c. non-protein nitrogen

...B...

136. Which simple uncomplicated fracture has the

least favorable prognosis?

a. greenstick fracture of the clavicle in a 6 year old girl spiral fracture of the humerus in a 16 year old male

stress fracture of the tibia in a 35 year old male compression fracture of T12 in a 65 year old female

137. The presence of immature white blood cells in the peripheral blood when there is no sign of infection indicates:

a. bone marrow disease

b. acute blood loss

c. parasitic infestation d. soft tissue injury

e. starvation

...A...
138. What condition may cause you to use caution when adjusting the cervicals?

- a. hypothyroidism
- b. cárpal tunnel syndrome
- pregnancy
- lumbosacral syndrome
- e. mongoloidism
  - ...E...
- 139. Atelectasis, wheezing, and enlargement of the supraclavicular lymph nodes are characteristic of:
- a. acute bronchitis
- b. bronchogenic carcinoma
- c. COPD
- d. asthma
- ...B...
- 140. The modality which would be best to use prior to adjusting an acute low back patient?
- a. hydrocollator
- b. dry heat
- C. ice
- d. continuous ultrasound
  - ...C...
- 141. A 19 year old male presents with acute low back pain and a right swollen and painful knee. Both eyes are bloodshot and hypersensitive to light. He states that he has recently been treated for urethritis. This would be characteristic of?
- a. SLE
- b. Reiter's syndrome
- C. psoriatic arthritis
- d. scleroderma
- ...B...
- 142. Hypertrophy of the articulating surfaces or degenerative changes of the articular pillars causes which of the following syndromes?
- a. lateral recess stenosis
- b. spondylolisthesis
- C. tropism
- imbrication ...A...
- 143. Ultraviolet may be used in the treatment of:
- a. shingles
- b. tuberculosis
- c. heart problems
- d. hypertension
- 144. A 25 year old female with cyanosis of the hands especially after exposure to cold water:
- a. Raynaud's
- b. acrocyanosis
- c. heart disease
- erythromelalgia
- 145. A patient with low back strain has been under treatment for 2 weeks with no improvement. What would be recommended next?
- a. refer to a neurologist
- b. re-exam and alter the treatment regimen
- c. continue treatment for another week with reevaluation
  - ...B...
- 146. Anterior thigh pain with a decreased patellar reflex would suggest involvement of which neurological level?
- a. L3
- b. L4
- C. L5 d. S1

- 147. Upon performance of the Soto-Hall test, a male patient experiences a transient, electric-like shock down

- his body and into his upper and lower extremities. The condition most likely to cause this would be:
- a. vertebral artery compression
- b. multiple sclerosis
- c. degenerative disc syndrome
- d. scalenus anticus syndrome
- 148. Severe pain is elicited with Soto-Hall. What would be your next step?
- a. adjust
- b. cervical series
- c. HVG on cervicals
  - ...B...
- 149. Coxa varus and coxa valgus would be measured with which method?
- a. Shenton's
- b. angle of inclination
- Kohler's line
- Skinner's line
  - ...B...
- 150. The first type of exercise that would recommended for a musculoskeletal or a joint injury?
- a. active
- b. passive
- active assisted
- d. active resistive
  - ...B...
- 151. On otoscopic examination, a red, pusatile mass behind the tympanic membrane is noted
- a. acoustic neuroma
- b. rubal tumor
- otitis media
- chemodectoma
  - ...D...
- 152. Upon otoscopic examination, the eardrum is pearly gray, but the external ear is red. This is most suggestive of?
- a. otitis media
- b. eustachian tube blockage
- hemorrhage
- external infection
  - ...D...
- 153. The patient is asked to hold a piece of paper between the thumb and index finger but is unable to do so. What is the nerve involvement?
- a. radial
- b. median
- ulnar
- d. C5 dermatome
- 154. A patient presents with foot drop. What nerve is likely to be involved?
- a. superficial peroneal
- b. deep peroneal
- c. anterior tibial
  - posterior tibial ...B...
- 155. What part of the patient's neck would you not want to apply electrical stimulation?
- a. lateral neck
- b. anterior neck
- posterior neck
- trapezius
  - ...Ė...

- 156. A female patient presents with winging of the scapula. Which of the following activities is likely to have caused it?
- a. carrying a heavy purse
- b. lifting a heavy object
- c. pushing a shopping cart
  - ...B...
- 157. The patient is supine and the doctor rotates and extends their head to adjust them. The patient gets dizzy. What should be done next?
- a. check for vertebral basilar insufficiency
- b. bring the head to neutral and adjust them
- Adson's test
- d. refer
- ...A...
- 158. A patient present with a sudden onset of an uneven smile, watering eve, and has been sleeping in a cold draft. The best diagnosis is:
- a. trigeminal neuralgia
- b. Bell's palsy
- Arnold's neuralgia
- TMJ syndrome
- ...B...
- 159. What neurological area would be suspected if a patient were unable to abduct or adduct their fingers?
- a. C6 b. C7
- C8 C.
- d. T1 ...D...
- 160. Which of the following spinal segments supply the diaphragm?
- a. C3-5
- b. T2
- c. T4
- d. T10-11
- 161. A patient has pain in the gluteals, and down the lateral side of their leg. He is unable to extend his toes. What neurological area is suggested?
- a. L2-3
- b. L3-4
- c. L4-5
- d. L5-S1 ...C...
- 162. Which of the following diseases will close off the IVF and produce radicular pain?
- a. neurofibromatosis
- b. ankylosing spondylitis
- meningioma d. hemangioma
- 163. A 16 year old presents with headaches of several weeks duration. The pain is bilateral be-hind the supraorbital ridge and increased when the patient blows their nose or bends over. The head-aches are present upon awakening, gets better when arising, but are worse at mid morning. This would is suggestive of which
- headache type? a. cluster
- b. sinus tension
  - migraine ...B...

- 164. A 45 year old female presents with a 4 year history of hip pain which is getting progressively worse. She also complains of arm stiffness which seems to be relieved by rest. Radiographs reveal sclerosis at the lateral and superior aspect of the hip, with a slight decrease in the joint space.
- a. avascular necrosis
- b. rheumatoid arthritis
- degenerative arthritis d. infectious arthritis
- ...C...
- 165. A 26 year old female presents with normal vital signs, left eye pain, left lateral nystagmus, +4 reflex on the left lower extremity, unilateral clonus, left arm and leg weakness. What sign or symptom might be expected to
- a. numbness and tingling of the extremity
- b. severe RUQ pain
- c. colicky flank pain
- d. bilateral sacral
  - ...A...
- The next presenting sign or symptom would be 166. expected:
- a. unilateral or bilateral myoclonus
- b. ankle edema
  - ...A...
- 167. The spinal anomaly that would mimic this problem would be:
- a. spondylolisthesis
- b. basilar impression
- c. spina bifida occulta ...B...
- 168. A male presents with low back pain which radiates to the calf. After two weeks of treatment the calf pain has subsided, but the back pain is unchanged.
- What would you do next?
- a. change treatment with re-evaluation in two weeks
- b. refer to a neurologist establish a high fiber and low protein diet
- put on vitamins
- ...A... 169. A 56 year old male has an 8 year history of headaches and three car accidents. What would be your
- next step in you management of this patient?
- a. CBC
- b. cervical series
- c. urinalysis ...B...
- 170. A 58 year old male has had low back pain for six months. The signs and symptoms include urinary hesitancy and frequency. The urine stream stops involuntarily. The night before he was unable to sleep or void. He has a temperature of 102°, with a blood pressure of 180/118. He also has pedal edema, with a firm and tender mass in the suprapubic area. This is

171. Based upon the presenting information what is

- probably due to: a. IVD syndrome
- b. peritonitis
- urinary obstruction C. d. cauda equina syndrome
- the likely cause of the fever?
- a. bladder infection
- b. peritonitis prostate carcinoma
- benign prostatic hypertrophy

172. Upon rectal exam, the prostate is found to be firm, nontender, nodular and four times its normal size. The probable diagnosis? a. benian prostatic hypertrophy b. prostatic carcinoma c. prostatitis ...B... 173. What lab tests would be indicated on this patient? a. acid phosphatase b. acid and alkaline phosphatase c. alkaline phosphatase only SGPT and SGOT ...B... 174. A boy has an elevated alkaline phosphatase three times the normal level. This would suggest: a. multiple myeloma b. metastatic carcinoma c. hyperparathyroidism d. osteosarcoma e. osteomalacia ...D... 175. A female in her third trimester of pregnancy presents with low back pain. This is probably NOT due а ligament laxity due to hormonal elevations shift of the center of gravity intrapelvic fetal movements d. posterior rocking of the ilia relative to the sacrum 176. A 48 year old male with flank pain, normal x-rays. and lab. What would be performed next? a. prostate exam b. urinalysis CBC C. ...B... 177. What imaging method would you use to detect in spinal canal (sic)? a. MRI b. CT c. ultrasound d. myelogram 178. A patient with a history of hyperthyroidism. increased free T4 to complete study: a. TSH b. free T3 free thyroxin index total T4 ...C... 179. The advantage of a CT over plain film radiography would be: a. non-ionizing radiation b. patient is more comfortable c. more clearly demonstrates? ...C... 180. Patient is unable to flex the right knee. Which is likely to be involved? a. L4-5 b. L5-S1 S1-2 C. gluteus medius ...B... 181. In a patient with facet syndrome, what exercises would be recommended?

a. Frenkel's

...B...

C.

Williams

DeLorme

pendulum

182. Recurrent torticollis may be due to involvement of which of the following nerves: a. trigeminal b. oculomotor c. hypoglossal d. spinal accessory ...D... 183. What gives a patient a pseudospondylolisthesis? a. disc degeneration bilateral pars defect c. facet tropism ...A... What is the most common cause of low potassium seen in the chiropractic office? a. hyperaldosterone b. diuretic therapy ...B... A lack of external eye coordination may be due to which of the following? a. conjunctival hemorrhage blepharitis c. conjunctivitis d. ciliary infection ...D... 186. The patient has lumbar facet sclerosis with some narrowing of the IVF. What exercise would you recommend? a. stretch hamstrings b. deep knee bends supine knee to chest lateral bending exercises ...C... 187. A patient presents with a moderate essential hypertension. Which of the following would not be included in your treatment plan? a. restriction of alcohol b. restriction of sodium and phosphorus c. cessation of smoking regular exercise ...Ď... A 60 year old slightly over-weight male presents with progressive neck pain of 3 months duration. Routine history reveals a measles, mumps, pneumonia, 3 previous whiplash injuries, Bright's disease and headaches. The patient gets dizzy when he turns his head to the right. He also has left shoulder pain. Which of the following would be contraindicated? a. ultrasound b. rotary adjustments diathermy ...B... 189. What should be the next step after the case history? a. urinalysis b. CBC cervical series d. MRI ...C... 190. Which of the following tests would be used to identify a cervical rib? a. Allen's Adson's Eden's Wright's ...B...

191. Which of the following modalities would not be recommended on a patient with cough and hemoptysis? a. infrared b. diathermy C. continuous ultrasound d. ice ...C... 192. What is the recommended vitamin therapy for a patient with benign prostatic hypertrophy? a. alanine, glycine, glutamic acid b. vitamin A and C vitamin B-complex d. zinc, magnesium, manganese Traction of the cervical spine will cause a change in the curve at which pressure? a. 5-10 pounds b. 10-15 pounds c. 15-20 pounds d. 20-25 pounds ...D... 194. On which view would facet imbrication be best noted? a. A-P b. lateral c. oblique lumbosacral spot ...B... Contraction of which muscle groups keeps the pelvis horizontal when the body weight is shifted to one leg? a. flexors b. adductors abductors C. d. rotators 196. A 55 year old Caucasian male presents with low back pain which wakes him up at night. There is a 10° lateral antalgia. There is no history of trauma. The patient can't afford anything. Which test would be most diagnostic? a. SMAC b. CBC plain film C. d. CT scan 197. Which of the following is characterized by painful red tender nodules in the legs? a. Reiter's syndrome b. tabes dorsalis ervthema nodosum С diabetes mellitus ...C... 198. A 47 year old woman presents with heel pain of six months duration. Upon examination a calcaneal spur is noted with inflammation. Which of the following supportive therapies would be least effective; a. ultrasound b. fluidotherapy c. vibrotherapy d. interferential ...C...

199. Nerve compression of which spinal levels causes weakness to the intrinsic muscles of the foot and bladder incontinence? a. L3-4 b. L4-5 c. L5-S1 d. S1-2 ...D... What physical finding would not be evident in a patient with cirrhosis of the liver? a. clubbing of the fingers b. cafe-au-lait spots c. spider angioma d. testicular atrophy ...B... 201 What would be the prescribed method of treatment for a patient who presents with a positive Codman's sign? a. lumbo-pelvic roll b. biceps curls fingers walk up wall C. d. pelvic tilt ...C... 202. Gallstones can be seen on a lateral radiograph at the level of? a. T10-L1 b. T12-L1 c. L2-L3 d. L4-5 ...C... A person with TRUE VERTIGO experiences; a. lightheadedness with faintness and dizziness. b. sensation of movement of his/her body weakness or decrease in maximum muscle contraction disorientation with giddiness 204. A 35 year old male presents with back pain radiating down the right thigh, leg and dorsal surface of the right foot. It is more painful to sit. Straight leg raiser is (+), Braggard's is (+), Well-leg raiser is (+), Valsalva's is (-), Bechterew's is (+). What is the most likely diagnosis? a. facet syndrome b. L4-5 disc prolapse c. L5-S1 disc prolapse d. piriformis syndrome ...B... 205. In which condition would one not expect to see an increased erythrocyte sedimentation rate? a. rheumatic fever b. osteoarthritis tuberculosis d. multiple myeloma ...B... A subluxation of an anomalous spinal or pelvic segment is classified as a \_\_\_\_\_ subluxation. a. pathological b. traumatic C. defect d. reflex ...C... 207. Ischemic necrosis due to trauma or infection usually affects: a. styloid process b. olecranon process c. scaphoid d. capitate ...Ċ...

208. A patient presents with moderate pain on weight 218. A 19 year old female presents with a 2 day history 227. An absence of the red reflex may be suggestive 237. The characteristic pain pattern of costovertebral bearing. What grade sprain would this be? of fatique, sore throat, and poor appetite. She has of? involvement is: throbbing headaches with no visual disturbances, a a. pain central to the chest a. glaucoma b. II temperature of 102°, and has slept a lot. Based on the b. myopia b. follows the ribs anteriorly C. Ш available information, which of the following is most c. cataract c. follows the slope of the intercostal spaces d. IV ...C... a. streptococcal infection 209. A young boy presents with acute torticollis and b. CNS infection Creatine phosphokinase levels may be increased 238. A patient presents with yellow patches in the left SCM sprain of three weeks duration. Which of the mouth. This would be most characteristic of: c. mononucleosis a. hypervitaminosis C following modalities is contraindicated? d. viral infection a. candidiasis a. muscle stimulation to the affected side prolonged muscle use b. rubella ...C... b. TENS to the affected side c. rubeola c. angina pectoris c. cold packs Which would be the best test to perform next? d. apthous ulcer d. massage and passive range of motion ...D... b. ESR Which of the following is the most commonly c. urinalysis used method of measurement for scoliosis? The patient is seated. The doctor rotates the 210. What would be the most appropriate test for a 40 d. full spine radiograph a. Lovett's patient's head 45° and holds it in that position for 15-40 seconds. The doctor observes the patient for evidence of year old male who presents with corneal arcus senilis ...A... b. Cobb's upon eve examination: nystagmus, dizziness, and nausea. The name of this test C. Mavo's a. ESŔ 220. Laboratory findings reveal urinalysis is normal. d. Ferguson's b. CBC ESR is elevated, x-rays are negative for pathology. The CBC shows a normal RBC count: 70% segmented a. Adson's ...B... SMAC b. Eden's neutrophils, 25% lymphocytes, 4% monocytes, 1% 230. Which area of the spine may be the most d. lipid cells Wright's C. eosinophils, and 0% basophils. Which of the following progressive in a patient with an idiopathic scoliosis? ...D... d. Maigne's would be the next best course of action? a. cervical ...D... 211. Which of the following urinalysis findings would a. refer to the family physician b. thoracic be evidence of physiological breakdown of tissue? b. refer to a neurologist c. thoraco-lumbar 240. With the patient supine the doctor places one a. chloride c. recommend bed rest and fluids lumbar hand under the lumbar spine and lifts the patient's leg b. cholesterol ...C... ...B... while palpating the low back. This procedure is known c. bilirubin a. Hibb's ...C... 221. Which of the following would not be a factor in a 231. A careful analysis of the upper cervical regions patient with scoliosis? necessary before adjusting a patient with; b. Laseque's 212. A break in Hadley's "S" curve is indicative of; Cobb's a. hyperthyroidism Goldthwait's b. Risser's b. hypothyroidism Gaenslen's a. sprain spondylolysis chronological age c. mongolism b. ...C... spondylolisthesis Harrington factor C. ...C... 241. A patient has a normal Thyroid Stimulating subluxation ...C... hormone with a decreased T3 and T4. What test should ...D... 232. The wrist in a patient with carpal tunnel syndrome Acute respiratory disorder was of viral etiology should be taped; be done next? 213. A female basketball player landed on another due to the absence of: a. in flexion at the radius and ulna a. thyroid player's foot. There is lateral swelling and ecchymosis a. night sweats b. in extension b. adrenals anterior to the lateral malleolus. The patient has pain b. purulent sputum c. neutral c. basal metabolic rate with inversion and plantar flexion. What type of sprain is c. muscle aches 233. A patient has a left scoliosis with the spinouses this likely to be? d. dyspnea a. axial compression ...B... rotated to the left. The involved segment has an open A male patient presents with low back pain and a wedge on the left. What is the proper contact point on (+) Burns Bench test. Which would be the correct b. inversion A patient presents with low back pain and right this segment? diagnosis? c. eversion leg sciatica. The straight leg raise test is (+) at 30°, but (-) a. left mamillary a. Iumbosacral strain-sprain d. rotational at 60°. This would be most indicative of? right mamillary b. lumbar lesion a. L4-5 disc c. sciatic neuralgia spinous 214. What ligament is most likely involved? malingering b. sacroiliac problem left transverse a. anterior talofibular c. sciatic neuritis ...C... ...D... posterior talofibular prostatic hypertrophy C. tibiofibular ...B... 234. Which of the following is an avascular necrosis of 243. Which of the following conditions may give a false (+) for rheumatoid arthritis? d. calcanea-fibular the distal femur? à. Reiter's syndrome A solitary pulmonary nodule 1 cm. in diameter a. Kienbock's with a calcium nidus in the center is most likely? 215. After injury to an ankle, what is most likely to b. Kohler's b. osteoarthritis a. bronchial carcinoma Osgood-Schlatter's ankylosing spondylitis eventually happen to the joint? C. a. ankylósis b. cyst osteochondritis dssicans; Koenig's d. SLÉ re-injury of the ankle granuloma ...D... ...D... degenerative joint disease of the ankle hamartoma ...D... A female patient presents complaining of having 244. A patient has rheumatoid arthritis symptoms to urinate 10-15 times a day. She states that it varies but (described). How would you differentiate Rheumatoid Which of the following involuntary movements is A pseudo spondylolisthesis is caused by: arthritis from SLE? seems to be worsening. She recently took a trip where it associated with psychological illness? a. bilateral break in the pars did not occur. She notes that she doesn't need to get up a. ASO titre a. chorea disc degeneration at night. This is most likely: b. anti-nuclear antibody b. tics hypolordosis a. diabetes insipidus c. sedimentation rate c. athetosis decompression laminectomy b. diabetes mellitus d. HLA-B27 dystonia ...B... psychogenic polyuria ...B... ...B... ...Ć... An elderly patient has vertigo with caloric A 17 year old male fell from a motorcycle and has 217. What is the radiographic distortion that occurs stimulation. The recommended course of care would be 236. An increase in the number of platelets is known paralysis of the upper arm with difficulty in abducting the when you increase the object to film distance? to give the patient: arm and has anesthesia? a. thrombocytosis a. bilateral transverse fracture a. umbra a. collar b. cane b. thrombocytopenia b. avulsion of the radial nerve b. penumbra magnification wheelchair c. leukocytosis c. hangman's fracture resolution ...C... leukopenia compression fracture ...C... ...A... ...B... **A.7** 

- 246. A 24 year old female presents with recurrent episodes of right shoulder pain that is getting progressively worse. There is no history of trauma. She works in a meat packing plant and is constantly placing meat on the shelves. There is no edema, no visible masses in the shoulder, she has pain on active abduction of the right arm, but none with passive range of motion. What is the best diagnosis she has chronic tendinitis?
- a. ultrasound (and or ice packs)

...A...

- 247. A condition of ischemic necrosis that usually involves the articular surface of the medial condyle of the
- a. Kienbock's
- b. Freibera's
- Legg-Calve-Perthes
- d. osteochondritis dessicans

...D...

- 248. There is a small radiolucent area with cortical thickening less than 7 cm in diameter surrounded by a large dense sclerotic area of thickening and subtle periosteal reaction.
- a. osteoma
- b. osteochondroma
- c. osteoid osteoma
- d. unicameral bone cvst

- 249. A patient with cirrhosis of the liver is likely to also get diabetes mellitus, bronze skin and;
- a. hemochromatosis
- b. cholelithiasis
- c. cholecystitis

...A...

- 250. Which of the following systems is most commonly affected by an acute whiplash injury?
- a. vestibular system (inner ear CN VIII)
- b. cranial nerve X
- c. cervical sympathetics
- d. cranial nerve XI

...C...

- 251. Pain occurs contralateral to the side of the lesion and increases with mental stress, and is described as burning, and gnawing. This is suggestive of;
- a. thalamic problem
- b. visceral
- c. nerve root
- peripheral nerve

- 252. The most common cause of left ventricular hypertrophy:
- a. mitral stenosis
- b. pulmonary hypertension
- c. systemic hypertension
- d. aortic stenosis

...C...

- 253. A patient with prostatic hypertrophy will present which of the following signs or symptoms?
- a. constipation b. nocturia
- c. polyuria
- d. pyuria
- ...B...

- 254. A 36 year old patient presents with low back pain that radiates into the left buttock, and normal left oblique extension of trunk, increased pain, left Laseque's positive at 40°. Nachlas is positive, deep tendon reflexes are normal, Braggard's is negative, no thecal pressure, x-rays are negative for lumbo-pelvic pathology. What would be your diagnosis?
- facet capsulitis
- b. canal stenosis
- piriformis syndrome
- prolapsed disc

...A...

- 255. After a motor vehicle accident, a patient had weakness and numbness in the lower extremities for a day. Today the patient only has tingling in the upper extremities. What is the most likely injury?
- a. cervical root
- cervical central canal
- thoracic root
- d. lumbar root

...B...

- 256. Which of the following signs would you not want to adjust?
- a. pain down the entire leg
- pain in the nerve root goes from local to distal
- mild discomfort

...B...

- 257. To feel heat as a burn must be at what temperature?
- a. 23° C
- b. 37° C
- c. 42° C
- d. 45° C
- ...D...

Curschmann's spirals, and Charcot-Leyden crystals;

- a. asthma
- b. bronchogenic carcinoma
- bronchitis
- d. bronchial pneumonia

...A...

- 259. Which imaging method would be best to confirm lateral canal stenosis
- a. x-ray
- b. CT scan
- c. bone scan
- d. MRI

...A...

- Patient presents with bronchophony, egophony, and whispered pectoriloquy;
- a. consolidation
- emphysema
- bronchitis
- d. pulmonary edema

...A...

- A 65 year old female presents with ringing of the ears. Symptoms began a few months ago and became progressively worse. The past history includes German measles, mumps, and pneumonia, whiplash injury some years ago with no sequela. Presently she has been under care for acute laryngitis, recent treatment includes ultrasound, analgesic balm, and two aspirin every three hours. The condition has not markedly improved. What is responsible for the patient's presenting symptoms?
- a. aspirin
- b. German measles
- ultrasound
- antibiotic therapy

...A...

- 262. A swollen, shiny appearance on the front lower leg with tightness and tenderness of the muscles along the shin and weakness of dorsiflexion of the foot are associated with?
- a. anterior compartment syndrome
- b. shin splints
- c. tarsal tunnel
- d. meralgia paresthetica

- The method of heating an extremity by applying thermal energy to the other side is known as;
- b. conduction
- c. radiation
- d. reflex

...D...

- 264. In a case of the correction of a lumbar subluxation, which of the following would be the least favorable contact point?
- a. transverse process on the side of spinous rotation
- b. spinous process on the side of spinous rotation
- c. mamillary process on the side of body rotation ...A...
- 265. What type of pain is described as "diffuse and achey" and is exacerbated by stress?
- a. visceral
- b. somatic
- C. nerve root
- vascular
- 266. The cotton wisp test to the eve tests for which nerve?
- a. III
- b. IV
- C. d.
  - VI ...C...
- 267. What is the name of the fracture in which one segment is driven into the adjacent segment?
- a. comminuted
- b. impaction
- c. compound
- d. torus ...B...
- 268. What would be the most important case history question with a child with an idiopathic scoliosis?
- a. past history of infection
- malabsorption syndrome
- father has a history of a transitional segment
- d. mother and aunt had scoliosis
- Ipsilateral facial spasm which occurs upon tapping in the area of the parotid gland is suggests;
- a. impacted molar b. low calcium tetany
- abscess d. Bell's palsy

...D...

- In Chvostek's test you tap the face with your fingers in the area of which cranial nerve?
- b. V
- c. VII
- d. X ...C...

- 271. Which modality is least likely to cause burns?
- a. hvdrocollator
- b. ultrasound
- c. ultraviolet
- d. infra-red
  - ...B...
- 272. Which of the following predisposes a patient to traumatic splenic rupture?
- a. mononucleosis
- b. nephrolisthesis
- c. streptococcal sore throat
- d. appendicitis

...A...

- 273. A 59 year old male with a history of diabe-tes. and generalized osteoarthritis presents with low back pain of one month duration. He has been diagnosed as having a psoas syndrome and he is being treated with antibiotics for a middle ear infection. Which of the following would be the most appropriate treatment for this psoas problem?
- a. condenser S.W. diathermy
- b. ultraviolet
- c. infra-red
- d. high volt galvanic

...D...

- 274. Which of the following will occur with a Schilling shift to the left;
- a. increased neutrophils, decreased lymphocytes
- b. increased lymphocytes, decreased neutrophils
- increased segs, decreased bands
- increased bands, decreased seas ...D...
- 275. A 26 year old female presents with a history of thoracic outlet syndrome. The symptoms are elicited with range of motion of the shoulder especially with abduction and hyperextension. Radiographs reveal absent cervical ribs and elongation of the transverse process of C7. Where is the likely area of occlusion?
- a. anterior scalenes
- b. pectoralis minor C.

d.

- costoclavicular scapulo-costal
- 276. The patient stands with his body rotated 45° to the Bucky, with the anterior aspect of his right shoulder closest to the film. What structures will best be
- visualized?
- a. right IVF, right pars
- b. right IVF, left pars
- c. left IVF, right pars d. left IVF, left pars
- 277. An obese male presents with long standing pain in the stomach which gets worse if he eats after 5 P.M.. He states that he has discomfort a few seconds after swallowing. He has taken aspirin for a long time. Examination reveals an elevated blood pressure, increased respiration and heart rate. Laboratory findings reveal a microcytic, hypo-chromic anemia, Which is diagnostically relevant of upper GI problems?

b. pain is worse in the left lateral decubitus position

- 278. Which test would be diagnostic?
- a. barium swallow

...C...

a. fresh blood in the stool

c. occult blood in the stool.

304. A 40 year old male presents with constant pain in 279. The dysphagia may be suggestive of? 289. Gross inspection of the eye during physical 297. A male patient presents with retrosternal pain which is radiating to the law. Which of the following the right foot upon weight bearing. The pain is increased a. cardiomegaly examination will most likely reveal: papilledema enzymes will be elevated first in the serum of this with dorsiflexion of the foot. Tender-ness and slight b. hiatal hernia c. sideropenic dysphagia b. myopia patient? swelling along the medial aspect of the calcaneus. What ...C... c. retinitis a. CPK is the most likely cause? a. plantar fascitis b. AST d. cataracts 280. Which of the following conditions will have normal c. LDH ...D... b. plantar neuroma lab findings? d. SGPT anterior compartment syndrome C. a. iuvenile osteochondrosis The increase in internal organ output ...A... d. stress fracture b. rheumatic arthritis immediately following a chiropractic adjustment would be ...A... c. ankylosing spondylitis What would be the most important management a. increase in blood flow Which has the best prognosis and will respond d. systemic lupus erythematosus instructions for a 17 year old male with ankylosing b. somato-visceral response most favorably to abdominal breathing exercises? c. viscero-somato response a. asthma a. spinal bracing 281. Calcium and may lead to kidney and b. nutrition therapy including increase ca++ and protein b. tuberculosis bladder stones? deep breathing exercises pulmonary embolism 291. A 72 year old male presents with a six month a. oxalic acid referral to a medical doctor emphysema b. fat history of difficulty sleeping due to pain in the area of the ...C... ...D... ribs. Radiographs are negative for pathology and c. protein examination findings are negative. He has a history of 299. Which of the following would be an absolute Diabetic patients are most likely to develop d. phytic acid prostatic cancer 5 years ago. which has been contraindication for SW diathermy? neuropathy in which of the following nerves? ...A... successfully treated. What is the next course of action? a. hiatal hernia a. median 282. Which of the following muscle groups is the major a. MRI b. prostatitis b. radial abductor of the hip? b. radionuclide scan c. cardiac pacemaker c. femoral a. gluteus maximus c. nerve tracing d. breast implant d. sciatic gluteus medius CAT scan ...C... ...C... gluteus minimus ...B... tensor fascia lata A 30 year old computer operator has tingling and 307. A 19 year old female presents with a two week 292. Pale or clay colored stools would be an indication achiness in the hands and forearms after prolonged history of light-headedness, and the sensa-tion of pins 283. The Risser jacket is used in the treatment of: driving or holding her hands above her head. and needles in both hands, both feet, and around the mouth. What is the most likely cause? Examination reproduces symptoms in abduction and a. hip dislocation upper GI tract bleeding lower GI tract bleeding external rotation of the arm. X-rays reveals a normal C7 a. otitis media b. scoliosis transverse process. Where is the likely area on b. Meniere's pelvic fracture lack of bile pigments thoracic compression fracture constipation neurovascular compression? c. hyperventilation a. first rib and clavicle ...C... d. labyrinthitis b. anterior and medial scalene ...C... 284. At what spinal level can the hyoid bone be 293. A 14 year old female presents with sudden onset pectoralis minor of epigastric pain which started in the right lower transverse process of C7 308. Which of the following structures is common to all palpated? quadrant. She also complains of anorexia, nausea and a. C1 areas of the spine? b. C3 vomiting. Examination reveals hypersensitivity of the skin a. costovertebral facets C. C5 and muscle rigidity in the abdominal region. Rectal exam Which of the following offers the best prognosis b. transverse foramen for a patient under chiropractic care? d. C7 reveals swelling and pain on the right, but no blood is c. bifid spinous process ...B.. seen on the finger. The WBC count is 17,000, and the a. isthmic spondylolisthesis d. vertebral arch pain is not relieved by passing gas. The probable b. S-I dysfunction ...D... 285. Which of the following vitamin intoxication diagnosis would be; lateral canal stenosis syndromes may result in an increased WBC count and a. Crohn's lumbar disc syndrome The condition of "snapping hip" is associated with an increased ESR? b. appendicitis which muscle? ...B... a. Vitamin A diverticulitis a. quadriceps Vitamin B colitis 301. The lesion of herpes simplex is considered to be; b. tensor fascia lata Vitamin C ...B... a. pustule C. c. sartorius Vitamin D b. vesicle d. gluteus medius 294. A doctor should begin to suspect an arterial ...D... papule ...B... obstruction or insufficiency when the difference between d. macule 286. Which lab value would be increased in acute the right brachial systolic pressure and the left brachial ...B... 310. A person not accustomed to exercise goes out pancreatitis? systolic pressure exceeds mm Hg. and over-exercises. The muscles will be painful in the a. 0-5 302. Egophony, whispered pectoriloquy, and a. CPK hours post exercise and remiss \_\_\_\_ days from b. serum amvlase b. 10-15 bronchophony will be heard in which of the following post exercise. c. LDH a. 1-6; 15-28 20-25 conditions? d. bilirubin d. 30-35 a. pulmonary edema b. 6-12: 7-14 b. emphysema ...B... ...B... c. 12-24; 5-7 d. 24-72; 3-5 lobar pneumonia 287. While standing in the upright position, if you During palpation of the cervical spine, the carotid emphysema ...D... laterally bend to the left, you would be in \_\_\_\_\_ plane, tubercles can be located at the \_\_\_\_ aspect of the \_\_\_\_ ...C... 311. Which of the following tests would be performed and what axis? transverse process. a. anterior; C-4 303. What orthopedic test should be performed in the a. frontal, horizontal to differentiate an anatomical deficiency between the horizontal, horizontal posterior; C-5 diagnosis of sub-acute facet imbrication? tibia and the femur? c. horizontal, vertical c. anterior; C-6 a. Kemp's a. Hibb's sagittal, vertical posterior; C-7 b. Ober's b. Allis' Hibb's c. McMurray's ...C... Braggard's Apley's A sudden paroxysmal spasm of an artery or an What exercises should be used on a patient with ...A... ...B... arteriole of an extremity usually causes pain, pallor, vascular claudication of the lower extremities? coldness, numbness and \_ Codman's exercises Buerger-Allen's exercises a. swelling isokinetic exercises b. mottling Délorme exercises c. spasm d. paralysis ...B... ...D...

312. What is the spike labeled 1 in the diagram below;



- a. S-T segment
- P wave
- T wave C. Q wave
- inverted R wave
- 313. In performing a physical examination, which of the following vascular structures can give you information regarding the function of the right side of the heart?
- a. internal hemorrhoidal veins
- b. internal jugular veins
- c. radial artery
- femoral artery
- ...B...
- 314. Auscultation at the periphery of the lung fields sounds.
- a. bronchovesicular
- b. egophony
- c. vesicular
- d. resonant ...C...
- 315. Which of the following questions in the case history would would be relevant in a patient with a psycho-social condition?
- a. Do you like to sail?
- What do you do for fun?
- What do you think of people who have hobbies?
- What are your hobbies?
- ...C...
- 316. Which of the following conditions is characterized by a pain which reaches its peak intensity at its onset?
- a. dissecting aneurysm
- b. peptic ulcer
- c. muscle spasm
- d. myocardial infarction ...A...
- 317. Which of the following conditions may predispose the patient to splenic rupture?
- a. tonsillitis
- b. appendicitis
- C. mononucleosis
- nephrolithiasis
- 318. The most common complaint of temporomandibular joint dysfunction is;
- a. excessive salivation
- b. recurrent headaches
- extremity pain
- d. difficulty swallowing
- 319. Hodgkin's disease, brucellosis, lung abscess and bacterial endocarditis have which of the following symptoms in common?
- a. skin rash
- nocturnal sweating
- jaundice
- hypoglycemia
  - ...B...

- 320. Which of the following would be the main consideration when taking radiographs?
- a. amount of exposure per film
- b. amount of exposure per series
- c. patient age
- d. clinical importance to the patient
  - ...D...
- 321. During examination of a male patient, Soto-Hall was performed. He experienced a transient "electric" shock down his back and into his upper and lower extremities. This response is likely due to:
- a. vertebral fracture
- b. vertebral artery occlusion
- c. multiple sclerosis
- d. scalenus anticus syndrome
- 322. A patient with strain of the lumbar musculature will be aggravated by which position or motion?
- a. sitting still
- b. standing still
- lying on their side
- d. active trunk motion
- 323. Upon exam, a male patient exhibits perior-bital edema and a puffy face. He also has dry skin, hair loss and thinning of the lateral aspect of the eyebrows. Which system should be evaluated next?
- a. cardiovascular
- b. endocrine
- c. nervous
- d. respiratory
  - ...B...
- A 26 year old female swimmer presents with low back pain. X-rays reveal a stable Grade 2 spondylolisthesis. What would be the recommended
- course of action? a. chiropractic adjustments
- abdominal muscle strengthening
- refer to an orthopedist for evaluation and possible fusion
- d. brace and limit activity
  - ...A...
- 325. A 46 year old female presents with a history of rheumatoid arthritis. What is your next course of action in the exam of this patient?
- a. serum chemistry and urinalysis
- b. Soto-Hall and Kernig's tests
- c. specific upper cervical adjustment
- neutral lateral and A-P cervical
- ...D...
- What is the innervation of the posterior longitudinal ligament and the ligamentum flavum?
- long thoracic
- b. sinu-vertebral nerve
- thoraco-dorsal nerve
- Wrisberg's nerve
  - ...B...
- 327. Which of the following atlanto-axial ligaments is the strongest.
- a. alar
- b. transverse
- c. apical capsular
  - ...Ė...
- 328. Which of the following conditions may be a cause of a localized edema?
- a. myxedema
- b. cellulitis
- serum?
- histamine
  - ...D...

- 329. The nerve root of the thoracic level that innervates the areola?
- a. T-2
- b. T-4
- c. T-6 d. T-7
- ...B...
- 330. Which of the following cells are the most radiosensitive?
- a. chondrocytes
- b. lymphocytes
- c. neurons
- d. osteocytes
  - ...B...
- 331. A 30 year old female presents with a history of urinary incontinence, intermittent blurring of the right eye. She has had these symptoms three times in the last several months. Physical exam reveals a reeling gait. positive Romberg's. loss of proprioception in the left lower extremity including the knee and an increase in the lower extremities deep tendon reflexes.
- a. myasthenia gravis
- tabes dorsalis
- c. multiple sclerosis
- d. amyotrophic lateral sclerosis
- 332. Which of the following conditions is inversion therapy a contraindication?
- a. renal calculi
- b. cervical spondylosis
- c. uncontrolled hypertension
  - ...C...
- 333. In multiple sclerosis, which of the following is the most common tremor?
- a. resting
- b. intention
- postural
- asterixis ...B...
- 334. On a radiograph, thickness of a body part is
- known as:
- a. subject density
- b. subject contrast radiographic density
- d. radiographic contrast
  - ...A...
- A forty-five year old female obese with flatulence complains of pain in the right chest area and right shoulder.
- a. stomach cancer
- b. pancreatitis
- cholecystitis pyelonephritis ...C...
- 336. A male patient presents with a history of chronic low back pain. He has loss of pain and temperature sensation in both legs. He also demonstrates swollen ankles and no vibration or position dense in the lower extremities. Positive Romberg's sign. He has painless bruises which do not hurt but are slow to heal. He has small irreg-ular pupils and no direct or consensual reflexes. and foot drop. What is the most likely diagnosis?
- a. encephalitis
- b. multiple sclerosis
- tabes dorsalis
- ...C...

- 337. What is the laboratory study that should be performed?
- a. ESR
- b. VDRL
- c. cephalin flocculation
  - ...B...
- 338. What is the name of the pupil response?
- a. arcus senilis
- b. meiosis Kayser-Fleischer ring
- Argyll-Robertson pupil d.
- What area of the neurological system is likely to be the involved component?
- a. thalamus
- b. hypothalamus
- c. dorsal column
- corpus callosum d.
  - ...C...
- 340. What is the most common primary malignancy of bone?
- a. osteoblastic metastatic carcinoma
- b. multiple myeloma c. osteosarcoma
- Ewing's sarcoma
  - ...B...
- 341. What would be your treatment of choice for a patient with lateral epicondvlitis?
- a. ultrasound
- b. pulsed ultrasound and transverse friction massage
- infrared
- d. effleurage ...B...
- 342. A patient presents with pain in the distal foot upon dorsiflexion and when standing on their toes. There is callous formation at the ball of the foot. Which of the
- following is the most likely dislocation a. proximal metatarsal
- b. inferior proximal
- superior proximal metatarsal
- lateral cuboid e. inferior distal metatarsal ...E...

d.

- 343. A person presenting with a steppage gait may
- have weakness of which muscle.
- a. gastrocnemius
- b. rectus femoris
- c. posterior tibialis anterior tibialis
- 344. Which segmental level may refer pain to the area
- of the TMJ?
- a. occiput-C1 b. occiput-C2
- c. C3-C5
- d. C6-C7 e. T1-T2
- 345. Which spinal level may be involved in a patient with pain on the area of the spine an radiating to the
- flank?
- a. lower cervical b. lower thoracic
- c. upper lumbars
- d. lower lumbars ...B...

- 346. A patient with retrotracheopharyngitis will develop which type of cough?
- b. barking, harsh and painful
- c. deep, thick and purulent discharge

...B...

- 347. A 28 year old female presents with severe pelvic pain, anorexia, nausea, vomiting, fever and bleeding. Which of the following is likely to be related to the patient's condition?
- a. previous abortion two weeks ago
- b. multiple sex partners for the past several years
- c. muscle imbalance with tonicity
- d. sacral pressure followed by boring pain

...A...

- 348. The sequence of degenerative joint disease in the spine is:
- a. stability, instability, dysfunction
- b. instability, dysfunction, stability
- stability, instability, dysfunction
- d. dysfunction, instability, stability

- 349. Which of the following guestions in the case history would be likely to obtain an accurate, unbiased patient response?
- a. What kind of stools do you have?
- b. What do your stools look like?
- What color are your stools?
- d. Do you look at your stools?

...D....

- 350. Which of the following findings would be consistent in a patient presenting with pulmonary emphysema?
- a. increase fremitus
- b. hyper-resonant
- C. moist rales
- d. rhonchi ...B...
- 351. A 60 year old plumber presents with a sore on his lower lip which has been present for the past six months. The lesion is elevated and pink, with atrophic changes of the surround-ing skin. The lesion occasionally bleeds?
- a. adenocarcinoma
- apthous ulcer
- C. herpes simplex squamous cell carcinoma

...Ď...

- 352. Which of the following will cause the greatest increase in the leukocyte count?
- a. aseptic meningitis
- b. viral meningitis
- Eastern equine encephalitis
- d. pyogenic meningitis

...D...

- 353. The innervation to the skin and the deep muscles of the back is:
- a. anterior primary rami
- b. posterior primary rami
- sinu-vertebral nerve
- d. anterior horn

...B...

- 354. Which of the following conditions may cause an alteration of the blood cell count?
- a. fibrositis
- tenosynovitis
- polymyositis
- myositis
  - ...C...

- 355. A 49 year old male presents with pain in the chest, cough and dyspnea. Examination of the patient reveals a high pulse pressure, blood pressure is 179/105, and a heart rate of 90 beats per minute. The patient also demonstrates an increased diaphragmatic excursion, and auscultation reveals an apical rumbling diastolic opening snap;
- a. pre-cordial effusion
- b. pulmonary edema
- decreased blood volume
- mitral stenosis

...D...

- 356. When in the standing position, anterior and posterior swaying is prevent by which groups of muscles?
- a. quadriceps and hamstrings
- b. soleus and tibialis anterior
- c. rectus abdominus and erector spinae

...B...

- 357. An 80 year old female has a 56° scoliosis. Which of the following is the most important or relevant point in the management of her case?
- a. Chiropractic care to minimize the progression

- Which of the following muscles is likely to be weakened in a patient who presents with a sunken chest and rounded shoulders?
- a. deltoid
- biceps
- pectoralis minor
- serratus anterior

- 359. Pressure on the patient's eyeball may cause which of the following?
- a. increased cardiac output
- b. increased heart rate
- decreased paroxysms of atrial tachycardia
- decreased ventricular fibrillation

...C...

- What would be the recommended course of treatment for a patient with a traction injury of the brachial plexus?
- a. hydrocollator
- arm sling
- cervical traction
- Codman's exercises

...B...

- 361. Which of the following may remain for years in a child of 2-3 years of age with extensive "toeing-in"?
- a. pes cavús
- femoral anteversion
- talipes equino-varus
- genu varum

...B...

- Which of the following is the most commonly injured ligament of the knee?
- a. posterior cruciate ligament
- lateral collateral
- medial collateral
- lateral meniscus

...C...

- 363. What is the most common injury to the rotator cuff muscles?
- a. muscular injury
- b. ligamentous injury
- rotator cuff tear
- supraspinatus calcification

...D...

- 364. Motion that occurs along two axes is known as: a. creep
- b. circumduction
- c. coupling

...C...

- 365. Most modern pregnancy tests, utilize the detection of which?
- a. urinary casts
- b. estrin
- c. human chorionic gonadotropin ...C...
- 366. A female patient presents with several episodes of headaches over recent months. The head-aches localize to the right temporal and TMJ area. She occasionally has pain in the shoulder, hip, and knee. Which laboratory study would be most relevant in her case?
- a. RA latex
- b. ANA
- c. ESR
  - ...C...
- 367. A female presents with bulging eyes, dysphagia, nervous tremors, visual problems (blurred vision) and weight loss. Which area of the case history would be most significant?
- a. dietary habits
- b. review of systems
- C. family history
- d. social history

...B...

- 368. A 20 year old female presents with pain which is localized and deep to the buttocks which does not radiate. Lasègue's and Brag-gard's are negative and there are no additional neurological findings. She states that she was carrying her 18 month old child across the street when she turned and twisted her leg. What is your initial diagnosis?
- a. I.V.D. syndrome
- b. facet syndrome
- c. piriformis syndrome

...B...

- 369. A 28 year old female has a history of low grade fever and a reddish discoloration over the cheeks. She has joint pain, and the affected joints are red and swollen. Which blood study would be most applicable in
- her case?
- a. RA latex b. ASO titre
- c. ANA ...C...
- 370. Which of the following conditions may be initially confused with a thoraco-lumbar strain?
- a. renal calculi
- b. peptic ulcer
- c. cholecystitis
- 371. A 22 year old recently married female presents complaining of urinary urgency and frequency. She notes that she has burning sensation on urination. Examination reveals tenderness in the suprapubic area and urinalysis reveals a mild hematuria and pyuria. What is the likely diagnosis?
- a. pregnancy
- b. acute cystitis
  - appendicitis ...B...

- 372. A patient presents with a history of thyroid problems and a mass in the neck. Which of the following would be consistent with a thyroid problem?
- a. at the level of the hyoid and moves with swallowing
  - slightly below the thyroid at the level of C6 1 cm lateral to the midline and 1 cm lateral to the thyroid
- lateral to the SCM
- draining, purulent lesion

...B...

A 20 year old female presents with a recent history of bleeding gums. She has purpural lesions of the skin and an oozing, purulent lesion in the ante-cubital fossa after a recent venipuncture Radiographs are negative for pathology. Lab; RBC-4.2 million/mm<sup>3</sup>, WBC-7.000/mm<sup>3</sup>, thrombocytes- 4000/mm<sup>3</sup>. Her family history is negative for similar findings. Which of the following is

- a. drug exposure
- b. chemical exposure

- 374. Which of the following is likely to be the cause of her condition?
- a. idiopathic thrombocytopenia

likely to be related to her condition?

- b. leukemia
- c. pernicious anemia

...A...

- 375. What would be the recommended management of the patient?
- a. bed rest
- continue treatment and determine the cause of the bleeding
- c. adjust and re-evaluate two weeks later
- d. refer to an internist
- 376. An 84 year old woman presents with dizziness, ringing in the ears, and disorientation when she rotates her head to the right. Which would be the most likely
- a. cerebro-vascular accident
- subclavian steal syndrome
- Meniere's syndrome
- d. vertebral-basilar insufficiency ...D...
- 377. A patient has a (+) George's test. Which movement during the adjustment would not be employed
- in this patient;
- a. extension rotation
- b. flexion; rotation C. lateral flexion
  - hyperflexion
- ...A... 378. In lateral canal stenosis of the lumbar spine, which type of movement would alleviate the symptoms
- the most. a. flexion; lateral flexion towards the side of pain
- flexion; rotation away from the side of pain
- extension; lateral flexion away from the side of pain
- extension; rotation away from the side of pain ...B...
- 379. A patient presents with a propulsive gait is likely to have;
- a. multiple sclerosis
- b. cerebellar disorder
- Parkinson's disease
- d. muscular dystrophy ...C...

380. Which of the following procedures would be used on a patient with acute muscle injury; a. diathermy b. hvdrocollator packs ice packs d. traction

381. A patient presents with temporal arteritis. Which of the following would be the most relevant lab tests;

b. ESR

c. cyto-globulin d. LDH

...B...

To view the sacral base on the A-P shot what would the tube angulation be:

15° caudal 15° cephalad b. 20° cephalad C. 30° cephalad ...B...

384. The area indicated in Figure A is most often involved with:



a. carpal fracture

b. ulnar nerve involvement

carpal dislocation

d. Dupuytren's contracture

385. When testing the muscle group shown in Figure B, what cord level is involved?



a. L1-3

b. L4

C. L5

d. S1

386. Identify the test demonstrated in Figure C;



Berry's

belt test b.

Neri's bowing

d. Adam's ...D...

Identify the condition demonstrated in Figure D:



Dupuytren's contracture

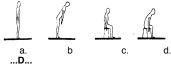
swan neck deformity

claw hand

Volkmann's contracture

...A...

388. Identify the position in Figure E the increases intradiscal pressure the most:



Identify the test shown in Figure F;



a. Finkelstein's

Phalen's

Bunnell-Littler

...B...

390. The nerve being tested in Figure G;



a. median

b. axillary

c. ulnar

musculocutaneous

What test is being demonstrated in DIAGRAM A?



a. Dugas'

apprehension test

Yergason's

Apley's

...B...

Which condition is the doctor testing for in the above procedure (NO DIAGRAM)?

a. stenosing bicipital tenosynovitis

chronic shoulder dislocation

calcific sub-deltoid bursitis

frozen shoulder syndrome

393. At which area of DIAGRAM B, will tophi be found in the ear?



a. 1 b. 2

3

d. 4

e. 5 ...B...

The fracture depicted in **DIAGRAM C** is known 394. as:



a. Colles fracture

hangman's fracture

clay-shoveller's C.

d. Jone's fracture

Jefferson's fracture e. ...E...

Which dermatome is being tested in **DIAGRAM** 



C5

b. C6

C. C7

d. C8

e. T1 ...A..

Which best describes the situation depicted in **DIAGRAM E?** 



a. spondylosis

spondylolysis

spondylolisthesis

e. retrolisthesis

**DIAGRAM F** indicates which of the following:



a. decreased disc

b. extension subluxation

IVF encroachment C.

d. flexion subluxation

...C...

398. The condition depicted in DIAGRAM G below suggests involvement of which nerve;



a. dorsal scapular

long thoracic

suprascapular

axillary ...B...

399. The line in **DIAGRAM I** depicts;



a. hypolordosis

b. hyperlordosis

c. retrolisthesis d. anterolisthesis

400. The bow-line of Brailsford sign is indicative of?

a. spondylosis

b. spondylolysis

c. spondylolisthesis

d. retrolisthesis

...C...

401. Which areas of the spine should be adjusted in a case of a spastic diaphragm?

a. C1

b. C2

c. C3-5 d. C7-T1

...C...

402. Which lumbar vertebra has the smallest spinous process?

a. L1 b.

L2 c. L3

d L4

e. L5

403. Which view best demonstrates the cervical pedicles?

a. neutral lateral

b. AP open mouth

c. AP lower cervical

d. cervical obliques e.

pillar view ...D...

404. Contraction of the abdominal muscles upon stroking the umbilicus is?

a. deep tendon reflex

b. superficial reflex

c. visceral-organic reflex d. pathological reflex

What pulse is most easily palpated in certain cardiac conditions?

a. carotids

b. radial

c. brachial

d ulnar ...A...

406. Weakness of which muscles would cause an increase in the angle D in FIGURE A:



a. abdominals

b. gastrocnemius

sacrospinalis tensor fascia lata

...A...

407. What condition does this diagram represent?



- a. Argyll-Robertson pupil
- Horner's syndrome
- c. unilateral óculomotor paralysis
- optic nerve paralysis ...C...

408. This line is:



- Ullmann's
- b. Shenton's
- C. Skinner's
- d. Kohler's ...B...

Which letter in Figure F corresponds to the Aortic area?



Which muscle is the doctor in Figure G palpating?



- a. serratus anterior
- latissimus dorsi
- C. long head of the triceps
- pectoralis minor

...B...

The doctor in Figure H is testing for:



- a. rotator cuff injury
- bicipital tendinitis
- C. lateral epicondylitis
- sub-acromial bursitis

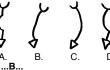
...B...

412. Figure K is a normal representation of a hand. compared with this, what has happened to the hand in Figure L?



- a. nerve compression atrophy
- vascular atrophy
- nerve compression hypertrophy
- d. vascular hypertrophy
  - ...A...

413. What type of scoliosis would you expect to see with an uncompensated structural short leg?



Identify the area of the sensory deficit:



- commissure fibers
- frontal
- cord
- d. medullary
- sensory cortex
- spinothalamic

...F...

415. Arm adduction was weak, sensation to the lateral arm was decreased



- a. ulnar
- radial
- axillary
- musculocutaneous

...C...

416. A 60 year old lady, no history of trauma, decreased disc height, arthritic changes:

- psoriatic
- discogenic spondylosis
- ankylosing spondyltils
- d. arthritis

...B...

- 417. The patient is a 54 year old woman smoker who quit drinking recently. Over the past 15 years she has had depression attacks. Her liver is enlarged, smooth, hard and tender. She has an elevated bilirubin level. The pictured had an arrow to her liver, scratch marks on arm, red marks on her leg deep vein (suggesting thrombophlebitis)
- a. hepatic cirrhosis
- b. hepatic obstruction

418. bilirubin, urobilinogen indicates hepatic duct blockage

419. She also had itchy skin, pale floating stool, slow gradual weight loss:

- a. diverticulitis
- ervthema nodosum
- pancreatic cancer C.

- 420. What would be the recommended managemen in a normal patient with uncomplicated hypertension?
- a. dietary and adjust C1-2
- dietary and normal adjustments
- dietary and George's test before adjusting ...C...

- 421. A person comes in with cervico-dorsal trigger points. Which type of modality would be least effective in eliminating these?
- a. ultrasound
- b. vibration massage
- C. cervical traction
- d. electrotherapy

...C...

422. For a patient with acute torticollis you would use:

- a. longitudinal gentle oscillatory movement
- b. continuous ultrasound

423. A patient presents with a swelling in the scrotum not attached to the testicles. To differentiate between a cystic swelling and a solid mass:

- a. palpate for tenderness
- b. turn head and cough
- c. translumination of the scrotum

...C...

424. A patient came in with hypochromic microcytic anemia. Serum iron level was low, and fecal Guaiac was positive:

- a. pernicious anemia
- iron deficiency anemia
- hemolytic anemia
- lead poisoning

...B...

425. If the opposite knee comes up off the table upon performing the test shown in Diagram A, this would be suggestive of excessively tight;



- a. leg flexors
- hip flexors
- hip extensors
- neck flexors

...B...

426. The mechanism of the injury demonstrated in Diagram B is probably due to;



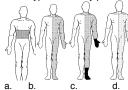
- a. blow to the chin
- flexion/extension injury
- landing on the head from a fall
- d. rotary adjustment of C1

427. A patient presents with low back pain, all lab and orthopedic tests are negative. Based upon the x-rays in Diagram C, what is your diagnosis?

- a. metastatic carcinoma
- b. aneurysm
- facet tropism
- d. spondylolisthesis

...B.

428. A lesion of the spinothalamic tract would display which type of sensory pattern?



429. What would be the diagnosis based upon Diagram E? (No history or exam findings were given).



- a. fibroadenoma
- b. carcinoma of the breast
- mastitis
- d. fibrocvstic disease

...B...

The patient is supine with their hands under their head, knees flexed as though about to do a sit-up. What



- Minor's sign
- Beevor's sign b.
- C. Adam's
- d. Tinel's ...B...

431. Shenton's line is used for;

- a. femoral neck fracture
- b. osteochondritis

c. congenital dislocation ...C...

432. A patient has pain on shoulder abduction. What muscle is involved?

- a. supraspinatus
- b. infraspinatus
- c. teres minor
- d. teres major ...A...

433. A patient has pain in the knee associated with

- exercise?
- a. osteochondritis dessicans
- b. Osqood-Schlatter's
- c. Legg-Calve-Perthes d. chondromalacia patellae

...D...

434. A patient presents with pain under the axilla to the left lateral chest wall. The patient has their arm over their head which decreases the pain. What cord level would be suspected?



- C6 a.
- b. T2
- T4 C.

d.

...B..

435. Which area would you percuss in a case of kidney involvement?



b. C. 3

436. What points in Diagram M would be tender in a patient with lumbosacral sprain?

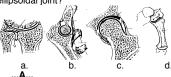


b. C. d. ...D..

437. A 60 year old male has a history of metastatic carcinoma. Which segment of the spine has it metastasized to?

b. C3 c. C4 d. ...B..

438. Which of the following would be classified as an ellipsoidal joint?



439. A 23 year old female presents with back pain. She states that about ten days ago she had been horseback riding when she fell. Pain is increased with right lateral bending. The pain radiates to the area indicated in Diagram A. From which of the following areas is the pain NOT likely to be referred from?



a. thoracic spine

ovaries

sigmoid colon

d. kidneys ...C...

440. In the above patient which diagnostic test should you perform first?

a. ultrasound

b. x-rays

GI series C.

CBC and UA ...B...

441. If this patient bends to the side of pain and the pain becomes worse, what level of the spine is likely to be involved?

a. T5-6 b. T10-11 c. L2-4

**e**. L5-S1 ...B...

442. Patient with colicky pain radiating to the right shoulder;

a. cholecystitis

443. How would you differentiate a superficial from a deep abdominal mass?

a. patient contracts abdominal muscles

444. How do you palpate the prostate: a. anterior wall of the rectum

445. A depressed ST segment and an inverted T wave is seen in:

a. angina

b. early MI

c. old (healed) MI ...C...

446. Golfer's elbow is an inflammation of the flexor tendon at the wrist named:

a. tendon of the lateral epicondyle

b. tendon of the medial epicondyle

...B...

447. A young male who appears normal has a 15 year history of episodes of irresistible and uncontrollable bouts of sleep:

a. narcolepsy

448. A palpable click is elicited on Ortolani's sign. The probable indication is:

a. reduction of the hip dislocation

449. Bakody's sign. What does it indicate? a. nerve root compression

The first type of exercise that would be due for a musculoskeletal or joint injury:

a. active

passive b.

active assisted

active resistive

...B...

451. Which of these tests will differentiate sciatica due to a contained disc?

a. well leg raiser

A male with edema of the lower limb, and laceration around the medial malleolus with secondary infection:

stasis dermatitis

You have been treating a patient with idiopathic back pain for a couple of weeks and they have no relief: send out for a CBC

EKG was normal a. angina

455. Relieved by rest a. angina

456. Profuse sweating:

cock-up splint for CTS

myocardial infarction

458. Jumpers knee 459. What muscle do you need to strengthen in chondromalacia patella?

a. biceps femoris

b. rectus femoris

c. vastus medialis

d. vastus lateralis

...C...

460. A 45 year old man presents with fever, red nodules on his hands and feet, and examination reveals mitral stenosis. What lab test should be run?

a. VDRL b. E.L.I.S.A.

c. RA

d. ASO titre

...D...

461. What supplement should you give a 35 year old female who presents complaining of cramps and back pain and is taking 1000mg Ca++ a day?

a. magnesium

b. zinc

Vitamin C C.

phosphorus

...D...

462. What problems will arise with a lesion of the anterior root?

a. flaccid paralysis

b. spastic paralysis

hyperreflexia

loss of sensation

463. Which of the following is the best treatment for a 21 year old female patient presenting with nonmalignant dermatological problems?

a. zinc and Vitamin A

b. calcium and Vitamin B3

C. iron and Vitamin C

potassium and Vitamin E

464. What drug intoxication may produce labyrinthitis?

a. erythromycin

b. tetracycline

c. penicillin

d. streptomycin

465. What is the proper ratio of HDL to total serum cholesterol?

a. 1:4

b. 1:5

c. 1:6

d. 1:7 ...A...

466. Which of the following conditions is characterized by normal CSF findings?

a. aseptic meningitis

b. viral encephalitis

c. toxoplasmosis

d. epilepsy

467. Which psychological condition is associated with anorexia, nausea, insom-nia, menstrual irregularities and fatique?

a. depression

b. compulsion

hypochondria

hysteria

...A...

468. The paraphysiological space of joint motion occurs motion and between

a. end of active; end of passive range of motion

b. beginning of active; end of passive range of motion

beginning of passive; end of active range of motion

d. end of passive; limit of anatomical integrity

469. What is the most common complication as a result of too rapid an increase of activity during rehabilitation of a knee injury?

a. popliteal cyst

b. patellar tendinitis

c. Osgood-Schlatter's

d. quadriceps rupture ...A...

470. Which end feel on passive range of motion palpation would show a very poor prognosis for increasing range of motion with physical therapy?

a. capsular

b. bone on bone

spongy fixed C. d

spasm ...B...

471. A 10,000 Hz current and a 10,100 Hz current are positioned so that they intersect within the tissues. This represents:

a. sine wave

b. diathermy

interferential C.

d. continuous ultrasound

472. White curdy patches involving the oral mucosa

are characteristic of?

a. apthous stomatitis b. torus palatinus

C. moniliasis

angioneurotic edema

473. Which spinal nerve innervates the primary retractors of the scapula?

a. C1 b. C5

T1 C.

T7 ...B...

474. Which neurological test may be used to test the integrity of the cerebellum?

a. grasp reflex

b. Barany's pointing

pointing finger to nose

Babinski's reflex

475. Which of these motions are coupled in ALL spinal

segments?

a. flexion/extension

b. flexion/rotation rotation/extension

lateral flexion/rotation

d.

476. Facet hypertrophy or marginal degenerative changes of the articular processes may cause which of

the following lumbar syndromes?

a. canal stenosis

b. spondylolisthesis

cauda equina syndrome

lateral recess stenosis ...D...

477. Adhesive capsulitis is best described as pain that	485. Total serum protein is elevated in which of the	493. A 23 year old female presents with abdominal	501. Acute epigastric pain which is relieved when the
is;	following conditions?	pain and alternating diarrhea and constipation. Her	patient sits up and leans forward or with flexion of the
a. made worse with rest, increased range of motion	a. peptic ulcer	stools are small with gaseous distension and flatulence.	knees to the chest suggests;
b. made worse with rest, decreased range of motion c. ceases with rest, worse with motion, and decreased	b. multiple myeloma     c. Hodgkin's disease	What is the most likely diagnosis? a. ulcerative colitis	a. biliary obstruction     appendicitis
range of motion	d. myelogenic leukemia	b. colon cancer	c. pancreatitis
d. same during motion or rest with limited motion	B	c. irritable bowel syndrome	d. peritonitis
C		d. regional enteritis	C
470 14811	486. Which of the following is the correct sequence of	C	Will (II (II (II )
478. Which test would be most diagnostic for acute	the muscular contraction in order to perform a throwing	404 A 00 year ald famala presents with painful joints	502. Which of the following structures assists tendons
appendicitis? a. WBC	action from acceleration to follow through?  a. biceps, triceps, pectoralis majors, serratus magnus	494. A 28 year old female presents with painful joints, low grade fever, fatigue, anorexia and a red discoloration	in restricting motion and providing joint stability?  a. ligaments
b. RBC	b. triceps, biceps, serratus anterior, pectoralis major	over her cheek bones. Her joints are not red or hot. What	b. cartilage
c. urinalysis	<ul> <li>pectoralis major, serratus anterior, biceps, triceps</li> </ul>	would be the most appropriate lab test to do?	c. joint capsule
d. serum amylase	d. serratus magnus, pectoralis major, triceps, biceps	a. uric acid levels	d. synovial membrane
A	C	b. rheumatoid factor c. ASO titre	A
479. A 43 year old female presents with unexplained	487. Which of the following lab studies will differentiate	d. ANA	503. Which of the following is associated with the
inflammatory arthritis and acute pain in the left shoulder.	Shigella from Salmonella gastroenteritis?	D	pyramidal tracts?
What is the preferred management of this patient?	a. stool study		a. past-pointing
a. treat the shoulder symptomatically, re-schedule for a	b. CBC	495. If after manual processing of a properly exposed	b. Wartenberg's
CBC, ESR, arthritis profile, and blood chemistry	c. complete chemistry	x-ray film, you note a film has a brownish hue. What	c. Hoffmann's
<ul><li>b. refer to a neurologist</li><li>c. start on a vitamin diet to relieve the inflammation and</li></ul>	d. urinalysis <b>A</b>	would you suspect? a. contaminated fixer	d. ataxia <b>C</b>
re-evaluate in six weeks		b. exhausted developer	
d. treat shoulder to prevent a loss of range of motion	488. Which of the following classes of clinical	c. dirty wash water	504. A 30 year old male has six month history of
and strengthen the shoulder muscles	subluxations is most accurately described as a "spinal or	d. exhausted fixer	periodic episodes of unilateral headaches. Pain is
A	pelvic segment that is in a neutral position of mobility that	D	exacerbated by consuming alcohol. The headaches are
480. A 12 year old patient presents with acute pain	fails to fully mobilize"? a. pathological	496. Which cervical action causes the most (bilateral)	accompanied by increased lacrimation and rhinorrhea. Which of the following is the most likely headaches?
and tenderness in the Right lower quadrant. There is no	b. traumatic	traction on the cervical spinal nerve roots?	a. cluster
rebound tenderness. Lab reveals; WBC count of 18,000,	c. reflex	a. flexion	b. tension
70% PMNs, 20% lymphocytes, and 10% bands. Which	d. fixation	b. extension	c. common
of the following is the patient suffering from?	D	c. rotation	d. hypertensive
acute cystitis     acute hepatitis	489. Which of the following is the appropriate	d. lateral flexionB	A
c. appendicitis	treatment for someone in insulin shock?	D	505. Which of the following may be a normal finding in
d. acute gastritis	a. raise the legs	497. Which of the following modalities is NOT	urine?
C <sup>-</sup>	b. adjust	contraindicated for a patient with myositis ossificans?	a. glucose
404 A formula color announts with a natural testing file and	c. give water	a. ultrasound and ice	b. proteins
481. A female who presents with a retrouterine fibroid that displaces the uterus is likely to refer pain to;	d. give orange juice <b>D</b>	b. diathermy and TENS     c. deep tissue massage and pulsed ultrasound	c. ketone bodies d. hyaline casts
a. dorsolumbar		d. interferential and High volt galvanic	D
b. mid-lumbar	490. Which of the following has a clearly different	<b>A</b>	
c. lumbosacral	clinical objective?		506. A 23 year old male presents with back pain of
d. sacral	a. hot packs	498. Radiographic examination of the chest reveals	recent onset. He states that 3 days previously, he was
C	b. cold packs c. diathermy	tracheal deviation and widening of the mediastinum would be suggestive of possible?	tobogganing and hit a bump which caused an immediate sharp pain in the thoracolumbar region. History reveals
482. Which of the following best describes the cervical	d. ultraviolet light	a. lobar pneumonia	that he had been treated for Crohn's disease with steroid
interbody joints?	D	b. bronchogenic carcinoma	medication for the past 4 years. What is the most likely
a. saddle		c. congestive heart failure	diagnosis?
b. pyramidal	491. Which of the following would be indicated when a	d. pneumothorax	a. thoraco-lumbar strain/sprain
c. ball and socket d. ellipsoidal	soft tissue paravertebral retropharyngeal shadow on the lateral cervical film is wider than the C5 vertebra	B	b. vertebral fracture     c. bowel obstruction
A	following trauma to the cervical spine?	499. Damage to the cervical ligaments following a	d. rib subluxation
	a. spondylolisthesis	whiplash injury is best assessed by;	B
483. Which instrument do you use for testing grip	b. fracture	a. lateral cervical film	
strength?	c. hematoma	b. flexion-extension films	507. A patient presenting with rhonchi on inspiration
a. caliper b. anatometer	d. instability e. muscle tear	c. palpation d. thermographic study	and expiration suggest involvement of; a. trachea and the major airways
c. dynamometer	C	B	b. alveolar
d. nervoscope			c. terminal bronchiole
C	492. A female patient presents with lack of energy,	500. A 60 year old male presents with clubbing of the	d. pharynx
194 The enect of myaethenia groups is characterized	weight gain, constipation, cold intolerance, hoarseness,	nails, cyanosis of the lips and hypertrophic SCMs bilaterally. His history reveals orthopnea, nocturnal	A
484. The onset of myasthenia gravis is characterized by the involvement of the musculature.	fatigue, sluggish Achilles tendon reflex, weakness and dry skin are associated with?	paroxysmal dyspnea. edema. and chest pain. What	508. A patient being treated medically for SLE
a. neck	a. Grave's disease	system is most likely involved?	presents with left hip pain. X-ray shows normal joint
b. low back	b. hypothyroidism	a. vascular	spacing rarefaction of bone and sub-chondral sclerosis.
c. eye	c. Addison's disease	b. respiratory	What is the likely diagnosis?
d. arm	d. Cushing's syndrome	c. cardiac	a. neurogenic arthropathy
C	B	d. gastrointestinalB	<ul><li>b. avascular necrosis</li><li>c. D.J.D.</li></ul>
			d. infection
			B

509. What complaint would a patient with lumbar central canal stenosis have? a. "my legs go to sleep when I sit" "my legs are weak and rubbery" "my legs burn when I lie in bed" "I get shooting pain down my legs when I sit and lean forward." ...C... 510. Which of the following is/are most appropriate in the treatment of acute bronchitis? a. ice packs b. SW diathermy c. massage d. exercise ...C... 511. The triceps is similar to what muscle in the lower a. biceps femoris b. quadriceps ...B... 512. A 37 year old female presents with abdominal distension and no ascites. This information would lead you to suspect: a. irritable bowel syndrome b. cirrhosis c. congestive heart failure ...A... 513. Fruity breath in diabetes mellitus is due to the oxidation of? a. fatty acids b. proteins acetone C. glycogen ...A... 514. A 27 year old female comes in for routine checkup. She complains of moderate fatique. History shows no weight loss, infection, GI problems, melena, or hemorrhage. She has had three successful pregnancies in the last 5 years. CBC shows; RBC=3.72, MCV= 71, MCHC= 26, reticulocytes =0.4%, serum iron= 27, TIBC=520. The best diagnosis would be; a. iron deficiency anemia b. heterozygous thalassemia myelophthisic anemia d. anemia of chronic disease ...A... What type of diet do nutritional authorities recommend to reduce the risk of intestinal cancer? b. high protein, low sugar C. high carbohydrate. high mineral low fat, high fiber ...D... 516. Chest pain which is increased by exercise and decreased with rest? a. peritonitis b. diaphragmatic irritation C. coronary ischemia d. pleurisy

517. What is the best Vitamin supplement for carpal

tunnel syndrome?

a. B1

b. B2

c. B6

d. B12

...C...

524. With a tightening of the right iliolumbar ligament as in the case of a PI ilium, what will happen to L5?

518. Which of the following nerves are most susceptible to diabetic neuropathy? a. radial b. median c. femoral d. sciatic ...C... 519. A calcification of the medial collateral ligament at its insertion to the tibia following partial avulsion trauma. a. osteochondritis dessicans b. Osgood-Schlatter c. Pellegrini-Stieda ...C...` 520. A 34 year old female presents with raised asymmetrical lesion with blue and black dots on her leg. What is your diagnosis? a. basal cell carcinoma b. squamous cell carcinoma c. melanoma d. seborrheic keratosis ...C... 521. A patient presenting with knee pain is placed in the prone position, with his knee flexed to 90°. An upward force is applied to the leg with inversion and eversion of the foot. The test is negative for pain. What condition can be ruled out at this point? a. joint capsule b. medial meniscus c. cruciate ligaments ...C... The most desired objective for Chiropractic care for a youth with non-operative idiopathic scoliosis would be? a. reduce the curve b. correction of spinous rotation c. halt the progression of the curve d. avoid rib humping

523. A 30 year old female who experiences right hand pain of three weeks duration. The pain is intermittent, sharp and throbbing . She states that her hands turn white, then blue then red on exposure to cold. What is the probable diagnosis? a. Raynaud's b. wrist compression c. carpal tunnel subclavian artery stenosis ...A...

a. the spinous of L5 will rotate to the right the spinous of L5 will rotate to the left the left transverse process will move posterior L5 will rotate counterclockwise ...B... 525. A 20 year old female experiences severe sharp shooting pain down her neck when she flexes her head to her chest in the supine position. This suggests possible? a. meningitis b. disc prolapse c. multiple sclerosis severed cord ...C...

526. In a patient presents with median nerve 534. Examination reveals a subluxation. The vertebra entrapment by the pronator teres. Which of the following has not moved out of its normal juxtaposition, however actions would cause pain or further weakness? there is a decreased range of motion. This would be due a. using a screwdriver to what type of subluxation? b. extension of the wrist a. fixation flexion of the wrist b. fracture cradling the arm above the head while sleeping c. pathological d. reflex ...A... 527. What type of motion is not desired when adjusting a spondylolisthesis? a. flexion reflex? b. extension a. CN IV flexion and rotation b. CN V d. rotation c. CN VI ...B... d. CN VII ...B... A patient in a whiplash accident experiences jaw pain. Which modality is contraindicated? a. ice patient with S.L.E.? a. low purine, low salt b. traction b. low purine, high protein c. high volt d. massage c. high purine, low protein d. high purine, high fat ...B... At which spinal levels would you find the tip of the scapula? a. T1-2 538. A lesion of which are would result in contralateral pain which is characterized as gnawing, or burning b. T4-5 a. thalamic c. T6-7 b. visceral d. T8-9 c. radiculopathy ...C... 530. The normal lumbo-sacral disc angle is 539. What quality of is most important in muscle fatigability? approximately; a. 5° a. strength b. 15° h size c. 40° d. 75° c. power ...B... 531. Which exercises would be recommended for a

C.

C.

...C...

would be;

c. sciatica

...D...

level?

a. L3

b. L4

c. L5

S1

...B...

a. L4 medial disc

b. L5 lateral disc

d. central canal stenosis

533. A patient presenting with loss of sensation over

the medial calf and foot suggests involvement of which

d. endurance 540. Routine urinalysis on a young male athlete patient with anterior pelvic tilt? reveals trace proteins. What should be next in your a. strengthen the rectus femoris, stretch the hamstrings management of this patient? and abdominals a. KŬB strengthen the rectus femoris and abdominals, b. chemistry stretch the hamstrings c. re-examine early the next morning strengthen the abdominals and hamstrings, stretch d. refer to a hospital the rectus femoris 541. What position will cause the most symptoms in a 532. A patient presents with bilateral pain down the patient with central canal stenosis? legs, pain at L4-L5 joint, Valsalva is positive, and leaning a. flexion to either side produces no relief. The likely condition

> ...B... 542. On motion palpation, a patient has a capsular end feel. How would you treat this patient? a. mobilization

What is the sensory component of the corneal

What type of diet would be recommended on a

b. splinting c. cold

b. extension

d. rotation

c. lateral flexion

d. heat

543. A patient has a fracture of the distal radius, one inch from the wrist with dorsal displacement of the distal seament. This fracture is called:

a. Barton's b. Colles c. Smith's

d. Bennett's ...B...

544. A patient has degenerative type changes with in the disc affecting the vertebrae above and below, with end plate sclerosis. This describes:

a. spondylosis

b. spondylolysis

C. spondylolisthesis

d. ankylosing spondylitis

545. Based on the information in the following radiograph, to whom would you refer the patient?

a. orthopedist

b. oncologist c. neurologist

d. rheumatologist

...B...

546. A Schilling shift to the left means?

a. ↓ in leukocytes and an ↑ in immature white blood

b. ↑ of leukocytes and an ↑in immature white blood

 $\downarrow$  in reticulocytes and an  $\uparrow$  in immature white blood

↑ in reticulocytes and an ↑ in immature white blood cells

...B...

547. An x-ray for the acromioclavicular joint is taken;

P-A recumbent

b. A-P recumbent

A-P standing with weights

d. P-A standing

548. The quantity of x-rays emitted from the x-ray tube is directly proportional to;

a. mAS

b. kVp

FFD C.

d. focal spot size ...A...

549. A 16 year old female has a history of 102° fever. Examination reveals a murmur over the mid-clavicular line at the 5th intercostal space. What lab test would be most appropriate?

a. CBC

RA latex b.

C. ESR

d. ANA ...A..

550. The underlying condition depicted in the diagram below is;



a. anal fissure

anorectal fistula

c. sentinel tag

d. pilonidal cyst

...D...

551. Identify the normal angle indicated by #3 in the diagram below;



a. 60° 75° h

125°

d. 145° ...B...

Identify area #1



disc

fovea

c. vein d. macula

...B...

A lesion in which area in the diagram below would result in a loss of pain and temperature?



b. 2

C. 3

d. 4

The lesion depicted in the diagram below is:



a. bursitis

tendinitis

radiculitis mvofascitis

555. This picture suggests which condition? SMALLER TEETH, WIDE SPACING



CENTRAL NOTCHING, TAPERING SIDES

a. gingivitis

dental caries

syphilis

Ч teratoma

...C...

556. On passive range of motion, a patient has jerky movements of the muscle with cogwheel rigidity. What is the most likely cause?

a. syringomyelia

b. tabes dorsalis

amyotrophic lateral sclerosis

Parkinson's disease

...D...

557. Which of the following is the most likely consequence in the fracture depicted below;



a. vertebral artery occlusion

b. compression on the spinal cord

stress on the nerve roots

d. Schmorl's nodes

...B...

The white-grayish ring depicted in the diagram below is a normal finding in which age group?



10 a.

20 b.

35 c. d.

60 ...D...

559. What type of exercise is indicated in adhesive capsulitis?

a. active

b. resisted active

passive

progressive resisted

...C...

560. A patient has difficulty in breathing and upon auscultation you note rales. What structure is likely to be involved?

a. bronchi

b. bronchioles and terminal alveoli

c. parenchyma

...B...

561. What sounds would be ausculated on the lateral chest walls?

a. vesicular

bronchovesicular

bronchial

...A...

562. A patient presents with pain in the lower cervicals and when she rotates her head she gets dizzy. What should you do?

a. vertebral-basilar artery maneuver

b. adjust with no rotation

c. x-ray

refer immediately

...A...

563. As a chiropractor, you are likely to get carpal tunnel syndrome by which of the following mechanisms? a. putting the hand in extension with multiple thrusts over a long period of time

564. Using a modified diversified pisiform contact to correct a body right subluxation, the patient would be , and you would contact the

a. prone; right transverse

supine; right transverse

c. prone; left transverse

supine; right side of the spinous

A 62 year old female presents with a 1cm raised lesion on her right arm. The lesions are non-tender, with black and blue dots:

a. basal cell carcinoma

b. squamous cell carcinoma

c. melanoma

...C...

566. A 54 year old male presents with shoulder pain that radiates to the medial aspect of the forearm with decrease range of motion. The condition has been present for two months, he has a myocardial infarct 8 months previously, and examination reveals evidence of mitral stenosis.

a. carpal tunnel syndrome

b. shoulder hand syndrome

thoracic outlet syndrome venous thrombosis

...B...

567. A patient presents with a problem with the diaphragm. What area of the spine would you adjust?

b. T1

c. T7-10

d. T11-12

...A...

A 26 year old electrician presents with pain and tests positive for a thoracic outlet syndrome. The pain is produced when the arm is brought above his head. The most likely cause is;

a. scalenus anticus syndrome

b. pectoralis minor syndrome

c. costoclavicular syndrome

cervical rib

...B...

What is the normal radiological measurement at this area in an adult?

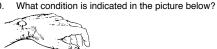


1-3mm

b. 3-5mm

5-7mm

d. 7-9mm ...A...



a. lipoma

b. ganglion

sarcoma C.

d. fracture

571. A patient with degenerative facet hypertrophy and spurring would be most susceptible to:

a. subluxation

b. lateral canal stenosis central canal stenosis

spondylolysis d.

...B...

572. In a hyperextension whiplash injury, which muscle is most likely to be involved?

a. SCM b. trapezius

573. What is the clinical disability associated with Charcot-Marie-Tooth's disease?

Identify the finding





Horners syndrome

\*\*\*\*\*

Flexion and extension of the lumbar spine occurs plane and \_ axis.

sagittal - vertical

sagittal - horizontal

coronal- sagittal C.

horizontal - horizontal

\*\*\*b\*\*\*

576. In the anatomical position, the hook of the hamate is \_ in relation to the pisiform.

proximal and lateral

proximal and medial

C. distal and lateral

distal and medial

The mamillary process is located?

dorsal aspect of the inferior articular process

dorsal aspect of superior articular process lateral aspect of the vertebral body C.

medial aspect of the transverse process d.

Nodding of the head occurs between:

Occiput-Č1

C1-C2 f.

C3-C7

cervical-thoracic area ĥ.

579. When the right optic nerve is severed, what kind of vision loss will result?

total blindness of the right eye

bilateral temporal

ipsilateral nasal, contralateral temporal

ipsilateral temporal, contra-lateral nasal

580. A patient with an L4 nerve root lesion exhibits which of the following findings:

sensory deficit of little toe

absence of Achilles reflex n.

sensory deficit lateral dermatome 0.

decreased tibialis anterior muscle strength

581. Foot neuropathy may be seen in which preexisting condition?

untreated gout

b. untreated syphilis

untreated diabetes C.

Foot drop may be due to weakness of which muscle?

tibial anterior

tibial posterior b.

gastrocnemius C.

d. quadriceps

583. Winging of the scapula is associated with which

nerve? long thoracic nerve e.

dorsal scapular

suprascapular nerve

axillary

\*\*\*a\*\*\*

584. Which nerve is the motor portion of the accommodation reflex?

optic

g.

oculomotor

trigeminal

abducens \*\*\*b\*\*\*

Innervation for hypothenar area is via the:

ulnar nerve

radial nerve

median nerve d.

axillary nerve

Shingles primarily affects which part of the nervous system?

lateral corticospinal tract

posterior root ganglia

anterior nerve root lateral spinothalamic tract

An upper and lower motor neuron disease affecting the extremities with atrophy and weakness in the hands

syringomyelia

amyotrophic lateral sclerosis

dermatomyositis C.

poliomyelitis

Which condition affects the anterior horn cell of the cord?

tabes dorsalis

multiple sclerosis b.

poliomyelitis

myasthenia gravis

Scanning speech and abnormal separation of syllables is an example of:

aphasia

abhonia h

dyslexia C.

cerebellar dysarthria d.

A lesion of which area would cause sensory loss indicated by the diagram below:



commissural

h sensory

thalamic

Which neurological area affects the body as in figure B?



commissural

sensory

medulla - spinothalamic tract

cortex - spinothalamic tract

592. An 80 year old female fell on icy concrete with an outstretched hand and hit her palm on trying to break her fall. What is the most likely bone to fracture?

a. ulna

b. hamate

C. radius

d. 2<sup>nd</sup> metacarpal

Which of the following tumors may be relieved by aspirin?

osteoid osteoma a.

unicameral bone cyst b.

C. osteosarcoma

multiple myeloma d.

594. The radiograph of a young female gymnast reveals:



osteochondritis dessicans

Osgood-Schlatter's

b. avulsion fracture of tibial tuberosity C.

The patient states he fell on outstretched hand and has pain in area the anatomical snuffbox.



hyperextension injury

perilunate subluxation

Colles' fracture

scaphoid fracture \*\*\*d\*\*\*

596. A 13-year-old female athlete presents with localized back pain that started 12 months ago. The pain subsided after 6 months of restricted activity and lumbar flexion exercises. Several months ago the pain came back after diving practice. What is least likely to differentiate the condition?

Scheuermann's disease

disc protrusion

pars fracture

sprain and strain \*\*\*b\*\*\*

597. Based on the radiograph, what most likely happened?



pars fracture

a. osteomyelitis h

avulsion fracture C.

compression fracture d.

What would be your initial case management?

stretching paraspinal muscle

brace to limit motion

adjust lumbar spine

ĥ. refer

On a plain film radiograph, what is most difficult to distinguish between? (Plain film radiograph will best distinguish between?)

air and water

muscle and organ tissue

fat and water

bone-organ

600. Which of the following may present a laminated periosteal response on x-ray?

bone island a.

b. Ewing's sarcoma

multiple myeloma osteosarcoma

601. Which of the following imaging methods employs non-ionizing radiation, gives good detail in sagittal and coronal views, and where bone is black?

MRI

a. b. bone scan

CT C.

d.

d. plain film radiograph

602. Which of the following is the most common location for H.A.D.D.?

wrist a.

b. elbow

shoulder d. knee

A single ivory white vertebra in 20-year-old male would most likely be:

Paget's a.

Hodgkin's b.

osteoblastic metastatic 1° malignancy d.

604. An older male presents with punched out lesions on radiographs. Which study should be performed next?

a. bone scan

b. CT scan

immunoelectrophoresis C.

alkaline phosphatase

605. An 80-year-old female demonstrates osteopenia. What radiographic measures need to be taken to get proper contrast and density?

increase kVp 15%

decrease kVp 15%

C. increase mAs 25%

decrease mAs 25%

An obese 9 year old male presents with complaints of hip pain, no history of trauma. He has a (+) Trendelenberg with a radiolucent line below the epiphysis.



slipped capital femoral epiphysis

congenital hip dysplasia

femoral necrosis d. \*\*\*h\*\*\*

A mother brings in a young female with severe coxa varus (pigeon-toed). What would be the most likely

Legg-Calvé-Perthes' disease

eosinophilic granuloma of greater trochanter b.

posterior hip joint dysplasia C.

femoral anteversion d.

A patient presents with ankle edema, ulceration of the medial malleolus, with cyanosis and stasis dermatitis. Which test would you order?

bone scan a.

b. CT

Doppler ultrasound C.

d. MRI

609. What is the best view for lateral lumbar stenosis?

lateral a.

oblique b.

C. \*\*\*a\*\*\*

610. Which of the following methods is used to measure canal stenosis by determining body:canal ratio?

Meyerding's

b. Hadley's

C. Van Akkerveeken's

Eisenstein's d.

What is the worst complication of a thigh contusion?

myofascitis

b. myositis ossificans

C. quadriceps strain

tendon rupture

612. What would you use to minimize the x-ray beam coming out of the tube to the patient?

collimation

b.

C. intensifying screens

grid

613. You have an x-ray in which the upper thoracics came out fine but the lower cervicals are overexposed. What would this indicate?

no arid а

d.

no collimation

C. intensifying screens

no filter

Which of the following is suggested is suggested by diagram?



rheumatoid arthritis osteoarthritis

b. C.

psoriatic arthritis d.

gouty arthritis

Calcification of the anterior annular fibers in degenerative disc disease is associated with:

vacuum phenomenon

intercalary bone

geodes C.

d. intra-capsular bone

Which will NOT cause an increased risk of upper cervical instability?

Down's a.

Reiter's disease

psoriatic arthritis

\*\*\*d\*\*\*

617. Identify:



myositis ossificans

osteochondritis dessicans b.

Osgood-Slaughter's C.

osteochondroma d.

618. Which does NOT predispose to osteoporosis?

acromegaly hypothyroidism

héparin treatment

steroid treatment d.

\*\*\*h\*\*\*

A 19-year old female presents with a 2-week history of episodes of lightheadedness and tingling sensations in both hands and feet and around her mouth. The most likely diagnosis is:

Meniere's syndrome

otitis media

hyperventilation

620. A patient presents with emphysema. In addition to hypertrophied accessory muscles, breathing will also most likely have:

 ↓ respiratory excursion a.

b. koilonychia

tactile fremitus

621. A systolic difference of 10mm Hg bilaterally would indicate an occlusion of what artery?

carotid

b. subclavian radial

C. d.

What is the primary finding of pheochromocytoma?

hypertension

b. muscle reflexes

bradycardia sciatica

623. A fixed, hard, palpable cervical lymph node indicates:

recent infection

b. normal

inflammation C.

d. malignancy

A 37 year old female has a non-productive dry cough brought on by hiking outdoors. It wakes her up at night. After one year duration it is getting worse. Her mother and brother have a history of hay fever. Her lab values are normal. What is the diagnosis?

chronic bronchitis a.

b. pneumonia

C. asthma

d.

emphysema
\*\*\*a\*\*\*

An 8 year old boy presents with a clear colored unilateral discharge from one nostril. Which of the following is the least likely diagnosis?

a. tumor

d.

b. epistaxis

allergies rhinitis C.

foreign object

626. A 36-year-old male complains of esophageal reflux with pain in the thoracics and midline that is temporarily relieved after meal suggests:

hiatal hernia a.

b. peptic ulcer

C. acute gastroenteritis

acute cholecystitis

627. What murmurs would be found upon auscultation during S2?

mitral regurgitation and tricuspid regurgitation

tricuspid regurgitation and pulmonic stenosis Aortic stenosis and mitral regurgitation

aortic regurgitation and tricuspid stenosis

A headache which would most suggest a tumor:

sudden onset, frontal area gradual onset, chronic, beginning at occipital area

and moving temporally sudden onset, intense pain in periorbital area 629. An older alcoholic male who has a history as a smoker, demonstrates dilated veins on the chest and hematemesis:

а hepatomegaly

b.

esophageal varices

Which liver condition has the least favorable outcome?

acute viral hepatitis

chronic active hepatitis

b. fatty liver C.

hepatomegaly

631. A patient presents of having to urinate 10-15 times a day in small amounts (in ml.), is called:

urgency

polydipsia b.

C. dysuria d.

frequency

Patient presents with nocturnal coughing, difficult breathing after mild exertion and while lying supine. Pulse and respiration is increased; temperature is 98.6°. and blood pressure of 120/100:

heart failure a.

b. pneumonia C. apnea

d.

(asthma?)

A butterfly mask is indicative of what condition? Grave's disease

f. Reiter's syndrome

psoriatic arthritis g.

systemic lupus erythematosus

Patient presents w/ clay colored stools and coca cola colored urine.

hepatitis

Which of the following may cause to pre-hepatic

jaundice? hemolytic

obstructive

The pain associated with myocardial infarction is described as which of the following:

sharp and knife-like

pressure and squeezing

ripping and tearing

n.

0.

637. What is the prognosis for a patient with liver disease who has a steady decrease in serum albumin, an increase in blood ammonia and a decrease in blood

glucose?

terminal liver disease

period of remission gradual return to health

diet therapy S.

Cullen's sign indicates

pregnancy t.

ascites

hemoperitoneum

A patient presents with bluing around umbilicus. What sign? Murphy's Kerr's X. Hadley's y. Cullen's Z. \*\*\*d\*\* Papilledema is associated with what condition? increased intra-ocular pressure increased intra-cranial pressure bb. decreased intra-ocular pressure CC. decreased intra-cranial pressure 641. Ascites, esophageal varices, portal hypertension are associated with cirrhosis The most common symptom or complaint seen in C.O.P.D. is: chest pain Exophthalmos, warm to touch, weight loss, 1 appetite may be associated with; Cushing's hypothyroidism Grave's d. Addison's e. \*\*\*c\*\*\* Associated with hyperthyroidism? exophthalmos weight loss g. Which letter corresponds with myocardial 645. ischemia? 646. A 10-year-old female presents with fever, pink rash with clear center on trunk. Last week she complained of elbow and knee pain. Exam reveals a blowing, holosystolic murmur over the mitral valve. ASO was 450 Todd units. History revealed severe pharyngitis herpes zoster rheumatic fever b. scarlet fever C. d. rubeola What would most likely cause bradycardia? hyperthyroidism e. acute fever intracranial pressure ĥ. iron deficiency anemia 648. A 35 female complains of frequent urination, suprapubic and sacral pain would most likely also have: burning urination menstrual cramps

649. Arteriosclerosis affects what kind of blood pressure? diastolic systolic leg and arm blood pressure entire body Which disease affects females more than males? ankylosing spondylitis systemic lupus erythematosus psoriasis a. multiple sclerosis Bouts of sharp pain, worse with chewing, brushing teeth, trigger patient's pain at nasal, lips and aums would most likely be: trigeminal neuralgia glossopharvngeal neuralgia TMJ syndrome What would be the best means to determine the cause in a patient presents with headaches? physical exam present illness and review of systems orthopedic tests x-ray ٧. 653. What is a bad question to ask patient? Where is the pain? z. How is the pain? aa Identify the indicated in the diagram; Heberden's nodes avulsion of extensor tendon CC. dd. Dupuytren's contracture RA ee.

655. Which of the following may present pitted nails, with scaling of elbow and knee:

ff. psoriasis
gg. SLE
hh. gout
\*\*\*a\*\*\*

656. A female complains of pain that started in the epigastrium moving to the right lower quadrant. The patient has rebound tenderness, with no relief after using the bathroom:

ii. Crohn'sjj. acute appendicitiskk. gastric ulcer\*\*\*b\*\*\*

657. atopic dermatitis – Eczema (flexor surfaces)

658. Murphy's sign + indicates acute cholecystitis

marphy o orgin i marcated additional organis

659. Which would give the bleakest prognosis?

. a headache with a runny nose

mm. a headache with persistent prodromal signs and symptoms

 a headache during normal cervical range of motion, that doesn't get worse

a headache with periodic sensory and motor symptoms

\*\*\*d\*\*\*

660. Which of the following will not cause an increase in temperature?
pp. ovulation
qq. meditation
rr. exercise
ss. digestion
\*\*\*h\*\*\*\*

661. Weird symptoms (bilateral leg pain) following an adjustment suggest?

tt. Central canal stenosis
uu. disk herniation
vv. facet syndrome

ww. fragmented disk

662. Pain radiating into groin and low back and not past the knee would likely suggest:

xx. gluteus medius syndrome yy. piriformis syndrome zz. facet syndrome aaa. disc herniation

663. Which of the following conditions would a patient with low back pain increases while in the recumbent position?

bbb. ↓ viscero-somatic
ccc. ↓ strain
ddd. ↓ disc herniation
eee. ↓ spinal cord tumor
\*\*\*d\*\*\*\*

664. What test would be used to confirm your diagnosis with coldness and pallor in one hand?

fff. Allen's ggg. Phalen's hhh. Tinel's iii. Yergason's

665. A 25-year old male runner experiences localized leg pain, 2-4 cm. above the femoral condyle. The condition is not aggravated by running or walking long distances, and all orthopedic tests were negative including: Lachman's, Apley's, anterior and posterior Drawer sign, and McMurray's. Valgus stress was negative, however varus stress slightly aggravated the complaint, along with skiing and walking down stairs. Most likely diagnosis: (DIAGRAM?)

jjj. tensor fascia lata syndrome (iliotibial band friction syndrome)

kkk. lateral meniscus tear

mmm. lateral collateral sprain

\*\*\*a\*\*

666. Which other orthopedic tests would be positive?

ooo. Ober's ppp. Simmond's

667. Which physical attribute would not be of primary consideration in this diagnosis?

a. supination / inversion b. genu valgus

b. genu valgusc. leg length discrepancy\*\*\*a\*\*\*

668. What treatment would be recommended?

d. ice and ultrasound, massagee. apply analgesics/heat

MĊL/patella tracking

669. What is the best test for medial meniscus?

h. Apley's
i. Drawer
j. McMurray's

670. Lumbar canal stenosis is associated with

671. What would you do with a sero-positive patient with a 6mm ADI space?

m. adjust high force ↑ velocity
n. low force, low velocity

o. refer to rheumatologist

p. MRI \*\*\*c\*\*\*

672. What would be done first on a patient with sudden crushing, pressure-like retro-sternal pain?

q. ESR r. CK s. SGOT

t. alkaline phosphatase

73. What is the most specific for prostate cancer?

u. alkaline phosphatase

v. PSA w acid ph

w. acid phosphatase

x. CBC y. GGT \*\*\***b**\*\*\*

674. What condition would most likely be present in a patient with Bence-Jones proteinurea, and increased Ca+ and protein?

z. gout
aa. pancreatitis
bb. leiomyoma
cc. multiple myeloma

675. Indirect bilirubin is seen with disease process.

I. hemolytic
m. obstructive
n. tumor of gall bladder
\*\*\*a\*\*\*\*

676. Most common cell to increase seen in multiple myeloma;

o. monocytes
p. lymphocytes
q. basophils
r. leukocytes
s. plasmocytes

677. Which is a contra-indication for chiropractic manipulation in a patient with a known disc herniation?

t. frequency of urination
u. lack of ability to urinate

v. neurogenic paresthesia

w. weakness of muscle strength

x. hyperesthesia

678. A 12-year old boy has a fever for 3 days. Pain in the L4 region with swelling. Radiographs are taken and reveal no abnormalities. What to do?

real no abnormalities. What to do?

adjust several times the next week and re-x-ray

adjust several times the next week and re-x-ray
 refer for a bone scan

z. refer for a bone sca aa. refer for an MRI

bb. adjust and retake x-rays in 2 weeks

A patient presents with plantar fasciitis. Which of the following would you NOT do for this condition? toe raise hh underwater ultrasound orthotics /plantar support gastrocnemius stretch ff. 680. A 40-year old female presents with pain and tingling in left hand. Which position would you place her wrist in a supportive brace? flexion extension radial deviation ulnar deviation 681. What would you do for a patient with anterior head carriage and hyper-kyphosis? stretch pectoralis between door head raise against gravity with weights II. stretch latissmus head flexion exercise nn. extension exercise of lumbars strengthen abdominals pp. strong paraspinal qq. 682. Mother worried about 6-year old boy, trouble climbing stairs and keeping a steady balanced posture, no pain. What would you do? take normal lumbar radiological studies A patient comes into your office following an motor vehicle accident. The patient demonstrates nuchal rigidity. Films are not available and you can't take films in your office. What would you do? treat as upper cervical fracture, stabilize and refer to ER for films adjust tt. uu. nothina 684. Inversion traction is contra indicated for which conditions disc herniation VV. hypertension WW. soft tissue impingement XX. уу. spondylosis 685. What would be your treatment for swollen tendon: ZZ. transverse traction massage aaa. effleurage Which of the following would be the best initial indicator for iron deficiency? bbb. Serum ferritin 687. Iron deficiency anemia CCC. stocking glove 688. What vitamin or supplement for DJD? ddd. glycosamine sulfate 689. Sensory changes that accompany advanced B-12 deficiency?

eee. radicular pain

\*\*\*b\*\*\*

ggg.

glove and stocking

saddle paresthesia

690. What vitamin or mineral supplement assists the assimilation of iron in the body? hhh. zinc iii magnesium B12 kkk. Vitamin C \*\*\*d\*\*\* Linoleic acid is a type of: essential amino acid mmm. essential fatty acid \*\*\*b\*\*\* What is the important question to ask a patient? 692. Where does the pain start? Does the pain travel to the little toe? Does the pain radiate? .מממ How far can you walk before you are forced to stop? Candidiasis = oral thrush Eating relieves the symptoms=Duodenal ulcer Which position is antalgia for left SCM tightness; left lateral flexion and right rotation Characteristic of paralysis agitans; stooped posture A child pain L4 swollen and a 3 day fever. What follow up study: bone scan What do you need to justify flexion extension views: do a neutral lateral first Patient flexes to the left, which way do the bodies rotate in the lumbar spine; to convexity Which way do the bodies rotate in the cervical spine on lateral flexion; opposite lumbars Charcot's joints; tabes dorsalis Which of the following would most likely affect the vertebral artery flow; ponticulus posticus What test do you do to evaluate a potential stroke patient; DeKléyhans A patient had lack of saliva. After the adjustment the patient's saliva returns; parasympathetic flow restored 693. Which of the following would most likely cause an increase in serum albumin? poor nutrition pregnancy h hyperthyroidism d. dehydration 694. The presence of squamous epithelial cells in a urine sample indicates? glomerulonephritis contamination of the sample hematuria urinary tract infection 695. Which of the following elevated values most suggests SLE: а ESR

CPK

ANA

b.

C.

b. C. d. b. C. d. c. d. b. C. a. b. C. b. Does the pain only last a few seconds? b. Does a deep breath precipitate the pain? Does walking or eating rapidly make pain worse? Is the pain shooting or stabbing? 703. The mode of onset of a present illness includes which of the following parameters? date of injury b. vectors of injury quality of pain d. chief complaint a. b. C.

696. Which of the following modalities will cause both vasodilation and vasoconstriction? ice packs hot moist packs interferential microcurrent \*\*\*A\*\*\* 697. Which mode of physiotherapy is best for the treatment of large joints? interferential current pulse ultrasound infrared high volt current 698. What is the primary purpose of Proprioceptive Neuromuscular Facilitation technique? reduce edema stabilize a hypermobile joint increase joint range of motion strengthen a weak muscle group \*\*\*C (D also)\*\*\* 699. Which therapeutic modality gives the greatest depth of penetration: warm whirlpool hydrocollator ice paraffin bath 700. The initial treatment for a contusion could be: massage ultrasound 701. Increased skin pigmentation after infrared therapy is due to: increase in melanocytes histamine release skin thickening increase blood to capillaries \*\*\*D\*\*\* 702. A 58 year old patient presents with deep substernal pain which radiates to the back. An affirmative answer to which question indicates cardiac dysfunction?

C. x-ray d. 709. A 16 year old male presents with low back pain

after a high school football game. X-ray reveals a Grade 1 spondylolisthesis of L5. Past history reveals he has had it since childhood. Which of the following is most likely short term prognosis?

complete resolution of defect will occur surgical fusion required

permanent neurological symptoms develop

710. What degree of scoliosis is at the threshold where it is greater than surgical intervention would be indicated and less than conservative care would be indicated?

a. 15° b. 25° C.

\*\*\*B\*\*\*

711. A 55 year old male presents with acute onset thoraco-lumbar pain. He states that the pain is deep and tender, and he has not slept for two days due to the inability to find a comfortable position. He cannot recall any trauma, but states that the pain began after he helped his wife plant tulip bulbs. What would be your initial case management?

perform deep myofascial soft tissue massage

C. check for occult blood in the stool

d. rule out abdominal aneurysm

704. When a doctor asks a patient about vision

disturbances, weight changes, urinary problems and sleeping problems, he is addressing;

chief complaint present illness

review of systems \*\*\*C\*\*\*

705. What is the initial care plan for someone who is knocked unconscious? neurological exam b. orthopedic exam. MRI radiograph, CT, UA d. cardiac stress test 706. Which is the least favorable prognosis for a patient involved in an acceleration/ deceleration car accident? loss of consciousness patient braced for impending collision b. patient was facing forward looking straight ahead C. headrest was positioned in highest position d. psychosocial history 707. A 26 year old woman presents with spine pain and

a healed 4th rib fracture. What is the indicated case management?

refer to orthopedic surgeon a.

conservative chiropractic management b.

refer to physical therapist C.

use physiotherapy modalities only

708. A 44 year old female with neck pain, tingling and paresthesia in right triceps which has been getting worse for 2 year. She noted symptoms are aggravated when reaching up to get things out of kitchen cabinets and putting on her blouse. Physical exam reveals bilateral tension of trapezius and sub-occipital muscles. Cervical ROM was normal and does not produce pain. What procedure will evaluate the signs and symptoms?

CBC a. b. urinalysis

spirometer

low back symptoms resolve soon

45°

d. 65°

- 712. A female patient with chronic sacroiliac pain and stiffness in the morning. What is the best management?
- pillows under the waist and between the knees when side-lying
- avoid sitting and stair climbing
- C. straight leg-raising exercises to strengthen the abdominal muscles
- wear lumbosacral belt while sleeping
- 713. In a patient with lumbar facet syndrome, which of the following positions would you not recommend for
- on their side with one knee flexed
- on their side with both knees flexed
- prone with pillow under chest C.
- supine with pillow under knees (legs) d.
- 714. A 26 year old presents with thoracic pain which increased with breathing. X-ray shows 35° structural scoliosis. Neurological tests are negative. Leg length are equal. What is the best management?
- conservative chiropractic
- refer for surgical consultation
- heel lifts in shoes C.
- monitor every 3 months

- 715. You have been treating a 32 year old female for 3 months for a L5- S1 disc syndrome with ultrasound, E.M.S., and flexion-distraction. You have relieved the pain but she consistently has no Achilles reflex and a 2+ when she is prone. There is no atrophy, she is a 5 on the muscle grading chart. She recently flexed forward when shaving her legs and the pain is just as bad as when started care. What is the subsequent follow up study?
- nerve conduction velocity test
- b. CT scan
- C. MRI
- d. immediate referral to neurosurgeon
- 716. Which would definitely require medical concomitant care. A patient having a....
- viscero- somatic
- myofascial b.

- 717. A 25 year old male presents with an intrascrotal nodule which is inseparable from the testicle. It does not transilluminate. There are no palpable femoral or inquinal lymph nodes. What is the appropriate management:
- monitor for 30 days
- refer to a urologist
- C. continue chiropractic adjustments unless urinary symptoms appear
- d. refer for infertility work up
- 718. A 40 year female has received chiropractic care for low back pain in the S-I region (a previous condition) for the past 6 weeks. She has just had her 5th child. At first the chiropractic care relieved the pain for a few days, but now relief is only for a couple of hours. What is the most likely next step;
- refer to an orthopedic surgeon b. continue to adjust and use ice
- continue to adjust and use ultrasound

across the throat. On exam he was spitting up blood, had trouble breathing:

719. A little league hockey player gets cross checked

- do an emergency cricothyroidotomy
- refer to a hospital immediately b.
- apply ice and stabilize the neck C.
- 720. A 3 year old child is brought into your office with flu-like symptoms. He is febrile with neck pain and torticollis. His family also had flu like symptoms:
- self resolving
- quadriplegic
- send immediately to hospital
- send him to family physician

- 721. Walking on heels with feet inverted primarily tests which neurological level?
- L1 L4 b.
- Si
- C. d. S3
- \*\*\*B\*\*\*
- 722. A patient presents with right hand pain at night. There is numbness and tingling of thumb, index and middle finger. Which of the following is not a differential diagnosis for carpal tunnel syndrome
- C6 radiculopathy
- ulnar palsy b.
- pronator teres syndrome C.
- d. de Quervain's
- 723. Numbness described as burning, or pins and needles is called?
- anesthesia
- h paresthesia
- C. dysesthesia
- analgesia
- 724. A 45 year old female patient presents with a recent history of episodic, severe vertigo with vomiting lasting 1-2 hours. During each episode she experiences tinnitus, diminished hearing, and a sense of fullness in her ears. The most likely diagnosis is \_ \_syndrome?
- Wallenberg's
- Raynaud's b.
- Maigne's C.
- d. Meniere's
- Which of the following is not seen in Parkinson's?
- rigid and flexed neck and trunk
- staring with no blinking
- dry facial skin
- drooling
- 726. Extension of the tongue to test for taste is done to avoid sensory testing which other cranial nerve The tongue is protruded out during this test to avoid receptors from what other nerve;
- CN<sub>1</sub>
- CN 5 b.
- C. CN<sub>9</sub>
- CN 12
  - \*\*\*C\*\*\*

- 727. Scotomas sometimes precede migraine headaches. They originate from which area?
- optic nerve
- b. retina
- C. optic chiasma
- d. occipital cortex
- 728. The accommodation reflex is categorized as which of the following:
- deep tendon reflex
- superficial reflex
- visceral reflex
- c. d. pathological reflex
- 729. A complete transection of the optic chiasma would result in:
- loss of vision bilaterally/ nasal field area a.
- loss of vision bilaterally/ temporal b.
- C. complete loss of vision
- 730. Bilateral constriction of the pupil indicates; anticholinergic drugs
- brain damage
- sub-arachnoid hemorrhage С
- d.
- Horner's syndrome results from a disruption of the:
- sympathetic nervous system
- parasympathetic nervous system
- trigeminal nerve
- oculomotor nerve

\*\*\*A\*\*\*

- What nerve supplies the axilla:
- a. T1 b. T2
- C. C2
- d. Č6
- \*\*\*B\*\*\*
- 733. The test that produces/ increases endolymph flow in the inner ear:
- caloric stimulation
- b. rotation test
- Meniere's test
- 734. Using the dynamometer, which nerve is being tested indirectly:
- median
- b. musculocutaneous
- c. d. ulnar
- radial \*\*\*A\*\*\*
- 735. Chaddock's wrist sign is produced by stroking the:
- proximal forearm
- distal forearm
- lateral portion of the thumb medial aspect of little finger

- 736. A 46 year old female presents with dull low back and buttock pain that radiates into the right lateral leg and top of foot after gardening and using a wheelbarrow. The pain is described as "shooting" into the 2nd, 3rd, and 4th toes. The following orthopedic tests show: SLR (+) 25°, Well leg raiser L-, Bechterew's R+, Bowstring R+, Kemps R+, Achilles +2 bilaterally, patellar +2 bilaterally. The pain is worse while defecating and decreased when leaning to the left. What disc is likely involved?
- a. Ľ2- L3
- L3- L4 b.
- L4- L5 C. d. L5-S1
- What muscles would be most affected? a. ankle dorsi-flexors
- b. ankle plantar flexors
- toe extensors C.
- 738. What herniation is suggested by the findings?
- postero-lateral
- b. postero-medial
- sub-rhizal C.
- d. central
- 739 What symptom would require referral to a specialist?
- diarrhea
- sphincter flaccidity
- 740. A 37 year old male complains of progressive bilateral weakness and stiffness in both legs, right arm pain that radiates down to thumb and index finger. He has shooting pain down his right arm when he coughs or sneezes. Which of the following is the most likely diagnosis?
- a. spondylotic myelopathy
- amvotrophic lateral sclerosis b.
- diabetes mellitus
- Arnold-Chiari syndrome \*\*\*A\*\*\*
- 741. Which of the following shows a slow speech with a characteristic hesitation between syllables?
- dysphonia a.
- b. parkinsonism
- cerebellar aphasia C.
- d. dysarthria
- 742. Examination reveals an increased deep tendon reflex with no superficial reflex. This would most likely indicate a lesion where?
- spinothalamic
- extra-pyramidal h
- pyramidal
- d. cerebellar
- 743. To adjust a subluxation of the trapezium, contact should be made proximal to:
- base of 1st metacarpal
- b. base of 5th metacarpal
- lunate
  - shaft of 4th metacarpal

744. During lateral flexion of the head to the right, the lower cervical spinouses rotate to the \_\_\_ spinous rotate riaht, riaht b. right, left C. left, right d. 745. The side lying position is most appropriate for manipulation of which of the following articulations? sternoclavicular acromioclavicular scapulothoracic C. glenohumeral 746. Which of the following subluxation components will most likely cause biomechanical instability of vertebral motion segment? nerve compression muscular spasm facet joint fixation C. ligamentous damage 747. To reduce a postero-lateral disc protrusion at L4-L5 using Cox flexion distraction technique, cephalad pressure is applied to: L4 spinous L4 transverse C. L5 spinous L5 transverse 748. Which of the following adjustment procedures would apply the most depth to the lumbar spine? side lying push side lying pull C. knee/chest hi-lo prone 749. During normal head motion, the atlanto-axial and atlanto-occipital interspace will \_\_\_\_ during flexion; and during extension. increase; decrease b. decrease; decrease increase; decrease C. d. decrease; increase 750. With rotation to the left and contralateral rotation to the right what is the best adjustment? crossed pisiform double thenar C. straight pisiform modified pisiform rotational move 751. What condition of the spine contraindicates osseous manipulation to the effected area? healed compression fracture Scheuermann's disease C. grade 1 sprain d. ADI 6 mm 752. The least beneficial manipulation for carpal tunnel syndrome is; cuboid

b.

T1

C6

capitate

753. Patient presents with anterior and superior ilium on the right. In the side lying position for a push adjustment technique, which is correct? The patient's left ilium is contacted by the doctor's right hand The patient's left side is contacting the table The patient's left knee is flexed with the toes tucked and right knee The doctor's right anterior lateral thigh contacts the patient's pelvis 754. A 6 month old child is brought into the office with symptoms and muscle tension with tenderness at spinal muscular at T5- T7 which contact should you use: thenar pads double pisiform tips of middle and index fingers 755. Countries with a low incidence of intestinal disease is most likely have a high dietary intake of: simple carbohydrates b. protein fiber C. phospholipids \*\*\*C\*\*\* 756. Which of the following is not associated with osteopenia: increase in vitamin A hypervitaminosis D decrease in vitamin C increase in calcium 757. Taurine and L-Carnitine are examples of: amino acids lipoproteins C. carbohydrates d. fatty acid phospholipid A toxicity of Selenium causes: hair loss, dry skin (hyperkeratosis) hepatolenticular disease cardiomyopathy kidney disease 759. What is least likely to be associated with

hypokalemia: hypervitaminosis A hypervitaminosis D hypovitaminosis C cálcium deficiency

760. A 72 year old male presents with low back pain which radiates bilaterally into the lateral portion of his thighs. Minor's sign was positive. SLR and Lasègue's and leg extension tests were also positive. Achilles reflexes were diminished bilaterally. An AP radiograph revealed a missing right pedicle of L4. The appropriate management of this patient would be:

provide care for low back

refer for further consultation

use only physiotherapy modalities

761. Which orthopedic test is depicted in the picture:



Adson's b.

abduction C. apprehension

d. Dugas'

762. A 17 year old male with pain in the lateral calf. The following radiograph show an obvious abnormal proximal metadiaphyseal portion of the fibula. What would be the most likely cause of this according to the radiographs?



а fibrous dysplasia

b. osteomyelitis

osteosarcoma C.

post-traumatic periostitis

Identify the following;



b. AS

neurotrophic arthropathy

discogenic spondylosis
\*\*\***A**\*\*\*

764. Clinical application of the line drawn on the superior aspect of the femur in the following radiograph



protrusion acetabul

slipped femoral epiphysis early sign of Legg-Calvé-Perthes

coxá valgus

765. An increase of the angle in the figure below could be caused by tightness of which of the following muscles;



quadriceps b.

hamstrings abdominal muscles C.

aluteus maximus

766. A 25 year old female presents with pain in the distal and proximal interphalangeal joints. Based on the radiographs below which is the likely diagnosis?



rheumatoid arthritis erosive osteoarthritis

b. psoriatic arthritis

d. scleroderma

767. Identify the anomaly in the radiograph below



a. butterfly

What has the ground glass appearance--\*fibrous dvsplasia

769. What is the most common primary malignancy of bone- \*multiple myeloma

770. female with exertional and nocturnal dyspnea-\*congestive heart failure

771. older female with headaches which are worse when talking on chewing-

\*senď for vasculár biopsv

772. The jaw jerk tendon reflex is included in the evaluation of:

a) CN 5

b) CN 7

c) C5 nerve root

d) C7 nerve root

773. The muscles of mastication are innervated by?

b. CN VII

c. C5

d. C7

The Wexler scale is used to evaluate:

muscle strength

reflex

Which finding may occur with a C6 nerve lesion:

↓ triceps reflex ↓ brachioradialis reflex

weakened finger flexors

weak deltoid muscle

\*\*\*P\*\*\*

776. The patient presents with paresthesia in this area. What muscle would be weak?



triceps

biceps b.

deltoid

finger flexors \*\*\*Ă\*\*\*

An decrease in symptomatology while performing the procedure in the diagram below suggests;



a) dural sleeve adhesions

b) nerve root compression

c) cervical sprain-strain

d) facet imbrication

Which orthopedic test is most accurate for the evaluation of a torn medial meniscus?

anterior drawer sign

posterior drawer sign

Apley's compression test C.

Lachman's test

Subdeltoid bursitis is usually associated with calcific tendinitis of which tendon?

a) supraspinatus

b) infraspinatus

c) teres minor

d) subscapularis

A positive Allen's test and Adson test done would indicate?

thoracic outlet syndrome

carpal tunnel syndrome

cervical radiculopathy

781. Patient has +Allen's and +Adson's, which of the following is a probable cause?

pectoralis minor

pectoralis major

anterior scalene C.

posterior scalene

Upon examination, the standing patient presses both hands against a wall. He exhibits winging of the scapula. What muscle is weak?



serratus posterior

serratus anterior levator scapula

latissimus dorsi

What force is examiner applying to the patient's knee?



valgus

varus flexion

extension \*\*\*A\*\*\*

The patient presents with right hip pain and pain over the L5 area. What orthopedic test is indicated for



a) Adam's bending

b) Lewin's

c) Adams S1 belt

d) Lewin Gaenslen

The condition depicted in the following diagram is the likely result of which of the following conditions?



lateral epicondvlitis

olecranon bursitis

supracondylar fracture

pulled elbow (dislocated radial head)

An 8 year old male presents with pain and swelling at the inferior patellar pole for two weeks. It is tender on palpation worse with strenuous exercise would most likely be?

chondromalacia patella

Osgood-Schlatter

patellar bursitis

\*\*B\*\*\*

Which condition is more common in females than males?

osteoarthritis Reiter's

C.

b. rheumatoid arthritis

psoriatic arthritis \*\*\*B\*\*\*

788. What muscle if weak will decrease the angle?



iliopsoas b.

abdominals

hamstrings C.

aluteus medius \*\*B,C\*\*\*

A 16 year old female with a left high shoulder and right high hip. Patient experiences pain in thoracolumbar area. Pain is experienced after exercise. What is the differential diagnosis?

a) DISH b) STILLS

c) Idiopathic Scoliosis

790. In a patient with anhidrosis and ptosis, which other finding may be present?

A 25 year old male, presents with low back and heel pain, joint pain and urethritis. What other additional finding might be seen?

bloody diarrhea

conjunctivitis

fatigue

A 32 year old woman experiences dyspnea 1 week after appendectomy;

pulmonary embolism

What is the best test for hip pathology?

Fabere-Patrick's

b. Gaenslen's

C. SLR

795. There are simple squamous epithelial cells in a urine sample. What does this indicate?

hematoma a.

contaminated sample

c. d. normal

796. ESR increases in:

osteoarthritis

D.I.S.H. b.

ankylosing spondylitis

angina pectoris

797. Due to the attachments of the obliquus capitis inferior, when the atlas rotates anterior, what happens?

the C2 spinous rotates away from the anterior side the C2 spinous rotates toward the anterior side

the C2 spinous doesn't move

the C2 spinous goes posterior and inferior

798. McBurnev's point positive in

a. acute appendicitis

McBurney's point is located?

right upper guadrant

right lower quadrant

left upper quadrant left lower quadrant

\*\*\*R\*\*\*

800. An increased intra-cranial pressure is associated with:

## a. papilledema

801. A patient presents with urethritis, arthritis, and myalgia. What other symptom is most likely to be presented?

nystagmus

b. scotoma

upper motor neuron lesion C.

conjunctivitis

A 65 year old male presents with urinary incontinence, urgency, hesitancy, polyuria, and incomplete bladder emptying. What procedure would help determine the diagnosis?

a. alkaline phosphatase levels

digital rectal/prostate exam b,

KŬB C.

24 hour urine collection

803. What does the patient have?



RA a.

b. gout OA

C. d. CPPD

804. What gives a (+) Murphy's punch test?

renal artery stenosis

aortic aneurysm

ureteral obstruction

cholecystitis

806. Identify the condition related to the line in the



basilar invagination

b. stenosis

A 65 year old male comes in your office with chronic lumbar/sacral pain, radiographs show his condition to be related to the L5/S1 segment. Which is the most likely diagnosis?



transitional segment

h acute disc syndrome

C. discogenic spondylosis

ankylosing spondylitis

Which of the structures would be affected by the finding on diagram A?



- biceps brachii
- b. flexor digitorum
- flexor carpi radialis
- triceps brachii \*\*\*B\*\*\*

Rebound testing is used to assess the integrity of which of the following?

- cerebellum
- b. basal ganglia spinal cord
- C. primary motor cortex

The brachioradialis reflex is associated with which disc level?

- C4-C5
- b. C5-C6
- C. C6-C7
- C7-T1 \*\*\*B\*\*\*

811. What nerve roots innervate the finger flexors?

- a. b. C6
- C. C7 d. C8
- \*\*\*D\*\*\*

812. What supplement is associated with the glucose tolerance factor and is part of sugar and fat metabolism?

- a. zinc
- vitamin C
- c. selenium
- chromium

813. The patient experiences relief of symptoms when they place their hand on top of head:

- hyperabduction syndrome
- thoracic outlet syndrome
- cervical radiculopathy
- carpal tunnel syndrome

814. Shock-like sensation during passive flexion of the cervical spine indicates which of the following:

- ankylosing spondylitis
- multiple sclerosis
- muscular dystrophy
  - Parkinson's disease

815. What nerve is associated with the finding in the diagram below?



- dorsal scapular
- long thoracic
- supra scapular
- axillarv \*\*\*B\*\*\*

- Herpes zoster affects which area?
- anterior horn
- posterior horn
- anterior nerve root C.
  - posterior nerve root

817. Patient has multiple punch-out lesions of skull What lab test best?

- acid phosphatase
- alkaline phosphatase
- immunoelectrophoresis
- d. **ESR**

818. Which is least likely to have an increased ADI?

- D.I.S.H
- psoriatic
- rheumatoid arthritis C.
- systemic lupus erythematosus

819. Penetration is

- a. MAS
- KVP \*\*\*B\*\*\*

820. A patient with pain from the gall bladder will experience the pain where?

- right upper quadrant
- right lower quadrant
- left upper guadrant
- left lower quadrant

Where do you find pain with appendicitis?

- right upper quadrant
- right lower quadrant
- left upper guadrant

left lower quadrant

822. A 30 year old male presents with neck stiffness. The radiographs show calcification of the anterior longitudinal ligament. What is the most likely diagnosis?

- ĀS
- b. DISH

diabetes mellitus

823. Which cell type would likely be elevated in a case of bronchial asthma?

- eosinophils a.
- monocytes
- basophils
- lymphocytes

reticulocytes

824. When would you see an increase in TSH?

- hyperthyroid
- hyper-parathyroid
- hypothyroidism

decreased pituitary function

Test of what cranial nerve would identify a vestibular problem?

- a. CN X
- **CN VIII** b.
- C. CN V
- d. CN XI

\*\*\*B\*\*

Which of the following is contraindicated for upper cervical adjustment?

- a. DISH
- RA b.
- SLE C.
- Degenerative arthritis

A patient presents with colicky pain in the right shoulder blade and right upper quadrant region after a fatty meal:

- a. hiatal hernia
- b. peritonitis
- C. cholecystitis
  - perforated gastric ulcer

What is the doctor in the diagram testing?



- anterior cruciate ligament
- posterior cruciate ligament
- medial collateral ligament C.
- lateral collateral ligament

Gaenslen's test is specific for which of the following?

- hip
- sacroiliac b.
- lumbo-sacral

disc protrusion

Right elevation of the thoracic spine indicates which of the following.



- Sprengel's deformity
- Gibbus formation
- C. structural scoliosis

831. What is Mannkopf's for? malingering

Identify the segmental innervation in the diagram below?



- C4-C5
- b. C5-C6
- C6-C7 d. C7-T1

Dermatome to the groin the femoral area is:

- a. b. 12
- C. L3 \*\*\***A**\*\*\*

C6/C7

C7/T1

\*\*\*B\*\*\*

834. Identify the associated spinal level:



- A deficiency in which supplement would impair bone growth?
- manganese
- magnesium
- calcium
- b. phosphorus

836. An elderly woman presents with shortness of breath, an unexplained 15 pound weight loss, and localized mid-back pain. There were no neurological findings. X-ray showed a mass in the T7 body. What should be your treatment plan?

- soft tissue manipulation and therapy
- spinal manipulation
- exercise program C.
- immediate referral to an MD

837. A patient presents with a swollen ankle that he injured six weeks earlier. The injury has appeared to have healed but when patient attempts to return to their normal exercise program, the ankle becomes painful and swollen. Initial radiographs and follow-up x-rays that were taken 2 weeks later were negative. What would be the best course of action?

- plaster cast and crutches
- gently mobilize all joints and adjust the talus
- tape the ankle and exercise for rehab
- CT to evaluate for occult fracture or soft tissue

838. Which of the following is a contraindicated exercise for a patient with osteoporosis?

- flexion a.
- b. extension rotation C.
- d lateral bending

839. What is the most appropriate segment to adjust in a patient with meralgia paresthetica?

- C6 а
- b. T7
- L2 C.
- d. L5

840. Mobilization is better than manipulation for which

- joint?
- acromio-clavicular joint b. glenohumeral joint
- scapulo-thoracic joint sternoclavicular joint

841. What line of drive would be used to correct the segment indicated in the diagram below?



- lateral to medial (side posture pull si ap)
- medial to lateral b. posterior to anterior

with torque

d.

842. Which of the following is not a static palpation finding?

- a. flexion malposition
- anterolisthesis
- interspinous gapping
- C. aberrant motion

843. For a thoracic adjustment with the patient lying supine, what is the likely position of the patient?

arms across the chest

one arm across the chest

arms down the side

844. What is the best contact for a patient with a T4 lateral fixation and a T5 extension fixation?

hypothenar: T3 hypothenar: T5 clenched fist: T3 C. clenched fist: T5

845. A 21-year old male presents with a swollen right knee. He is limping and favoring his right side. He stated he was playing Frisbee when his right foot got stuck in hole. He fell and noticed immediate swelling to the area. He experienced similar type of injury 6 months ago, at which time he heard a "pop". He had no insurance, so did not see doctor. This time, he self-treated with ice and rest and was able to resume regular activities in two weeks, though weak. His knee swelled up again today. What is the likely diagnosis?

ilio-tibial band syndrome

anterior cruciaté ligament sprain

proximal fibular fracture C.

lateral collateral ligament sprain

846. What test would be helpful to diagnose the patient's condition?

Thompson's

b. Homan's

Lachman's C.

d. Ober's

847. What other injury may be found?

fibula head fracture

medial meniscus tear

patella dislocation

quadriceps rupture

848. What imaging study would most be indicated at this time?

a. plain film

MRI b.

CT C.

arthrography

849. A man went bowling the night before. He woke up with intense pain at the medial aspect of his elbow. Examination reveals resisted flexion and pronation

increases the pain. What is the likely diagnosis? a. acute epicondylitis

b. tear of the medial ligament

C. avulsion fracture

fracture

850. What test would you perform?

reversed Cozen's

b. Mill's

C. Tinel's

Yergason's

851. What is the involved tissue?

osseous

b. muscular

cartilaginous \*\*\*C\*\*\*

ligamentous

852. A woman presents with shock like pain in her shoulder and arm. Valsalva and Spurling's test were positive. She also demonstrates restricted extension of the arm. She has pain indicated in the diagram below. What is the most likely diagnosis? We see a picture of a woman with the deltoid area marked in black, They tell us that the pain is there.

a. multiple sclerosis

disc lesion \*\*\*B\*\*\*

853. What other exam finding would you expect to see?

decreased biceps reflex decreased triceps reflex

(+) Lhermitte's

854. What would you use the wall test to evaluate? a. serratus anterior, long thoracic nerve

855. What nerve is involved?



suprascapular

subscapular

axillarv

long thoracic

856. Which orthopedic test would a positive finding indicate pectoralis Minor entrapment?

Adson's

Wriaht's b.

Eden's

Spurling's

857. (Drawing of a female, P/A view, with an arrow pointing to the right neck and shoulder area, and a darken area at the medial side of right forearm, and 4th and 5th fingers, labeled "paresthesia") A 28 year old female presents with a hyperflexion-hyperextension injury from one week ago. She complains of diffuse right neck stiffness, pain and paresthesia on right medial forearm. X-ray findings includes anterolisthesis of C4 on C5, and no gross fractures. What is the cause of her complaint?

cervical spine sprain/strain

C4 anterolisthesis b.

cervical disc

d. thoracic outlet syndrome

858. What nerve root is involved?

C5 a.

b. C6

C7

C.

d. C8 \*\*\*D\*\*\*

859. A 22 year old male was playing basketball and now complains of left knee pain. He feels a "bruise" behind the knee, on the medial side. The pain is aggravated with complete weight bearing and when crossing the leg while sitting down. What is the likely cause of the pain?

Baker's cyst

iliotibial band syndrome

lateral collateral ligament

lateral meniscus

860. An 18 year old rugby player presents with right shoulder pain which was due to an impact injury to his shoulder. What is the most probable cause of the pain?

shoulder impingement syndrome

adhesive capsulitis

C. AC joint separation

deltoid bursitis

861. A college football player (he is a lineman) comes in to your office complaining of a persistent, painless, enlarging mass on the extensor side of the elbow. He tells you he has had no recent traumatic event other than football practice. What is your initial diagnosis?

ruptured triceps tendon

olecranon bursitis b.

C. olecranon bone spur

dislocation of the radial head

862. Which carpal bone is associated with DeQuervain's disease?

lunate a.

b. hamate

C. scaphoid

triquetrum

863. The following picture is test, and is used for



Adam's; anatomical scoliosis

Adam's: functional scoliosis

864. At what age is this condition most often detected?



0-3

b. 3-5

5-10 C. d.

10+ \*\*\*D\*\*\*

865. A football player presents having suffered a "stinger". This would be due to?

nerve stretch

I.V.F. encroachment

C. contusion

compression

866. In a patient with a disc protrusion, which posture would aggravate the symptoms most?

patient prone

supine knees flexed

flexion C.

extension

867. Based on the area of pain in the diagram, you would expect muscle weakness of which of the



wrist flexors a.

b. finger flexors

wrist extensors C.

finger extensors

868. (description of injury to supraspinatus.) What would be your initial management of the patient?

active exercise

passive exercise

869. An increase in total bilirubin and indirect bilirubin suggests?

a.

b. obstructive

cirrhosis

d. hemolytic \*\*\*D\*\*\*

870. Laboratory findings reveal proteins and pus in the urine. This would suggest the problem is in which area?

glomerulus

tubule b.

C. bladder

871. What would you recommend in a patient with a history of renal calculi?

a. stop taking Vitamin C

872. What blood change would most likely be seen in a patient with renal calculi?

hypocalcemia b. hypercalcemia

hypokalemia hyperkalemia

873. Which lymph nodes cannot be palpated in the

axillary fossa?

a. subscapular b. pectoral

d.

C. **i**ateral

epitrochlear d.

874. A 15 year old male presents with a history of surgery for Wilm's tumor. The staples are due to the surgery. What complication is shown in the x-ray? (x-ray of the lower thoracics and lumbars. you could see surgical staples. a pedicle was missing in one of the

lower thoracics.) a. metastasis

DJD

juvenile arthritis

C. Scheuermann's

875. A 15 year old male presents with fever, and a painful, red swollen knee. History reveals no trauma, and a strep throat 3 weeks prior. What is your preliminary diagnosis?

rheumatoid arthritis

b. rheumatic fever

C.

d.

gout psoriasis

\*\*B\*\*\*

876. What is the next step in physical exam?

- inspect the throat
- percuss the heart
- C. auscultate the heart
- internal eye exam

877. What lab test will be most significant? (there was no ASO as choice)

- a. increased ESR
- rheumatoid factor

878. If no other problems other than the neck and knee pain were present, what is most likely prognosis?

- his knee is going to get worse for the next 2 to 4
- his knee should get better in the next month
- will develop splenomegaly in 1 month
- will resolve completely in 1 month b.

879. A child with rheumatic fever should get checked

- pulmonary stenosis a.
- aortic regurgitation
- problem with the subclavian artery C.
- mitral regurgitation

880. Which of the following hernias exits below the inquinal ligament and never enters the scrotum?

- inguinal
- indirect b.
- C. femoral d. direct
- \*\*\*C\*\*\*

881. Which of the following is NOT an abnormal variant around the mouth?

- Koplik spots
- b. Fordyce spots
- torus palatinus
- geographic tongue

882. Bilateral exophthalmos is seen in



- hypothyroidism
- b. Grave's
- C. Addison's
- Cushing's

883. With the diaphragm of the stethoscope, the mitral valve best heard?

- second intercostal space on the right parasternally
- second intercostal space on the left parasternally fifth intercostal space on the left parasternally
- fifth intercostal space on the left, midclavicular

884. In a person is suspected to have rheumatoid arthritis, you should send them out for a blood test to check:

- a. ANA
- b. **ESR**
- C. \*\*\*B\*\*\*

885. On palpation of the abdomen what is the average size of the abdominal aorta?

- 2 cm
- 4 cm
- 5 cm
- d. 6 cm \*\*\*A\*\*\*

886. What other symptoms would you expect in a 24 year old female who presents with supra-pubic pain, pyuria, and dysuria?

- a. urgency
- fever and chills
- hematuria
- vaginal discharge

887. Which of the following may result in a false abnormally low blood pressure reading?

- loose cuff
- cuff is too narrow (thin)
- brachial artery is below the heart
- did not listen for the first sound of an auscultatory

888. A 58 year old female presents with scaly lesions in scalp and in extensor surface of forearm. She has pitting of the nails. Orthopedic and neurological tests are negative. She complains of stiff fingers, and low back pain. X-ray findings reveal fused SI joints unilaterally. Based on this information, to whom would you refer?

- rheumatologist
- endocrinologist
- neurosurgeon
- vascular surgeon

889. What lab test will be most diagnostic?

- ESR
- b. ASO titer
- HLA-B27 C. \*\*\*C\*\*\*

890. Which exam procedure should you perform next?

- MRI a.
- flexion/extension cervical spine x-ray

891. What physiotherapy modality would be most appropriate (provide the most relief)?

- finger manipulation
- b. underwater US
- C. moist heat
- strengthen joints

892. A headache that refers pain to the cheek bones is most suggestive of?

- tension
- cluster
- C. migraine
- sinus

893. What would you expect to find in a patient with Raynaud's disease?

- normal pulse
- abnormal heart auscultation
- hypertension
- hypotension \*\*\***A**\*\*\*

894. A patient presents with acute dry cough and extreme shortness of breath would likely suggest:

- pulmonary TB
- pulmonary embolism
- bronchiectasis
- pulmonary tumor

895. A 60 year old male presents with stiffness of the neck. He is a returning patient who has had good results. He wakes up with trouble breathing, so he sleeps in a recliner. Which system would NOT be relevant to his

- cardiovascular a.
- b. respiratory
- gastro-intestinal C.
- aenito-urinary

896. While performing an examination on a 12 year old, you hear a friction rub on the anterior chest. How do you differentiate pericardial effusion (pleuritis) from pleural friction rub?

- hold breath
- left lateral recumbent position
- auscultate on the posterior
- have the patient lean forward

897. Inspection reveals the patient's chest is shaped like the keel of a ship. This is known as:

- barrel chest
- pectus carinatum
- pectus excavatum C.
- d. flail chest

\*\*\*B\*\*\*

898. Internal eye exam reveals an increased cup to disk ratio. This suggests:

- increase intracranial
- b. increase intraocular
- decrease intracranial C.
- decrease intraocular

899. The patient states that he has a sedentary lifestyle, he has been gaining weight, and was anxious for unknown reasons, which he referred to as a psychosis. To whom would referral NOT be indicated refer?

- a. neurologist
- psychologist
- exercise physiologist
- endocrinologist

900. A patient has right upper quadrant pain with a positive Murphy's sign. Which of the following would you request as a follow-up?

- plain radiographs а
- ultrasound
- MRI C.

\*\*\*B\*\*\*

901. A guy presents with unilateral chest pain worse with deep respiration lack of motion at the costotransverse joint. What should be your next step?

- a. EKG
- rib adjustment
- chest radiographs

902. Which of these is not a complication of systemic lupus erythematosus?

- osteonecrosis
- compression fracture
- osteopetrosis
  \*\*\*C\*\*\*

903. They show an ap x-ray of the hand with erosion of the distal phalanges.) Which of the following conditions is suggested by the radiographs below?

- a. rheumatoid arthritis
- psoriatic arthritis
- C. erosive arthritis
  - degenerative arthritis

904. What condition is indicated by these two (x-ray, Yochum page 1298 picture B and C) The X-rays were: one of a normal healthy knee and the other of a seemingly normal ankle with distal tib/fib.

- hemophilia arthritis
- b.
- Pellegrini-Stieda avulsion fracture
- d. osteochondritis dessicans

905. What is the trade-mark sign for Paget's disease on

a. ivory white vertebra

906. Which one of these is NOT a common cause of a single white vertebra

- Paget's
- b. hyperparathyroidism
- osteoblastic metastatic carcinoma'
- Hodgkins lymphoma

907. A 20 year old man presents with a non expansile single ivory white vertebra with anterior vertebral body

- scalloping
- Paget's a.
- b. Hodgkins' lymphoma osteoblastic metastatic carcinoma

908. This area is a common site for which of the following conditions?



- compression fracture b. knife clasp syndrome
- C. DJD
- d. spondylolisthesis disc herniation

909. xray of a hip with advanced multiple myeloma

910. A person dives into a swimming pool and hits his

- head on the bottom this can cause a
- Jefferson fracture hangman's fracture

911. Which fracture does this represent?



- Jefferson's
- b. clay shoveler's
- hangman's Barton's
- \*\*\*C\*\*\*

912. A person with ankylosing spondylitis will have

- pectus carinatum
- pectus excavatum
- C. barrel chest
- decrease chest expansion

913. (2 x-rays, one of lateral c/s, and one of APOM, the lateral C/S shows fracture of posterior arch of C1, and APOM with fracture of odontoid (at the base) Which fracture is shown in the x-ray?

- a. Jefferson
- clay shoveler's fracture
- C. os odontoideum
- posterior arch of C1 and odontoid fracture

914. What study is best to confirm a pars defect?

- bone SPEC
- b. MRI
- C. US
- d. CT \*\*\*D\*\*\*

915. What is the best study for the spinal cord?

- b. MRI \*\*\*B\*\*\*

916. A female fell with outstretched arm and complains of hand pain, indicated in the picture. Most probable diagnosis?



- scaphoid fracture
- b. lunate
- triquetrum C.

917. What would you find with ankylosing spondylitis and not with osteoarthritis?

- joint pain
- b. stiffness
- C. hand pain
- d. iritis

918. A young boy with decrease chest expansion. More stuff related to AS...What is characteristic on x-ray first? obliteration of SI joint

919. What is the best diagnosis?



- enchondroma
- b. bone infarct
- C. osteosarcoma
- osteochondroma

920. Which of the following is contraindicated in the conventional management of Pellegrini-Stieda?

- pulsed ultrasound
- b. cryotherapy
- interferential C.
- aggressive massage

921. With a patient with heel spur, what modality would vou use?

- ultrasound
- interferential diathermy
- galvanic
- \*\*A

922. Why is phonophoresis more advantageous than iontophoresis?

- more choices of reagent
- administrator does not have to be there
- deeper penetration
- less bone burning

923. What modality is used for the visualization of fungus of the scalp?

- ultrasound
- SW diathermy b.
- ultraviolet C.
- interferential

924. What supplement would be indicated in carpal

- tunnel syndrome? pyridoxine
- folic acid
- cyano-cobalamin C.
- betacarotene

925. Vitamin B6 is also known as:

pyridoxine

926.

927. What B-vitamin is associated with anemia?

- B-12
- b. thiamin
- riboflavin

928. Which of the following is not a recommended diet in a patient with celiac disease?

- increase sodium intake
- restrict wheat intake
- green vegetables
  \*\*\*A\*\*\*

929. (drawing of a kid sitting at the edge of table, the right knee around the tibia tuberosity is swollen) What question should you ask to the patient to help with the diagnosis?

a. Does your brother or sister have the same condition?

- Any family history of the condition
- Does the pain increase with rest?
- Does activity increase the pain?

930. When taking a case history, which of the following is not an open-ended question?

- Describe your condition.
- Tell me about your symptoms.
- C. Go on!
- Is the pain severe at night?

931. Which of the following is associated with anterior horn

- syringomyelia a.
- multiple sclerosis
- tabes dorsalis
- poliomyelitis

932. If a patient presents with a diminished reflex (+1) bilaterally, what would you do to help elicit the reflex?

- stroke the tendon gently
- tell patient to isometrically contract the testing muscle
- C. tell patient to isometrically contract the opposite leg
- tap and hold with the reflex hammer d.
- a slow glancing bow (progressive)

933. Paralysis of the orbicularis oculi muscle may result from injury to which nerve?

- oculomotor
- b. trigeminal
- facial
- trochlear

934. The patient complains of pain burning and prickling pain in the area indicated by the diagram. This would be known as:



- hyperesthesia
- b. paresthesia
- anesthesia
- hemiesthesia

\*\*\*\*\*\*

102. Ultrasound would be most effective in treatment of:

- a. erysipelas
- b. herpes zoster
- salpingitis
- d. athletes foot osteoporosis

103. The most commonly injured tissue in knee injury;

- a. medial collateral
- lateral collateral
- anterior cruciate
- joint capsule

104. Finklestein's test is associated with;

- a. Dupuytren's contracture
- Volkmann's ischemia
- carpal tunnel syndrome
- DeQuervain's disease

105. To test for arterial occlusion of the wrist the following test would be performed;

- a. Allen's
- Phalen's b.
- Eden's C.
- d. Wright's

106. Yeargason's test is used to check;

- a. rotator cuff
- b. lateral epicondylitis
- c. sub-acromial bursitis

bicipital tendinitis

107. Decreased chest expansion is an early sign of;

- a. osteoarthritis
- Ollier's disease b.
- c. ankylosing spondylitis

menopausal osteoporosis

108. The most common clinical feature of vertebrobasilar arterial insufficiency is:

- a. headache
- b. vertigo
- c. hemiparesis

visual disturbances

109. The exercise for the shoulder that requires the patient to bend over at the waist, allowing the arm to hand like a pendulum at 90° to the floor. A weight is placed in the hand and the arm is moved through various arcs to increase ranges of motion;

- a. Codman's exercises
- b. DeLorme exercises
- c. deltoid exercises
- d. rotator cuff resistive exercises

110. The type of headache most commonly found in cases of increased intracranial pressure of a brain tumor;

- a. morning headache
- b. evening headache c. morning-evening headache
- afternoon headache

111. The etiology of a "frozen shoulder" is considered to be;

- a. trauma b. infection
- excessive muscular activity
- lack of muscular activity

112. Tension headaches occur as a result of

- a. discogenic disease
- sustained muscle contraction sensory nerve root pressure
- motor nerve root pressure

113. The type vertigo most frequently seen in elderly

- patients is:
- a. drug intoxication
- b. postural
- blood sugar alteration traumatic

114. The most common level of cervical dislocation

- occur at:
- a. C3-4 b. C4-5
- C. C5-6 C6-7 d.

115. DeQuervain's stenosing tenosynovitis most

- commonly affects;
- a. adductor pollicis longus b. abductor pollicis longus

extensor hallucis longus

d. biceps femoris \*\*\*b\*\*\*

- 116. The most common type of knee dislocation is;
- a. anterior
- b. posterior
- c. lateral
- medial
- 117. A rare, non-hereditary condition characterized by attacks of painful swelling of the costo-cartilage, and is an important as a differential diagnosis of angina and intrathoracic malignancy;
- transient synovitis
- Tietze's syndrome
- 118. Which mineral is important in the regulation of parathyroid hormone secretion;
- a. copper
- b. magnesium
- c. manganese
- d. zinc
- 119. Which vitamin is considered to be a possible antistroke agent;
- a. B1
- b. B2
- c. B12
- d. C
- 120. An 84 year old male presents with muscle rigidity, tremors, flexed posture, and an expressionless face is likely to have:
- a. multiple sclerosis
- b. Parkinson's
- Paget's
- d. ankylosing spondylitis
- 121. A patient presents with anemia characterized by normal reticulocyte count, low hematocrit but MCV and MCH are normal;
- a. Crohn's disease
- b. hemolytic anemia
- iron deficiency disease
- d. vitamin B12/folate anemia
- 122. A patient presents with anemia characterized by a low reticulocyte count, low hematocrit but MCV and MCH are normal;
- a. Crohn's disease
- b. hemolytic anemia
- iron deficiency disease
- vitamin b12/folate anemia
- 123. A jerky yielding then a holding up of muscle tone on passive range of motion suggests which type of hypertonia?
- a. spasticity
- lead pipe rigidity
- cogwheel rigidity
- knife-clasp rigidity
- 124. Hyperthyroidism is associated with which exam finding?
- a. slumped posture
- b. hoarse voice
- coarse hair fast speech
- \*\*\*d\*\*\*

- 125. A patient complains of painful and urgent urination of several days duration. Urinalysis reveals numerous casts and a moderate number of RBC's and WBC's. The most likely area for palpable point tenderness would be;
- manubriosternal joint
- sacroiliac articulation
- g. costovertebral joint
- greater sciatic notch h.
- superior iliac crest
- 126. Which of the following is thought to be a peripheral nervous system equivalent of post-infectious encephalomyelitis;
- a. Guillain-Barre syndrome
- poliomyelitis
- tardive dvskinesia
- syringomyelia
- Reye's syndrome
- 127. Which of the following is inappropriate in the case management of a patient with spondylolisthesis?
- a. orthotic support
- b. weight reduction
- c. abdominal strengthening
- bilateral heel lifts
- 128. A patient is placed in side posture, with the right side down. The doctor contacts the left mamillary process and applies the thrust with counterclockwise torque. Which of the following misalignments would this adjustment be indicated?
- a. left body rotation, left lateral flexion
- right body rotation, right lateral flexion
- left body rotation, right lateral flexion
- right body rotation, left lateral flexion
- 129. A 26 year old construction worker presents with low back pain which is central and does not radiate. He has had this condition since age 17, but it has increased in severity over the past year. There are no neurological abnormalities, but there is decreased thoracolumbar ranges of motion with decreased chest expansion. Which laboratory procedure is least useful in confirming your initial impression?
- a. ANA
- alkaline phosphatase
- c. HLA-B27
- C-reactive protein
- erythrocyte sedimentation rate
- 130. When correcting a side bending fixation of the cervical spine with the patient lying supine, the doctor's position is normally;
- a. at the head of the table favoring the side of fixation
- b. on the side of fixation facing headward
- c. at the foot of the table favoring the side of fixation
- on the side opposite the fixation facing headward
- 131. The prognosis for a nine year old male with transient synovitis of the hip;
- a. poor; it recurs chronically
- good; residuals are not frequent
- guarded because of chronic septicemia
- fair; residuals are likely
- excellent; it is self-limiting
  - \*\*\*e\*\*\*

- 132. During lateral bending, the intervertebral disc bulges;
- a. posteriorly
- b. circumferentially
- on the convex side of the curve
- d. on the concave side of the curve
- 133. Which of the following types of exercise is indicated for a frozen shoulder;
- a. active
- b. passive
- postural
- pressive resistance
- 134. A 22 year old collegiate swimmer complains of vague shoulder discomfort and weakness. Examination reveals winging of the scapula on the affected side. Which supportive technique would be most useful in preventing further muscle atrophy?
- a. contrast baths in a Hubbard tank
- b. heel lift on the affected side
- c. electrical stimulation
- ice and compression of the thorax with a rib belt
- A 26 year old patient presents with symptoms resembling a lumbar disc protrusion. There is an antalgic posture and a positive Laseque's on the affected side. Lower extremity reflexes are +2 and symmetrical, with no apparent muscle weakness. What is the indicated case management?
- a. referral to a neurosurgeon
- b. chiropractic adjustments with re-evaluation in two weeks
- referral to a physical therapist
- chiropractic adjustments with re-evaluation in six
- 136. A high school foot ballplayer hyper-extended his knee during a game. When strapping the knee to prevent recurrence of the injury, the leg should be
- positioned with the knee; a. slightly flexed
- b. externally rotated
- fully flexed
- internally rotated
- 137. Physical examination of a 29 year old female hairdresser with right hand numbness of one month duration reveals a moderate carpal tunnel syndrome. Which of the following adjunctive techniques is contraindicated in the conservative treatment of this patient?
- a. immobilization with an elastic wrist band
- supplementation of vitamin B complex with emphasis
- pulsed short-wave diathermy to the wrist
- underwater ultrasound to the wrist \*\*\*a\*\*\*

138. Which of the following pelvic subluxations is represented in the following diagram?



- a. posterior-inferior rotation of the sacrum on the right
- inferior innominate with medial movement of the PSIS on the right
- anterior-inferior rotation of the sacrum on the left
- superior innominate with medial rotation of the PSIS on the left
- 139. A patient presents with recurrent attacks of deafness, tinnitus, vertigo, nausea, vomiting, and nystagmus. He most likely has;
- a. otitis media
- b. Meniere's
- inflammation of the eustachian tube
- perceptive deafness
- 140. The area of the spine that would be adjusted in a case of asthma:
- a. T1
- b. T2
- c. T3
- d. T4
- 141. Cervical traction is not indicated in:
- a. whiplash
- b. cervical disc injuries
- c. heart disease d. migraine headaches e. arthritic conditions
- 142. Which of the following signs would be most
- indicative of bacterial endocarditis;
- A. petechiae B. iaundice
- C. clubbing of the fingers D. cherry red skin
- 143. Which of the following is the least significant finding in a case of low back ache;
- A. leg weakness
- B. constipation and diarrhea
- C. diabetes
- D. bladder dysfunction E. heart disease
- 144. Which of the following signs are most suggestive of a bronchogenic carcinoma;
- A. teleangiectasis of the skin and mucosa
- B. clubbing of the fingers C. heart murmurs
- D. friction rubs
- 145. Which of the following is a significant finding of bronchial asthma;
- A. glucosuria
- B. proteinuria
- C. eosinophilia
- D. basophilia

146. A radiographic opacity in the parenchyma of the 155. Which of the following is not a sign of congestive lung is best termed; heart failure: A. bleb A. orthopnea B. infiltrate B. dyspnea C. cavity C. bradycardia dysphoria D. bullae D. E. fibrosis nocturia 147. A subluxation of which carpal bone is suggested 156. Which would not be a recommended treatment in to be involved in carpal tunnel syndrome; a patient with congestive heart failure; A. scaphoid A. increase potassium intake B. lunate B. increased diuretics C. triquetrum decreased sodium intake D. hamate D. increased sodium intake E. pisiform 157. Which of the following arteries would be involved 148. Which of the following is a classic sign of mitral with scalenus anticus syndrome; regurgitation; A. subclavian A. diastolic click B. axillary B. gallop murmur C. brachial S-4 sound D. femoral D. systolic murmur E. splitting of the S-2 The radiographic manifestations of ankylosing 149. Which of the following imaging methods would be spondylitis initially begins in; most useful in identifying a typical lumbar canal stenosis; cervico-thoracic area A. flexion extension view B. thoraco-lumbar B. CT scan C. lumbar D. sacroiliac joints ultrasound diagnostic imaging D. lumbar obliques 159. In the case of near sightedness, which diopters 150. A 13 year old boy presents with pain in the would be used to visualize the retina of the eye; proximal tibia, approximately 1" distal to the patella. The A. positive most likely cause is; negative A. Osgood-Schlatter's C. zero B. Scheuremann's C. Legg-Calves-Perthes D. Keinboch's 160. Massage as a method of treatment would not be indicated in which of the following: A. post traumatic fracture 151. A 28 year old female presents with painful mass phlebitis of the breast. The mass becomes larger and more C. hypotension painful during the first week of menstruation the probable D. hypothyroidism diagnosis would be; A. mastitis B. mammary duct dysectasia 161. The "rugger jersey" appearance is most classically associated with which of the following: C. fibrocystic disease A. hypoparathyroidism D. adenoma hypothyroidism Paget's 152. Which of the following is the most common D. sickle cell anemia E. hyperparathyroidism feature of bacterial pneumonia; A. fever B. bradycardia Funduscopic examination of the retina of the eye hypotension D. hypothyroidism reveals; waxy exudates, microaneur-ysms of the eye. What would be the most important question to ask on the case history; A. occupational history 153. A patient walks in an effort to get away from pain will manifest what type of gait; B. social history A. steppage C. familial history B. spastic D. present illness antalgic \*\*\*C\*\*\* D. slappage 163. A young adult male presents with chest pain of sudden onset which is localized to a specific area of the 154. Normal breath sounds heard at the periphery of chest. What would be a probable diagnosis in this case; the lungs will typically be; A. pneumothorax A. louder and longer on inspiration pneumonia pulmonary embolism B. louder and longer on expiration inspiration equal to expiration mvocardial infarct

> infection of the lungs \*\*\*a\*\*\*

D. heard on inspiration only

C. D.

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164. In the recommended course of care of this patient
                                                           172. A doctor notices a patient having difficulty in
the next procedure would be:
                                                           breathing and there is distention of the jugular vein,
A. taking a chest x-ray
                                                           along with activity of the SCM, scalene muscles, and
B. analysis of blood gases
                                                           abdominal muscles during breathing. Breath rate is
                                                           about 8 per minute what is the most likely diagnosis;
   spirometer
   blood culture
                                                           A. pulmonary edema
                                                           B. pneumothorax
                                                              pulmonary embolism
                                                           Ď.
165. A 27 year old female with lymphadenopathy and
                                                               pulmonary emphysema
swelling, with of involvement of spleen, and liver,
lymphatics. The signs are suggestive of;
                                                            173. In a patient with adhesive capsulitis, what would
A. acute cervical lymphadenitis
   Hodgkin's disease
                                                           be the cause of the restricted range of motion;
   Gaucher's disease
                                                           A. muscle spasm
D. infectious mononucleosis
                                                           B. articular adhesions
                                                           C. tissue contracture
                                                           D. degenerative arthritis
166. 14 year old girl headaches that show up in the
autumn, sometimes three times a day and lasting no
more than an hour and a half;
                                                            174. A patient presents with pain, and swelling in the
                                                           metacarpal-phalangeal joint of the great toe, and calcific
A. cluster headache
B. tension headache
                                                           deposits in the elbow. History reveals the patient was an
                                                           alcoholic. Which of the following dietary
   migraine
                                                           recommendation should be made;
D. temporal arteritis
                                                           A. low protein diet
                                                           B. high protein diet
167. A female patient presents with headaches that
                                                           C. high carbohydrate diet
start at the occipital lobes and radiates towards the
                                                           D. low fat diet
anterior portion of the skull. It has a characteristic vise-
like appearance to them. What would be the initial
diagnosis;
                                                            175. Which of the following is the least likely involved
A. common migraine headache
                                                           ligament of the knee:
B. muscle tension headache
                                                           A. anterior cruciate
C. temporal arteritis
                                                           B. posterior cruciate
D. histamine headache
                                                           C.
                                                              medial collateral
       ***b***
                                                           D. lateral collateral
168. She also notes there are visual disturbances, and
the episodes are somewhat incapacitating. Based upon
                                                            176. A male presents with pain in the knees that is
the follow-up symptoms, which is the most likely type of
                                                           manifested when riding in an automobile, or sitting in a
headache that she presents;
                                                           movie theater:
                                                           A. Osgood-Schlatters
A. common migraine headache
B. muscle tension headache
                                                           B. rheumatoid arthritis
   temporal arteritis
                                                              pes anserine bursae
D. histamine headache
                                                           D. chondromalacia patella
                                                            177. A woman presents difficulty with carrying a heavy
169. Sternoclavicular dislocations most commonly
presents which of the following displacements;
                                                           purse. Her arm hangs limp and there is heaviness of the
                                                           arm. Which question in the case history would be
A. superior ;medial
B. inferior; medial
                                                           relevant in this case;
                                                           A. is there a history of diabetes?
C. superior ;lateral
D. inferior :lateral
                                                           B. was there a previous fracture
     A patient presents with inflammation of the
supraclavicular nodes. What is most likely to be the
                                                            178. In a fracture of the clavicle of a duration of 5
primary area for this condition:
                                                           weeks, which of the following would be the most
                                                           probable sign of healing;

 A. upper abdomen

B. breasts
                                                           A. callous formation
C. nasopharynx
                                                           B. fuzziness of the fracture line
                                                           C. remodeling of bone
D. oropharynx
D. left arm
                                                           D. hematoma
                                                           179. Tenderness at the level of T-12, with pain along
171. Which of the following modalities does not involve
a chemical effect:
                                                            the iliac crest which of the following areas of possible
A. UV light
                                                           involvement:
B. ultrasound
                                                           A. liver
                                                           B. gall bladder
C. diathermy
D. galvanic
                                                           C. stomach
                                                           D. appendix
                                                           E. kidney
```

180. The long term deformity that occurs in Scheuermann's disease would result from:

A. separation from the disc

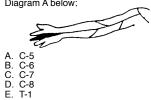
B. the epiphysis is the growth center of the vertebra

C. the vertebral endplates serve as the separation between the disc nucleus pulposus and cancellous

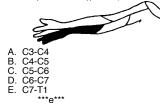
D. fusion of the ring with the body

\*\*\*d\*\*\*

Identify the innervation to the area indicated in Diagram A below:



182. What spinal segments would be involved with the sensory area in diagram B;



The doctor in Diagram C is testing which muscle:



A. latissimus dorsi

B. posterior deltoid

pectoralis major

pectoralis minor

Identify the condition demonstrated in Diagram D;



A. osteoarthritis

Volkmann's contracture

Dupuytren's contracture

rheumatoid arthritis

185. Identify the clinical condition in Diagram E:

A. tropism

B. spinal stenosis

spina bifida S1

Ď.

disc degeneration

knife clasp

186. The patient in Diagram F most likely presents what is the most common dislocation:

A. acromioclavicular dislocation

alenohumeral anterior-inferior dislocation

supraspinous tendinitis

A patient presents with pain in the 5th intercostal space and red spots in the same area. Which of the following physiotherapy courses would be recommended;

A. high intensity, one time a day for five days B. low intensity, five times daily for seven days

In a case of cirrhosis of the liver where there is distention of the veins and abdominal ascites, would accompany this clinical picture:

A. internal hemorrhoids

B. hepatic scratch test

189. A soccer player who injured his ankle presents with swelling. Which is the next logical step in terms of safety management;

A. x-ray the ankle

46 year old carpenter who recently suffered a fall A. traumatic compression fracture to the anterior body of

191. Which of the following views would best identify a Pancoast tumor;

A. a-p cervical

B. apical lordotic

a-p thoracic

swimmer's

192. Which view is not taken to visualize the nasal sinuses;

A. Water's

Caldwell's

C. lateral

submentovertical

Towne's 4

193. Which of the following is not a clinical sign of multiple sclerosis;

A. scanning speech

intention tremor

chorea

optic muscle atrophy

194. In a case of a 65 year old male with weakened abdominal muscles, which of the following recommendations would be used if you wanted to strengthen the abdominal muscles without strengthening psoas muscle;

A. straight leg sit up

B. bent knee sit up

C. straight leg raisers

D. supine elbow knee sit-ups

195. A 14 year old girl demonstrates a scoliosis that disappears or decreases with Adams test and when she sits down what is the most likely cause;

A. unequal leg length

B. hemivertebra

idiopathic scoliosis '\*\*\*a\*\*\*

A patient presents with sciatic neuralgia, pain in the gluteal region. When the patient walks he presents with an inverted toe-in appearance of the foot. Which of the following is the most likely cause:

A. sartorius strain

psoas strain

C. piriformis disorder

A patient presents with symptomatology you are treating the patient for TMJ problem. The patient improves, but the adjustment does not hold. Which is the most logical step:

A. refer to an orthopedist

B. refer to a dentist who specialized in TMJ problems

C. refer to a neurologist

D. continue treatment

197. Hemangioma presents which of the following classic radiographic findings;

A. fish vertebra

B. expansion

C. cortical thickening

D. vertical striations \*\*\*d\*\*\*

Which of the following conditions or signs is not a type of secondary osteoporosis;

A. increased corticosteroids

B. increased T4

C. osteomalacia

D. Bence-Jones proteinuria

elevated HCG

In a urine dip stick test which of the following would not be able to be identified;

glucose

B. Bence-Jones proteinuria

C. protein D.

bilirubin

200. The first muscle atrophy in a case of knee injury; A. vastus medialis

vastus intermedius

vastus lateralis

D. rectus femoris

201. A patient presents with all kinds of hip problems, all sciatic tests are negative, no lumbar problem, and symptoms increases with activity. What is the most likely cause:

A. L4 disc herniation

B. rectus femoris strain

C. femoral ischemia

202. A 65 year old leg pain that increases when walking, diminishes with rest for a while, then increasing

A. vascular insufficiency

B. spinal stenosis

disc protrusion

203. T1 vertebra body has rotated to the right, spinous to the left, what would be the proper contact point for the patient when using a modified pisiform contact when contacting the right transverse. What would the patient

A. patient is prone and contact is the left pisiform

patient is prone and contact is the right pisiform

204. A patient presents pain in the shoulder and back along the lower portion of the cervical spine and the medial border of the scapula, history from rowing over the weekend which of the following is the most likely area;

A. levator C4

B. rhomboids C5

C. scalenes C3

D. SCM C1

What is the contact point for a straight lateral axis;

A. lamina

B. vertebral body

C. anterior arch

D. posterior arch \*\*\*a\*\*\*

206. Axis on an electrocardiogram would indicate which of the following;

A. right and left ventricular hypertrophy

B. ventricular fibrillation

cardiac infarct

D. angina pectoris

The sacral base on the right has gone anterior what is the most logical place to contact with the patient in the prone position;

A. right sacral base

left sacral base

C. left sacral apex

D. left ischium

208. With extension of atlas between atlas and occiput, what would you find;

A. the mastoid approximates the ramus of the mandible

B. the mastoid approximates the transverse process

C. the transverse approximates the mastoid

the transverse approximates the mandible

209. A young girl presents with a short leg. From the ASIS down to the malleolus the measurements are identical, however which of the following is going to be the cause:

A. congenital short femur

B. pelvis obliquity

C. hip dislocation

210. Which would be a sequel to a case of chronic tensor fascia lata contracture;

A. trochanteric bursitis

B. meralgia paresthetica

211. 30 year old male is playing basketball for about 60 minutes and was resting when a ball was thrown towards him. He turned rapidly and felt a snapping noise in his leg. The pain manifests itself deep in the calf. Which of the following is likely to be the involved area;

A. tibialis posterior

popliteus plantaris

Achilles tendon D. tibialis anterior

212. A patient presents with pain and lateralization of Weber's test towards the right. Rinne's test demonstrates increased bone conduction as compared to air conduction. Which of the following would be true; A. auditory neuroma B. tympanosclerosis C. Meniere's syndrome 213. Which of the following would not be a pertinent consideration in this case A. TMJ dysfunction B. parotid gland problem C. pressure on the tragus D. malposition of the teeth 214. Inspection of the ear will demonstrates shortening of the malleus, no evidence of fluid level, the cone of light is prominent an distorted, and the tympanic membrane has a gray lusterless appearance; A. serous otitis media B. purulent otitis media bullous myringitis D. Eustachian blockage 215. A middle aged male presents with history of chronic constipation, rebound tenderness, and proctoscopic examination was negative; A. Crohn's B. diverticulitis C. irritable bowel syndrome D. ulcerative colitis 216. A 13 year old girl with a history of consti- pation presents with diarrhea, stringy and stool studies are negative, sigmoidoscopy is negative; A. Crohn's B. diverticulitis C. irritable bowel syndrome D. ulcerative colitis 217. A patient presents with swollen testicles. There is a mass in the spermatic cord, and in the testicles. Which of the following procedures would be the next logical A. transillumination of the testicle B. palpation of the inquinal canal 218. Which mineral is responsible for enhancing of the immune system; A. cobalt B. magnesium C. calcium D. potassium

219. In a case of preventing renal calculi what mineral

would be best;

B. potassium

D. phosphorus

E. magnesium

A. sodium

C. calcium

A. cobalt B. magnesium C. calcium D. potassium E. zinc 221. Which line would be used in a case of diagnosing a case of platybasia; Kohler's B. Boehler's McNabb's D. Chamberlain's Which of the following lines are used to identify a femur-acetabular misalignment or dislocation; A. Skinner's B. femoral angle C. Shenton's coxo-femoral line 223. Which line or measurement would be used to measure lumbar canal stenosis; A McNabb's B. Eisenstein's method C. George's D. Hadley's 224. The nerve root that innervates the extensor hallicus longus, the extensor digitorum longus exits the spinal canal at the level of; A. L3-4 B. L4-5 C. L5-S1 D. S1-2 225. Which is an important lab test in a patient with rheumatic fever; A. rheumatoid factor B. ASO-titre C. HLA-B-27 Which of the following peripheral arteries should not be compressed bilaterally; A. subclavian carotid arteries brachial D femoral 227. Stool contains fat particles A. pancreatic insufficiency 228. A patient with a third degree scoliosis. What would be recommended; A. observation B. exercise C. bracing if the scoliosis is progressive D. surgery 229. A previously normotensive 26 year old patient presents with headaches and a blood pressure of 170/110. These symptoms would indicate? a. barbiturate poisoning b. bleeding ulcer subarachnoid hemorrhage d. hyperventilation

220. Which element is important in sexual maturation; C. d. e. C.

230. A 30 year old female presents with fever and recurrent polyarthritis. Which of the following is the least likely cause of her condition? a. svstemic lupus ervthematosus b. rheumatoid arthritis pleurisy pericarditis cervical discopathy 231. Which of the following shapes of the lumbar neural canal predisposes a patient to neurogenic a. triangular b. oval c. round d. trefoil 232. What is indicated when a palpable thrill is heard over the anterior chest wall? a. myocardial infarct b. angina pectoris c. congestive heart failure d. mitral stenosis e. cor pulmonale 233. Funduscopic examination is appropriate in which of the following conditions? myxedema pulmonary disease increased intracranial pressure hyperventilation 234. In the fully flexed position (approximately 85°), what structure gives the most stability and therefore is most likely to be stressed? a. qluteals b. lumbar ligaments c. erector spinae muscles d. psoas 235. The most common pathology or disease of spondylolisthesis is? a. D.J.D. b. facet degeneration c. stress fracture of pars Which of the following signs is consistent with myxedema? a. profuse perspiration b. hypothermia c. hyperventilation flapping tremor 237. A 23 year old female comes in with a painful swollen red mass in her breast. a. mammary duct ectasia b. mastitis fibrocystic disease d. adenocarcinoma 238. Where is coccidiomycosis most likely to be found? a. Florida b. Ohio Arizona d. Hawaii

To palpate the scaphoid, you should the patient's wrist. a. ulnar deviate b. radial deviate c. flex d. extend 240. An increase in WBCs 2x's when there is no infection present may be due to? a. alcohol b. starvation c. exercise prolonged sleep d e. smoking What is the first sign of adenocarcinoma of the prostate? a. increased serum alkaline phosphatase b. increased serum acid phosphatase decreased serum amylase diffuse, tender, and enlarged prostate e. non-tender, solitary nodule of prostate 242. An overuse of which vitamin may give a false positive for glucose in Clinistix urinalysis? a. A b. niacin С C. d. D \*\*\*c\*\*\* 243. What substance when added to the diet will cause stools to appear black? a. vitamin A b. vitamin E c. fiber d. iron salts 244. What vitamin or supplement is given for intermittent claudication? a. B complex b. magnesium c. zinc d. vitamin A e. vitamin E 245. Following a case of cervical trauma where stability is in question, which of the following would be performed last? case history orthopedic test x-rav vital signs 246. Consuming large amounts of water in summer months may cause excessive depletion upon sweating of which of the following? a. vitamin A & D b. vitamin B & C c. vitamin E & K d. calcium and phosphorus 247. Most clearly visualized on the flexion and extension views? a. instability b. degeneration c. range of motion d. spondylosis

- 248. Which of the following positions of the neck and head would be most appropriate when correcting a lateral flexion fixation of the cervical spine with the patient in the supine position?
- a. neck slightly extended and rotated away from the side of fixation
- b. head neutral, no rotation
- head slightly extended and rotated 45° away from
- d. head slightly extended and rotated 45° toward the side of fixation
- 249. Slow accommodation of the eye is often found in the following condition:
- a. syringomyelia
- b. tabes dorsalis
- diabetes
- d. multiple sclerosis
- 250. Hilar enlargement is least likely in which of the following instances?
- a. vascular dilatation
- b. lymph nodes
- c. aneurysm
- d. neoplasm
- e. emphysema
- 251. The appropriate case management in a patient with a direct posterior midline C4 disc prolapse with mid to moderate spasticity in the lower extremity?
- a. Chiropractic case and re-evaluate in 2 weeks
- b. refer to a neurosurgeon
- refer to a physiotherapist
- refer to a psychologist for biofeedback
- 252. Which of the following is elevated in hemolytic disease?
- a. CPK
- b. SGOT
- c. LDH
- d. indirect bilirubin
- e. potassium
- 253. To differentiate between fibroadenoma and breast carcinoma:
- a. palpate for tenderness
- b. transluminate the mass
- c. palpate for mobility
- d. pain and temperature
- 254. A patient has a unilateral exophthalmos. The probable diagnosis?
- a. aneurysm
- hypothyroidism
- hyperthyroidism
- alcoholism
- hyperlipidemia
  \*\*\*a\*\*\* e.
- 255. A woman wakes up in the middle of the night with numbness and pain in one hand. She shakes her hand for a few seconds and the pain goes away. She is suffering from:
- a. carpal tunnel syndrome
- b. vascular compression
- c. nerve compression
- thoracic outlet syndrome
- e. rheumatoid arthritis

- 256. An auscultatory gap is heard when a patient is suffering from:
- a. hypertension
- b. extreme fatique
- c. debilitation
- d. hypotension e. obesity
- Which of the following exercises would be most appropriate to relieve low back pain resulting from encroachment of the IVF?
- a. extension
- flexion
- hamstring stretching
- d. adductor strengthening
- L/D circumduction
- 258. Thumb adduction is innervated by:
- a. radial
- b. median
- c. ulnar
- d. axillary
- musculocutaneous e.
- When you rotate the head to the right, the left articular process moves:
- a. superior and anterior
- b. superior and posterior
- c. inferior and anterior
- inferior and posterior
- 260. Which form of physiotherapy produces a redness which goes away after a minute?
- a. infrared
- b. ultraviolet
- c. hydrotherapy
- short-wave diathermy
- 261. Which of the following fractures does not require rigid splinting (casting)?
- a. femur
- tibia/fibula
- Colles
- d. clavicle
- humerus
- The mamillary process of L3 is located where?
- a. 2" lateral to the spinous above
- b. 3/4" lateral to its spinous
- 1/2" lateral to its spinous
- d. 1/3" lateral to its spinous
- 263. When using the modified thumb move to adjust T1 spinous right:
- a. patient is prone, contact the right side of the spinous process
- patient is prone, contact the left side of the spinous process
- patient is supine contact the right side of the spinous process
- patient is supine, contact the left side of the spinous process \*\*\*a\*\*\*

- 264. What modality may accelerate the growth of a tumor or metastasis of cancer?
- a. whirlpool
- b. stretching exercises
- hot fomentation
- d. ultrasound Burn's lamp
- A 28 year old female with low back pain in her third day of menstruation. Contraindications?
- a. TEŃS (battery operated)
- b. massage
- S/W diathermy C.
- d. cryotherapy
- 266. The most common complication of cervical traction:
- a. jaw pain
- b. stroke
- disc herniation
- radicular pain
- 267. Which exercise should be avoided with a patient with a spondylolisthesis?
- a. supine knee to chest
- b. hamstring stretch
- supine bent knee curl-ups
- standing pelvic rotation
- supine spinal extension
- 268. Serial hematology reports on a male patient consistently demonstrates a normocytic anemia with elevated reticulocyte count. Serum chemistry studies reveal indirect hyperbilirubinemia. Which test should be done next?
- a. serum ferritin
- b. Coombs
- c. fecal occult blood
- serum blood assay
- e. bone marrow biopsy
- The presence of immature WBCs in peripheral blood indicates:

270. A patient presents with a sprain/dislocation of the

- a. bone marrow disease
- b. acute blood loss
- c. parasitic infection
- soft tissue injury
- starvation
- sternoclavicular joint. The supportive care would be? a. cock-up splint
- abduction-external rotation cast
- c. figure eight brace triangular bandage sling
- 271. An 82 year old male presents with right hip pain and warmth over the skin. Lab shows an increased alkaline phosphatase. X-ray reveals a density of the pelvic brim and increased trabeculae of the femur. Your
- diagnosis? a. metastatic carcinoma
- b. osteitis deformans
- c. rheumatoid arthritis osteogenic sarcoma

- 272. A 30 year old female presents with bilateral paresthesia and pallor of the hands. Examination reveals acute exacerbation of Raynaud's. Which supportive technique is contraindicated?
- a. biofeedback
- b. ultrasound
- c. Fluidotherapy
- d. TENS
- e. cryotherapy
- 273. A I cm nodule on x-ray in the upper thoracic?
- a. hamartoma
- b. T.B.
- c. silicosis
- d. bronchogenic carcinoma
- 274. Which cell will constitute 25-30% of the WBC count in peripheral blood?
- a. lymphocytes
- b. neutrophils
- c. monocytes

e.

- d. eosinophils
  - basophils
- A patient presents with shoulder pain on rotation of several weeks duration. Physical exam reveals a rotator cuff strain. Which regimen will prevent loss of range of motion?
- a. Bobath's exercises
- b. William's exercises
- Frenkel's exercises
- Codman's exercises d. e. Jacobson's exercises
- Which of the following modalities are contraindicated for cervical radiculopathy with lateral
- elbow pain?
- a. home cervical traction
- b. massage
- c. cryotherapy d. ultrasound \*\*\*a\*\*\*
- 277. Contrast baths are utilized in a case of?
- a. hypertension
- b. causalgia
- c. extremity sprain d. migraine headaches
- e. tuberculosis of the spine
- 278. Which group of serum tests would be abnormal in
- metabolic bone disease? a. CPK, LDH, C-RP
- b. creatinine, CPK
- c. calcium, phosphorus, acid phosphatase
- CPK, SGOT, C-RP phosphorus, calcium, alkaline phosphatase
- 279. Which motion is severely limited in congenital hip
- dysplasia?
- a. abduction b. adduction
- c. flexion
- d. extension
- 280. Which of the following conditions would not be a chiropractic patient?
- a. IVD syndrome
- b. facet syndrome
- c. canal stenosis
- lumbo-sacral strain/sprain

298. To correct a cervical lateral flexion fixation, the 306. What condition may be associated with a case of 281. Latent dermal ervthema is a side effect of? 290. What percent decrease of bone is necessary to intermittent claudication? patient's head will be: a. ultraviolet achieve an observable difference on x-ray? a. neutral with lateral flexion a. diabetes b. degenerative joint disease b. infrared a. 10% b. rotated 45° to the side of fixation c. short wave diathermy b. 20% c. rotated 45° away from the side of fixation c. rheumatoid arthritis d. ultrasound 30% d. tabes dorsalis

\*\*\*a\*\*\* C. d. rotated 90° away from the side of fixation 50% d. \*\*\*c\*\*\* 282. In a patient presenting with abdominal pain, the 299. A patient presents with acute low back pain and 307. Dietary recommendations for a patient with order of examination is: 291. An A-P radiograph of the knee reveals loss of bowel control. The correct course of action elevated serum uric acid and calcium urate crystals in a. palpate, percuss, auscultate calcification of the medial collateral ligament. The most should be? the elbow would include restriction of? likely cause of this appearance would be? a. heat and exercise a. carbohydrates b. percuss, palpate, auscultate b. chiropractic adjustments with re-evaluaton in two c. palpate, auscultate, percuss a. Baker's cyst b. salt b. tenosynovitis of the knee d. auscultate, percuss palpate potassium weeks C. Pellegrini-Stieda refer to a neurosurgeon purines osteochondromatosis chiropractic adjustments with re-evaluation in six 283. In a patient with multiple sclerosis, which of the osteochondritis dessicans months following is least likely to occur? In a female with a positive Phalen's and Tinel's tests, which test or study would be indicated next? a. nvstagmus b. deep tendon hyporeflexia 292. What would your management of a stable rib 300. A patient presents with weakness of the finger a. Allen's c. Babinski's reflex fracture where a punctured lung is not a possibility? flexors, sensory disturbances of the medial forearm and b. nerve conduction study normal reflexes, Which cord level is involved? d. spastic paralysis a. refer to an orthopedist Adson's C5 C6 electromyography
\*\*\*b\*\*\* b. tape ribs and recommend rest b. c. provide the patient with a rib belt C7 284. Hip abduction from normal standing position is at c. d. C8 least: What would cause a localized pain in the lateral a. 45° 293. How would you adjust an anterior coccyx using aspect of the shoulder on forced adduction of the arm? e. b. 55° an external coccygeal move? a. deltoid bursitis c. 65° a. base of the sacrum b. acromioclavicular sprain d. 75° b. apex of the sacrum 301. Patient presents with left tongue paralysis: c. sterno-clavicular sprain base of the coccyx lingual carcinoma d. gleno-humeral dislocation apex of the coccvx b. Horner's syndrome 285. Early radiographic changes in acute c. apthous stomatitis hematogenous osteomyelitis include: d. CN X lesion 310. In the cervicals when you laterally flex to one side a. periosteal lifting 294. A patient begins his morning with a walk. After e. CN XII lesion the spinous moves \_\_\_\_\_ 100 yards claudication began. He chose to ignore the b. cortical erosion spine. pain and continued walking. After the second hundred c. medullary evasion a. concavity; lumbars d. decreased joint space yards the pain ceased. The reason for the claudication 302. A female patient presents complaining of hearing b. convexity; lumbars would likely be: music, voices, clanking sounds indicates possible: e. soft tissue swelling concavity; thoracics a. neurogenic a. acoustic neuroma d. convexity; thoracics vascular b. Bell's palsy 286. A 44 year old male complains of headaches of c. vasodilation c. Meniere's two months duration, with intermittent paroxysmal pain. oxygen debt metabolites d. patent Eustachian tubes 311. A 63 year old woman has difficulty knitting and e. psychiatric case picking up coins. Her lab results show a normochromic The attacks occur in lightening bursts of 20-25 seconds \*\*\*e\*\*\* duration. The attacks are incapacitating and salivary anemia with an elevated MCH. What additional survey production is increased: would be indicated? 295. Which of the following exercises would be a. TMJ recommended in a patient with low back pain due to 303. PA and lateral chest radiographs re-veal a. iron assay consolidation which extends from the hilar region to the b. serum folic acid b multiple sclerosis facet syndrome? c. transient ischemic attacks a. Codman's mid-lung field. This is suggestive of? c. vitamin B-12 Williams's cluster headaches a. tuberculosis d. b. b. pulmonary edema trigeminal neuralgia Délorme C. 312. Radiographs of the humerus of a 4 year old child Jacobson's pneumothorax d. lobar pneumonia reveals complete periosteal lifting, and a dense, wavy 287. Angina may be differentiated from myocardial pericarditis periosteal new bone formation. What would be your A patient presents with spinal and flank pain, and initial impression? a. a history of pre-cordial pressure mild hematuria. The most likely cause of this condition a. scurvy b. pain from the law to the neck would be? 304. The right innominate has gone posterior and b. congenital syphilis a. acute cystitis inferior. The segment-al contact point that would be osteogenesis imperfecti c. smoking d. relief with rest b. acute cholecystitis used to correct this misalignment would be? battered child syndrome c. acute pyelonephritis a. right PSIS b. right sacral base d. nephrosclerosis 288. A 50 year old male on diuretics and blood e. ureteral stone left sacral base 313. A female presents with a lump in her breast, and pressure tablets complaining of acute disc pain left PSIS pain which increases with her menstrual period. The suggests? most likely diagnosis would be? a. osteoarthritis 297. Until proven otherwise, acute low back pain that a. carcinoma b. qout is not relieved by rest must be assumed to be? 305. A 25 year old female presents with hands that go mammary duct ectasia sacroiliac lesion a. infectious cold and blue in the cold. The hands turn red and throb c. fibrocystic disease I.V.D. syndrome b. vascular after one hour: d. adenoma a. Buerger's disease canal stenosis e. mastitis malignancy b. Raynaud's \*\*\*C\*\*\* Spasmodic torticollis in a 6-12 year old may be diabetes mellitus

d. acroparesthesia

e. acrocyanosis

due to?

a. fibroma in the SCM muscle

b. upper respiratory infection spinal stenosis ligament abnormality e. distortion of spinal segments A.34

 $\_$ ; similar to the  $\_$ 

- 314. Examination of a 24 year old female reveals an enlarged liver and spleen, and lab findings indicate atypical lymphocytes, What lab procedure should be requested?
- a. CBC
- b. throat culture
- c. ASO titre
- d. monospot
- 315. The patient lies with their right side down. The doctor contacts the left mamillary and delivers a P-A thrust with a counterclockwise torque. Determine the malposition:
- a. body has rotated posterior and superior on the left
- body has rotated posterior and inferior on the left
- c. body has rotated posterior and superior on the right
- body has rotated posterior and inferior on the right

  \*\*\*a\*\*\*
- 316. A 23 year old woman presents with back pain. She states that about ten days ago she had been horseback riding when she fell. Pain is increased with right lateral bending. The pain radiates to the area indicated in DIAGRAM A. From which of the following areas is the pain NOT likely to be referred:



- a. thoracic spine
- b. ovaries
- sigmoid colon
- kidnevs
- 317. In the above patient which diagnostic test should you perform first?
- a. ultrasound
- b. x-rays
- c. GI series
- d. CBC/UA
  - \*\*\*b\*\*\*

318. A child presents with a fever and auscultation reveals an apical systolic murmur. Which would be the most appropriate lab test to run?

- a. ESR
- b. serum folic acid
- ASO titre RA latex
- d.

319. A 60 year old male presents with low back and hip pain. Radiographs and lab tests are all negative. What test would you run next?

- a. MRI
- b. bone scan CAT scan C.
- lumbar flexion/extension
- 320. Which structure has no vascular supply in the adult?
- a. intervertebral disc
- b. vertebral body
- c. pedicle
- spinous process \*\*\*a\*\*\*

- 321. Sacralization involves:
- a. non-fusion of the first sacral segment to the second
- non-segmentation of the first sacral segment from the second sacral segment
- non-fusion of L5 to the first sacral segment
- d. non-segmentation of L5 from the first sacral segment
- 322. The first radiographic finding of multiple myeloma in an 83 year old female would be:
- a. periosteal lifting
- b. medullary involvement
- c. reactive sclerosis
- d. cortical erosion
- 323. The optic disc would be considered abnormal if:
- a. 4 veins and 4 arteries leave all quadrants
- macula is two disc diameters away
- the disc is creamy-orange
- e. reflection of all vessels
- 324. Otoscopic exam reveals a retracted tympanic membrane. How would you differentiate for a blocked Eustachian tube?
- a. have the patient hold their nose and swallow
- 325. A 55 year old retired marine sergeant presents with ankle edema, chest pain, and bruises easily. He has a history of being a smoker. What additional questions may be important?
- a. familial history of smoking
- familial history of bleeding
- Klippel-Feil syndrome involves?
- a. blockage of 2 or more vertebrae (cervical?)
- 327. What color does the mucous membrane become in carbon monoxide poisoning?
- a. cherry red
- 328. With which of the following musculoskeletal diseases do you expect to see an increase in the eosinophil count?
- a. myasthenia gravis
- b. osteoporosis
- polymyositis
- muscular dystrophy
- A patient presents with bilateral edema, paroxysmal nocturnal dyspnea, orthopnea and diaphoresis. These symptoms would be most likely due
- a. thrombophlebitis
- bronchiectasis b.
- c. carcinoid syndrome
- congestive heart failure
- 330. The ability to recognize an object by the sense of touch only is called;
- a. 2 point discrimination
- b. topognosis
- c. graphesthesia
- stereognosis

- 331. A 30 year old male patient presents with low back pain and pain in his left leg. Patellar reflex is normal but the dorsum of his left foot feels numb and the extensors of the foot are found to be weak. Lasèque's and well-leg raiser are positive. What is the probable condition?
- a. disc L4-L5
- b. disc L5-S1
- c. peroneal nerve atrophy
- capsulitis at L5
- 332. A 35 year old patient presents with right leg and low back pain. His antalgic posture is to the right, and Braggard's and well-leg raiser are positive. What is your
- a. postero-lateral protrusion
- b. postero-medial protrusion
- facet syndrome
- d. disc prolapse
- 333. A 25 year old obese woman presents with loss of the lateral one third of her eyebrows, weight gain and intolerance to cold. What is her condition?
- a. hypothyroidism
- b. hypoadrenalism
- pregnancy
- Cushing's
- 334. Superficial reflexes are normal but deep tendon reflexes are +4. What is the most likely cause?
- a. upper motor neuron lesion
- b. lower motor neuron lesion
- flaccid paralysis
- spastic paralysis
- 335. What is the most common condition of the shoulder?
- a. sub-deltoid bursitis
- b. bicipital tendinitis
- c. adhesive capsulitis
- d. rotator cuff tear \*\*\*b\*\*\*
- 336. Which of the following does not produce redness of the overlying skin?
- a. osteoarthritis
- b. rheumatoid arthritis
- c. gout d. pyog pyogenic arthritis
- 337. A young girl presents with a fever and a 2-6mm macular rash that blanches when pressure is applied. The rash started on the outer extremities and progressed to the anterior trunk. Which of the following histories would help in the diagnosis of this condition?
- a. sexually active with many partners
- allergy to medications particularly to antibiotics
- recent trip to the Rocky Mountains
- familial history of adrenal disease
- 338. A 40 year old woman presents with fine tremors of the fingers with extension, heat intolerance, nervousness, and fatique, multiple bowel movements each day and irregular periods for the last several months. After normal x-rays and UA, what else would you do?
- a. orthopedic and neuromuscular exam
- b. palpate the thyroid
- c. abdominal exam

- 339. Which vitamin aids the liver in thrombinogen production?
- a. A
- b. D
- Ε C. d. \*\*\*d\*\*\*
- 340. What muscle group would you want to strengthen to prevent hip injury in osteoporosis?
- a. flexors
- abductors
- c. adductors d. rotators
- 341. A 58 year old male presents with 5-10 RBCs in the urinalysis.
- a. not important
- b. repeat the urinalysis in 6-8 weeks
- give cranberry juice
- find out the cause of the hematuria immediately
- 342. Patient presents with constant foot pain on standing and walking. Based on this information, what would you do next?
- a. refer out to a podiatrist to exercise the tendon
- adjust and put bilateral heel lifts and cushiony doughnut under the painful heel.
- adjust and give nutrients
- 343. A patient demonstrates a retropharyngeal space of 29mm with a history of a recent hyperflex-ionhyperextension injury. What would you suspect?
- a. neoplasm
- b. disc herniation
- hematoma
- d. infection
- 344. Which patient condition would require the doctor to do a complete physical exam with radiographs and
- a. flu with a moderate temperature of three days
- acute abdominal cramps of 4 days duration low back pain which was unsuccessfully treated by 2
- d. low pack pain or discomfort after a normal pregnancy and delivery
- 345. A large disc protrusion/ herniation protrudes from what level to effect 2 cauda equina segments.
- a. L2
- b. L3
- c. L4 d. \*\*\*7\*\*\*
- 346. Bruising the common peroneal nerve would result
- in;
- a. sciatica b. foot drop
- c. enuresis
- tarsal tunnel syndrome
- A saccular conduit calcification anterior to L4 body is aneurysm.
- a. internal iliac artery
- b. femoral artery
- c. abdominal aorta
- splenic artery d.

348. A 25 year old male presents with acute right sided low back pain. He states that it began when he bent over to pick up a heavy object. The patient sits on his left hip away from the pain. Orthopedic findings; (+) Gaenslen's on the right, (+) straight leg raiser on the right, deep tendon reflexes are +2 and symmetrical. 1" short leg. The gait is normal, but movement is guarded in bending and twisting. What is your diagnosis?

a. coxofemoral dislocation

b. sacroiliac sprain

lumbosacral disc

d. lumbar spondylosis

349. What type of person is most likely to have a slipped femoral epiphysis?

a. an infant

b. an obese hypo genital adolescent

c. a voung male athlete

d. an old osteoporotic female

350. What nerve is damaged when a person has wrist drop?

a. ulnar

b. radial

C. median

d. axillary

351. A mother brings in her 6 year old male child. She states that he fell off a swing five days ago and scraped his knee. His knee is a little tender but the injury has scabbed over. The child has a fever of 103° and is

listless. What is the next step that you would do?

a. x-ray the lumbar spine and the knee

b. blood chemistry and urinalysis

c. call his pediatrician and inform him of the child's

352. What part of the x-ray machine converts alternating current to direct current?

a. high volt converter

b. low volt converter

c. transformer

d. rectifier

353. A 20 year old female patient with low back pain states that she is not pregnant, but is not within the ten day rule. What would you do?

a. x-ray and treat her

b. treat her without x-rays

c. refer her out

d. wait until she is within the ten day rule

354. What test would you use to confirm thoracic outlet syndrome?

a. Jackson's test

b. compression test

Bakody's test

Spurling's test

355. What modality do you use on a patient who is 7 months pregnant with low back pain?

a. ultrasound

b. interferential

c. short wave diathermy

hydrocollator packs
\*\*\*d\*\*\*

356. Which of the following would not be cause of canal stenosis?

a. anterior buckling of the ligamentum flava

b. prolapse disc

c. anterior longitudinal ligament

d. posterior longitudinal ligament

357. The patient is a 45 year old obese female with a blood pressure of 180/110. How would you classify her blood pressure?

a. normal

b. high

c. severe d. critical

358. A patient stands up from a chair with a positive Neri's bowing sign. What is the problem?

a. chondromalacia patella

c. anterior cruciate ligament

c. medial collateral ligament

d. lateral collateral ligament

359. The best projection to visualize the fovea capitis would be:

a. full spine

b. frog leg

c. lateral lumbar

d. A-P pelvic

360. Which of the following is not characteris-tic of a soft tissue injury or bone trauma?

a. fluid leaks from traumatized blood vessels

b. normal repair processes seal off torn blood vessels within minutes depending upon the severity of injury

small blood vessels take longer to clot than larger vessels

resorption of extrasoluted fluid and dissolution of hematoma are a necessary process of healing

361. A lab work up would be necessary for a patient presenting with which case history;

a. 2 day history of gastroenteritis

3 day history of flu-like symptoms

5 day history of a headache

2 week history of a sore throat

A shiny swollen appearance in the front of the lower leg, tender tight muscles along the shin with weak dorsiflexors of the foot would indicate?

a. femoral neuritis

b. anterior compartment syndrome

peroneal tendinitis

tarsal tunnel syndrome

A 28 year old female is complaining of numb-ness down her arm, pain between her shoulder blade and at the base of her occiput. She said that it started after an aerobics class six months ago. Six weeks ago she started exper-iencing numbness at night that awakens her and lasts for 15 minutes two to three times a week. Evaluation reveals a T3-T4 spasm and tenderness. All other exams were negative. What should you do next?

a. refer to an orthopedic surgeon

b. adjust the thoracic spine

c. adjust the occiput

apply moist heat and traction

364. Why would you discontinue chiropractic adjustments?

a. the patient experiences only temporary relief

b. not enough force used in the initial adjustment

c. the patient experiences transient discomfort from the adjustment

the pain moves distally along the peripheral nerve

365. A female patient states that she recently noticed eye discomfort, and that the eyes appeared to be larger. What other findings would be consistent with the patient's complaints?

a. urgency, dysuria, lower abdominal tenderness

b. chills, fever, nausea

lethargy, stomach pain, tarry stools

nervousness, tiredness, weight loss

366. How long must ice be applied on a muscle to achieve a 1°C decrease to a depth of .5cm?

a. 5 minutes

b. 10 minutes

20 minutes

30 minutes

The test that would be performed for a patient with infectious mononucleosis?

a. HCG

b. ASO titer

fluorescent Treponema

heterophil agglutination

Urine which forms a yellow foam when shaken suggests increased levels of;

a. protein

b. bilirubin

urobilinogen C. d. blood

369. A 42 year old male presents a swollen, blue-red knee of 24 hours duration. He has a history of urethritis (which has not bothered him for the last month). He has had no sex for the last two months. The patient is 5'7" and 235 pounds. He mentions that his older brother and father have occasionally had similar episodes of swollen joints. He also mentions that last he had a steak and a bottle of red wine for dinner. His UA; 3WBC/HPF, Blood; total WBC 11,000, 84% PMNS, 24% lymphocytes. What is the most revealing part of the case history?

a. physical exam

b. familial history

laboratory findings

d. vital signs

370. Which of the following conditions would be the least likely diagnosis?

a. suppurative arthritis

b. hypertrophic osteoarthritis

gout

rheumatoid arthritis

371. Of the information that is given, which of the following would be the most important problem or risk?

a. gonorrhea

b. obesity

c. hypertension

leukemia

372. What is the maximum radiation dosage allowed per month for a patient involved with radiation?

a. 10 mR

b. 400 mR

c. 1250 mR

d. 1500 mR

373. Which muscles would be used when using the shoulder to lift heavy objects (as in throwing a shot-put)?

a. supraspinatus, latissimus dorsi, pectoralis, and biceps

b. supraspinatus, latissimus dorsi, serratus anterior, and triceps

trapezius, rhomboids,

anterior deltoid, latissimus dorsi, serratus anterior, pectoralis, triceps, biceps

374. The benefits of which modality include micromassage, dispersing edema, and the breaking up of adhesions?

a. ultrasound

b. short wave diathermy

c. ice

galvanic \*\*\*a\*\*\*

375. Which of the following conditions does the pain reach its maxi-mum intensity almost immediately?

a. migraine

gastric ulcer b.

dissecting aneurysm C.

duodenal ulcer

376. In iontophoresis, which chemical would be used for myofascitis, or bursitis of the shoulder?

a. zinc

b. copper

c. heparin d. Mg

377. Dupuvtren's contracture affects which area?

a. thumb and index finger

b. ring and little finger

c. hamstrings d. arm and hand flexors

378. Increased urination which is relieved when lying

down is suggestive of?

a. prostate

b. diabetes insipidus C. diabetes mellitus

bladder stone

379. A three year old child presents with cough and fever. Which of the following mouth lesions are signs of

rubeola?

a. strawberry tongue b. Koplik spots

Bitot's spots d. Forrschheimer spots

380. Which of the following systems are the primary cause of TRUE vertigo?

a. cerebellar

b. cerebrum

c. vestibular

posterior columns \*\*\*c\*\*\*

381. Curschmann's spirals are suggestive of which of the following conditions?

a. bronchial pneumonia

b. acute bronchitis

c. bronchiectasis

d. bronchial asthma

382. The area or system which is most likely to be affected in a patient with a proprioceptive problem?

a. cerebellar

b. cerebrum

c. vestibular

d. posterior columns
\*\*\*d\*\*\*

383. The alar and atlanto-axial ligaments allow how much rotation?

a. 5-10°

b. 10-15°

c. 15-20°

d. 20-25°

384. The patient stands by a table and shifts their weight to one leg. Which of the following muscle groups keeps the pelvis horizontal;

a. gluteus medius

b. iliotibial band

c. gracilis

abdominals

385. Blood with the cellular components and fibringen removed is known as;

a. hematocrit

b. hemoglobin

c. serum

d. plasma

386. A 25 year old male presents with fatigue and green urine. Laboratory studies reveals a normal CBC, and the SMAC reveals an in-creased total bilirubin direct bilirubin, SGPT and SGOT. A heterophil test should be run to rule out:

a. cancer of the head of the pancreas

b. infectious mononucleosis

c. viral hepatitis

d. cholecystitis

387. A patient presents with a history of waking up in the middle of the night with a dry cough which is relieved by sitting up. The pati-ent notes that he has several episodes every 2-3 months. The episodes last approximately 10 days.

a. chronic bronchitis

b. bronchial pneumonia

c. asthma

d. emphysema \*\*\*a\*\*\*

388. A female patient presents with exophthal-mos, hyperosmia, and nervous tremors. The laboratory studies are all within normal limits;

a. recommend iodine supplements

b. repeat the laboratory studies in 60-90 days

refer out

palpate the thyroid
\*\*\*b\*\*\*

389. On an AP lumbo-pelvic radiograph, posterior rotation of the innominate will make the ilium appear:

a. larger longitudinal measurement

b. shorter longitudinal measurement

c. narrower obturator foramen

d. narrower lateral measurement

390. Loss of lateral aspect of the eyebrows may be suggestive of;

a. Graves disease

b. myxedema

Cushing's disease

Addison's disease

391. Therapeutic exercises for scoliosis:

a. can't isolate the affected muscles

can't get the patient to do them

may be used before epiphyseal closure

are ineffective without braces

392. The recommended nutrient supple-ments for a patient with degenerative joint disease would be;

a. chondroitin sulphate

Vitamin A

calcium

B-complex

A patient presents complaining of knee pain which is worse when walking up the stairs or when rising from the seated position. The patient states that his knees "gives out" but doesn't lock.

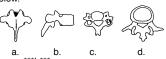
a. osteochonditis dessicans

b. chondromalacia patella

patellar tendonitis

Osgood-Schlatter's

394. Identify the sagittal view from the silhouettes below.



A 50 year old woman presents with pain of the left wrist. She states that she fell on an outstretched hand. Which of the following fracture correspond to her history and x-ray?

a. Smith

Colle's

Bennett's

Barton's

396. The lesion indicated by the arrow in the diagram below would most likely be;



a. cyst

rheumatoid nodule

Bouchards node

Heberden's node

397. A 36 year old male presents with neck pain one week after a motorcycle accident (The diagram depicts the manner in which he fell). He has anesthesia of the left arm and shoulder. He has an absent left biceps reflex and he is unable to abduct the left arm at all. Based upon the available information, the prognosis for this patient should be considered to be:



aood

fair

poor

no recovery likely q.

The condition depicted in the diagram below is:



a. entropion

b. exophthalmosis

С chalazion

pinquecula

399. The first type of exercise that would be used in a case of a musculo-skeletal or a joint injury;

a. active

b. passive

C. active assisted

active resistive

400. A 24 year old male patient with neck pain presents a history. He states that he fell on his buttocks with minimal impact. Based on this history and the radiograph below, what is the most likely diagnosis:

a. osteolytic metastasis to the cervicals b. compression fracture of C7

pathological compression of C7

402. Cranial nerve III does not innervate eye movement in which direction?

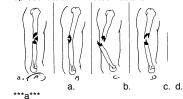


Right eye

b. 2

C. 3 d.

402. Which of the following fractures in the diagram below represent a comminuted fracture?



403. drawing of an acromegaly man



A patient presents with pes planus. Which of the following do you not do?

give high heels b. medial wedge

lateral wedge C.

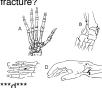
Select the features that are most suggestive of a spinal tap headache

- II	posture		location	activity
а	upright	am	frontal	aerobics

In Diagram A, which of the following represents a Pott's fracture:



407. In Diagram B, which of the following represents a Colle's fracture?



Identify the fovea centralis in diagram C.



Cranial nerve number III innervates all of the following muscles except:



a. 1 and 4 b. 5 and 3

c. 4 and 6

5 and 6 d. \*\*b\*\*\* 410. Which muscle is the doctor in Diagram E palpating with his left thumb?



- a. upper trapezius
- b. lower trapezius
- rhomboids C.
- latissimus dorsi d.

The doctor in Diagram F is testing which muscle?



- latissimus dorsi, teres minor, posterior deltoid
- anterior deltoid, coracobrachialis
- middle deltoid, supraspinatus
- pectoralis major, latissimus dorsi

412. Identify the listing for the segments in Diagram H;



- b. PRI-PS
- PLI- PRS
- d. PLS

413. The diagram below demonstrates which of the following conditions?



- a. swan neck deformity
- Sprengel's deformity
- boutonniere's deformity
- mallet finger \*\*\*d\*

414. To correct a fixation demonstrated in the diagram below in the thoracics, using a knife-edge contact on the spinous process;



- a superior
- lateral
- C. flexion
- extension \*\*\*a\*\*\*

415. The area indicated by the diagram is known as;



- a. tunnel of Guyon
- hook of the hamate
- anatomic snuff box
- carpal tunnel
- 416. In a traction injury to the nerves of the brachial plexus, what would be your recommended course of treatment?
- a. cervical traction
- b. arm sling
- resisted range of motion

Which sensory component is involved when testing the cornea of the eye with a cotton wisp?

- b.
- c. V

418. A 60 year old female has low back pain and spotting. Her history reveals she is on estrogen therapy. What is your recommended management of the patient?

- a. refer to her gynecologist
- 419. The double fat pad sign indicates?
- a. interarticular disturbance

Protrusion of the femur head into the pelvic cavity is also known as;

a. Otto's pelvis

421. A 20 year old male presents with back pain an a history of a previous healed Scheuermann's disease;

a. pursue Chiropractic care

422. Patient cannot extend leg fully with the hip in flexion and has meningeal irritation. Which test is it?

- a. Brudzinski's
- b. Kernig's
- Babinski C.
- O'Connell

423. Identify the type of subluxation which is characterized by abnormal excessive movement upon extension with instability;

- a. fixation
- b. traumatic
- c. defect
- d. hypermobile

424. 35 year old male with a blood pressure of of 145/92. This would be considered;

- a. normotensive
- b. moderate-severe hypertension
- c. low-mild hypertension
- malignant hypertension

425. With a patient standing, the umbilicus will be found at the level of;

- a. L1
- b. L3
- c. L5

\*\*\*b\*\*\*

426. A 52 year old male experiences deep, severe retrosternal pain and pressure which occurs when mowing the lawn or after eating a heavy meal. The symptoms lasts for 5 minutes?

- a. hiatal hernia
- b. angina pectoris
- c. myocardial infarction
- pulmonary disease

The pain from myocardial infarct can be distinguished from angina pectoris by;

- a. duration
- b. intensity
- c. character
- location d.

428. Sclerotomal pain is best described as:

- a. sharp shooting
- b. pins and needles
- numbness
- d. dull and achy

Which of the following clinically presented cases would most likely require referral to a medical specialist?

- lumbosacral ache after lifting a heavy object
- mild cervical pain and stiffness with associated weakness of the legs
- low back pain and stiffness that progresses with prolonged standing
- painful catch in sacroiliac joint that is exacerbated with rotation movement of trunk

430. An eleven year old female presents with a red, swollen tender right knee; non itchy salmon colored maculopapular rash; general muscle pain, intermittent chills and fever. Upon palpation, knee is warm and tender with limited ROM. Lab reveals increased polymorphonuc-lear leukocytes, and elevated ESR. What is it?

- a. iuvenile rheumatoid arthritis
- b. transient synovitis
- dermatomyositis
- lupus erythematosus

431. Nine year old male presents with insidious onset of groin and medial thigh pain. He has a limp with pain on walking. What would be most appropriate?

- a. Ober's
- b. Ely's sign
- C. Patrick's
- Hibb's

432. A 43 year old male has pain in mastoid while eating. What adjustment is contraindicated?

- a. take occiput to maximum rotation and thrust mastoid
- cup the chin, extend the head and adjust mastoid stabilize squamous temporal suture and adjust
- cervical laminae
  - toggle recoil

433. Which would be elevated in ankylosing spondylitis?

- a. serum Ca++
- b. serum uric acid
- LE prep d. ESR

- 434. Which view would best demonstrate a joint mouse?
- a. A-P knee
- b. P-A knee
- c. sunrise
- d. tunnel \*\*\*d\*\*\*

435. Most common area of skeletal metastasis to affect is:

- a. vertebrae
- b. skull c. humerus
- d. femur

436. A 68 year old male with pill-rolling tremors and a festination gait is likely to have a lesion in which area?

- a. pvramidal
- b. extra pyramidal
- c. basal ganglia
- d. cerebellar

437. Pupil dilates on exposure to bright light and on accommodation to near vision. This would be known as:

- a. Adie's pupil
- b. Argyll-Robertson pupil
- c. paradoxical pupil
- anisocoria

438. Which of the following is cause for immediate surgical referral?

- a. grade II spondylolisthesis
- cauda equina syndrome
- c. lumbo-sacral disc protrusion
- pubic-symphysis syndrome
  \*\*\*b\*\*\*

Patient states that with eyes open the room moves around. When the eves are closed his body feels like it is moving back and forth.

- a. dizziness
- b. nausea
- c. tinnitus
- d. vertigo

Patient presents with shoulder pain. Exam reveals decreased glenohumeral motion in all ranges Trauma occurred six months ago, but none since. What is your diagnosis?

- a. frozen shoulder
- b. shoulder separation
- Tietze's syndrome thoracic outlet syndrome

441. Upon taking a step in forward flexion with right leg, right P.S.I.S. will rocks posteriorly and inferiorly. The sacral base on the right side will move;

- a. posterior and superior
- b. posterior and inferior
- anterior and superior anterior and inferior

442. Which dietary recommendations would be best for a 56 year old male with degenerative joint disease of weight bearing joints;

- a. calcium and magnesium b. ideal body weight
- lower cholesterol
- d. manganese

443. Which muscle group produces shoulder flexion, elbow flexion and supination? a. biceps brachii a. prepubertal females b. triceps brachii b. middle aged males c. brachioradialis c. adolescent males d. coracobrachialis

\*\*\*a\*\*\* d. pregnant females 444. Increased Ilium vertical angle due to muscle weakness. a. biceps femoris a. ultrasound continuous b. adductor magnus? b. infrared c. tensor fascia diathermy interferential d. hamstrings 445. The long axes of the occipital condyles converge? a. posteriorly b. anteriorly c. laterally you do next? a. occult blood d. superiorly b. serum count c. serum amylase 446. What is associated with a L.M.N.L? alkaline phosphatase a. fasciculations b. tics c. chorea d. athetosis glucose tolerance factor? a. chromium 26 year old secretary presents with a hyb. selenium perkyphosis of the thoracic spine. What muscle groups c. zinc would you want to strengthen or stretch? d. magnesium a. strengthen rhomboid and stretch the pectorals b. stretch rhomboid and abdominal stretch serratus anterior and rhomboid stretch erector spina and rhomboid a. peripheral nerve b. nerve root 448. Which condition is characterized by morning thalamic C. stiffness, lipping and spurring? visceral a. RA b. OA C. gout osteopenia a. hormonal imbalance b. toe in gait 449. HLA - B27 is seen in which condition: bipartite patella a. ankylosing spondylitis Morton's foot b. rheumatoid arthritis gout C. rheumatic fever \*\*\*a\*\*\* ligamentum flavum? a. sinu-vertebral 450. 47 year old male presents with mitral stenosis, a b. accessory temperature of 104°. He has tender nodules on toes and long thoracic d. Wrisberg fingers. Examination re-veals small hemorrhages in the skin and retina. He states that he is presently taking no medica-tion. What is the best management of the patient? a. refer to internist

b. adjust and monitor

 d. passive exercises \*\*\*a\*\*\*

a. arm sling

c. contact state health agency

451. Cervical traction injury

b. scalene ant muscle traction Codman's exercise

d. refer to ophthalmologist

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452. Which of the following groups would be most
susceptible to iron deficiency anemia?
453. In a case of soft tissue injury, which modality
would you want to use as soon as possible?
454. A 50 year old male presents with hypo-chromic
anemia. He has been taking iron sup-plement for six
months with no improvement. Laboratory reveals a
decreased serum iron and an increased TIBC. What do
      What substance helps the liver produce the
      Which pain is described as aching, poorly
and increased body temperature?
457. Which of the following represents a functional
predisposition to medial knee injury?
458. Which nerve innervates the P.L.L. and
459. Left ventricular hypertrophy seen with may be
seen in:
a. aortic stenosis
b. mitral stenosis
c. systemic hypertension
   vascular
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localized and associated with nausea, vomiting sweating
460. 36 year old female presents with fatigue, white
sclera, and yellow skin especially at palms. What's
question should be asked
a. condition of your RA now
b. have you eaten excess deep color vegetables
   any change in stools
d. ask about alcohol consumption
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461. During flexion of the occipital-atlantal joint:
a. mastoid approximates the mandible
b. ramus of the mandible and atlas TVP approximation
c. mandible approximates the mastoid
d. mandible separates from the mastoid
462. An indication of immature WBCs in peripheral
blood in absence of infection.
a. bone marrow disease
b. acute blood loss
c. parasitic infection
                                                          ĥ.
   starvation
                                                           C.
                                                          d.
463. Evidence of stalk-like mushroom projection from
the metaphysis of long bone
   solitary osteochondroma
b. benian osteoblastoma
c. osteoid osteoma
d. non-ossifying fibroma
464. A person with which of the following may have a
normal ESR?
a. ankylosing spondylitis
b. multiple myeloma
      fibrositis
     rheumatoid arthritis
                                                           C.
465. Glucose Tolerance test levels increase and
continue to increase for six hours of test.
a. severe diabetes
b. mild diabetes
                                                           light?
   hypothyroidism
C.
   hypoglycemic
***a***
466. Which condition may be characterized by a
lesion at the anterior horn and the corticospinal tract?
a. amvotrophic lateral sclerosis
                                                           a. A
                                                              В
b. multiple sclerosis
                                                           b.
   muscular dystrophy
                                                              С
                                                           C.
d. Parkinson's
                                                           d.
                                                              D
467. Most likely diagnosis of 35 year old with facial
dropping.
a. Bell's
b. Parkinson's
c. myasthenia gravis
d. multiple sclerosis
                                                           d.
                                                           e.
468.
      Which supplement to diet make result in black
stools?

 a. vitamin A

b. iron
   licorice root tea
   fiber
469. Bacterial endocarditis may result in.
a. cherry red skin
b.
   petechia
   iaundice
   rachitic rosary
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470. Picture of lateral and AP view of a PRI a. extension malposition, body right, left lateral flexion extension malposition, spinous right, right lateral flexion malposition, body right, left lateral flexion d. flexion malposition, spinous right, left lateral flexion 471. Which cervical vertebra will move anterior upon the extension of the neck? a. C2 C3 C4 C6 \*\*\*d\*\*\* 472. To achieve an upright position, a young male patient with Duchenne's Palsy, "climbs up" his lower extremities. This is known as? a. Minor's sign b. Gowers' sign Brudzinski's sign Kernig's sign 473. Which muscle may cause pain in lateral thigh, anterior leg, and the dorsum of the foot? a. qastrocnemius b. piriformis psoas gluteus maximus
\*\*\*b\*\*\* 474. Which of the following is a contraindication to UV a. alopecia funicularis b. lupus vulgaris lupus erythematosus Nyctalopia is a deficiency of which vitamin? 476. In what age group do people with Huntington's chorea most often present? a. 5-10 b. 10-20 c. 20-35 35-50 50-65 477. Kayser-Fleischer rings in the cornea is apparent in which disease? a. Wilson's b. Addison's c. Horner's d. Charcot's triad 478. Which portion of the EKG below represents atrial depolarization? b. 2-3-4 4-5 C.

d. 0 479. Which area in the diagram below represents ventricular depolarization?

2,3,4

c. 3,4,5, d. 0

480. Decrease proportion of calcium and therefore a decreasing kidney stones is a result of administering which of the following?

a. Vitamin A

b. Vitamin C

c. chromium

d. magnesium

481. Which of the following would you not do in the management of carpal tunnel syndrome?

a. therapeutic hot and cold

b. flexion exercises to strengthen wrists

c. cock up splint

d. adjusting procedures

482. What is the most common site for a stress fracture of the foot?

a. calcaneus

b. second metatarsal

c. third metatarsal

d. navicular

483. What line runs down the posterior aspects of the vertebral body?

a. Jackson's

b. George's

digastric C.

484. Which of the following is characterized by the appearance of calcified plaques at the femoral insertion of the medial collateral ligament follow-ing partial avulsion of the ligament from the condyle?

a. synovitis

Baker's cyst b.

c. osteochondromatosis

osteochondritis dessicans

Pelligrini-Stieda

485. Facet hypertrophy or degenerative changes of articular processes will cause which of the following syndromes?

a. lateral recess stenosis

b. D.I.S.H.

c. spondylolisthesis

d. articular tropism

486. Which of the following is performed with the patient prone?

a. McMurray's

b. Apley's

Drawer sign

d. Bounce home

487. A man with low back pain has pain in his calf when bending at the trunk. After 4 weeks of chiropractic care his back pain subsides but the calf pain persists and is not affected by trunk position, what is the best management for this case?

a. inversion therapy for 2 weeks

b. over the counter anti-inflammatory medicine

c. regimen of calf stretching

MŘI . \*\*\*d\*\*\*

488. Which of the following modalities is indicated for use with acute tissue damage?

a. ultraviolet

b. s.w. diathermy

c. ultra sound

interferential

489. What tests for cerebellar dysfunction?

a. limb drop test

b. cogwheel rigidity

deep tendon reflex

finger to nose test

490. A 70 year old male patient presents with pain in the calves after walking for a short period of time. He states that the pain is relieved after sitting down and bending forward for approximately 20 minutes. Based on the information given what is the most likely diagnosis?

a. peripheral vascular disease

neurologic claudication

peripheral neuritis

Buerger's disease

491. In which of the following disorders are the apophyseal articulations spared from destruction?

a. rheumatoid arthritis

b. osteoarthritis

c. D.I.S.H.

d osteoarthritis \*\*\*c\*\*\*

Blood mixed with anticoagulant powder to prevent clotting and centrifuged to separate the cells produces a liquid:

a. serum

b. plasma

fibrinogen

hematocrit

Which of the following would massage of hypertonic gastrocnemius muscles be contraindicated? pain in gastrocnemius

numbness in gastrocnemius

phlebitis

knee joint immobility d.

494. A female has chronic low grade headache that gets worse as day goes on. She is not awakened at night, but has the headaches when she wakes up. The headache is relieved by concentrating on a single task, or by taking a couple of alcoholic drinks. What type of headache?

a. temporal arteritis

b. hypertension headache

c. common migraine

classic migraine

495. Festinating gait, pill rolling tremors, what else would they have

a. intention tremor

b. steppage gait

c. nystagmus

d. cogwheel rigidity

Inability to heel walk with what level?

a. L3 b. L4

c. L5

d. S1

497. A 15 year old male athlete presents with a tenderness over the plantar aspect of the calcaneus. There is normal alignment of the anatomy and there are no remarkable radiographic findings. What would you do to relieve the pain?

a. stretch calf muscles

b. strengthen tibialis anterior muscle

strengthen the intrinsic foot muscles

use metatarsal pad

498. What type of destruction would you have with increased Ca<sup>++</sup>, increased phosphorus, increased alkaline phosphatase

a. kidney

b. liver

c. bone

14 year old patient presents with mottled teeth. What would be most appropriate questions

a. source of drinking water

b. dietary intake of fats

cravings for certain food (?)

dietary intake of calcium

500. The presence of metastasis in bone can be most accurately diagnosed with use of:

a. CT scan

b. lab study

plain film X-Rays

radionuclide bone scan

501. The most common cause of vacuum phenomena in discs is?

a. disc degeneration

b. trauma

c. metastasis

rheumatoid arthritis

Suspect epidural hematoma, how do you handle case?

a. Davis series

b. CT

wait 24 hours C.

Send X-rays to radiologist for second opinion

503. Which of the following condition most likely result in dull percussion note?

a. acute asthma

b. pneumothorax

c. emphysema

d. pneumonia

504. The pause after QRS complex on EKG known as

a. T wave

b. ST segment

c. QRS wave

d. P wave

505. 40 year old male has microcytic, hypochromic anemia. He took medication for 6 months with no apparent relief. What procedure would you perform? a. copper

b. occult blood stool

d. Bence Jones urinalysis

\*\*\*b\*\*\*

506. A patient presents with weakness in the right arm and a lemon shaped mass in the antecubital fossa. He went bowling two days ago. What is the most likely diagnosis?

a. strain of the brachialis with edema

b. rupture of the biceps tendon

rupture of the triceps tendon

hypertrophy of the distal portion of the biceps

507. Which palpation technique uses joint play and the dis-relation between joints?

a. static

b. joint play palpation

c. motion palpation

508. A 32 year old male presents with neck and upper lumbar pain. Cervical ranges of motion is decreased. One month previous, he had fatigue, weight loss. His M.D. told him that he had a "mild pneumonia". He had similar symptoms once before. Examination of the oral and buccal tissues reveals red streaks and lines. His CBC reveals a low lymphocyte count. What is the most

likely diagnosis?

a. spinal meningitis b. acquired immunodeficiency syndrome

c. Hodgkin's

509. The major branch of nerve tested with abduction and opposition

a. radial

b. ulna

c. median

d. axillary e. musculocutaneous

510. Most likely diagnosis of male with a + Valsalva's,

Dejerine +Triad and + Naffziger's?

protruded disc

b, L muscle strain

c. hip subluxation d. intermittent claudication

511. Female distended veins in neck dyspnea, enlarged heart, muffled heart sounds.

a. pericardial effusion

b. pericarditis?

c. acute MI d. chronic obstructive lung disease

\*\*\*a\*\*\*

531. Which of the following modalities would be used 512. Throbbing headache over the occiput and vertex? 522. Which cranial nerve would be respon-sible in the 539. Winging of the scapula is associated with which muscle? a. post concussion headache patient can't move eye in position 2 in acute ankle sprain? psychogenic headache a. ultrasound a. serratus anterior c. hypertension headache b. IV b. diathermy b. rhomboid maior c. VI d. cluster headache low volt galvanic c. levator scapulae d. interferential d. trapezius d. X 513. Which of the following is the most likely cause of 523. Two views of Ewing's w/ laminations, Codman's 532. Which method for scoliosis is being demonstrated Which of the following will result from an ulnar bradvcardia? cuff and systemically ill (fever, sweats, etc.). a. increase in intracranial pressure in the figure above? nerve neuropathy? a. claw hand deformity b. acute fever a. Ewing's sarcoma b. ape hand deformity c. hyperthyroidism b. osteomyelitis ? hypertension/pleurisy osteosarcoma c. wrist drop deformity d. carpal tunnel syndrome osteitis deformans 514. What vertebral spinous appears to disappear A patient presents with paresthesia of the lateral because the segment moves anterior compared to 524. 10 year old presents with pain in the wrist and segment below when extending the head back? 3 digits of the right hand. Exam reveals numbness, hand. This nay be due to which of the following. a. unicameral one cvst weakness and atrophy of thenar eminence. Which of the b. C2 Cobb's b. giant cell tumor following is the most probable diagnosis? b. Risser-Ferguson's c. C6 d. T3 aneurysmal bone cyst a. reflex sympathetic dystrophy syndrome Ferguson's C. osteolytic metastasis b. brachial plexus neuritis Ullmann's d. c. carpal tunnel syndrome 515. 30 year old male now in the spring gets a pain d. myofascial pain syndrome over the left eye. The pain happened last fall, and the 525. Which of the following is a macrocytic anemia? \*\*\*\*\* pain lasts approximately 45 minutes, and the pain is over a. iron deficiency 533 Which condition could cause numbness of the the left eye and tearing of the eye. pernicious anemia 542. C6 nerve root innervates which muscle? dorsal aspect of the foot, with no sensation between the a. cluster headache aplastic anemia a. triceps brachii web of the great toe and second toe; b. sinus infection thalassemia anemia b. biceps brachii a. anterior compartment syndrome \*\*\*b\*\*\* c. migraine c. extensor carpi radialis b. superficial peroneal nerve occlusion d. flexor digitorum superficialis d. temporal arteritis c. lateral disc stenosis A 56 year old male has a 4 year history of left tarsal tunnel syndrome 516. Sharp shooting knife like pain is indicative of: upper and lower extremity weakness, which has worsened over the last 4 months. It was of insidious Abduction of the legs is associated with which a. tic douloureux onset. He has trouble climbing stairs. He is experiencing b. Bells palsy cord level? A 22 year old patient presents with right arm c. myofascitis twitching of the arms and legs. Neurological exam a. L2 reveals marked ema-ciation, weakness, and atrophy of weakness. Muscle strength testing of the biceps reveals b. L3 a palpable contraction but no joint motion. How would all 4 limbs. Deep tendon reflexes are decreased on the c. L4 this be rated? 517. Clubbing of finger, supraclavicular lymph node right. Babinski is positive on the left. These findings are d. L5 a. 1 trace swelling, retrosternal pain characteristic of? b. 2 poor a. bronchogenic CA a. chronic degenerative disease c. 3 fair b. COPD Innervation to the wrist flexors is supplied by d. 4 good \*\*\*a\*\*\* which cord level? 527. All of the following are consistent of this case a. C7 518. 40 year old male with mid back pain. X-ray except? b. C8 535 What condition would be suggested by "pilla. the motor system is affected c. T1 reveals a healed Scheuermann's rolling"? a. refer out b. there are signs of UMNL a. multiple sclerosis there are signs of a LMNL b. adjust b. Parkinson's lab checking for Bence Jones there is a brain stem lesion C. c. myasthenia gravis CBC 545. Innervation to the triceps is supplied by which d. cord level? What is the most likely diagnosis? a. C6 536. An inability to abduct the thumb is a lesion of the 519. A 65 year old presents with fatigue, shortness of b. amyotrophic lateral sclerosis b. C7 nerve. C8 breath, cyanosis, edema of the hands and feet. What C. multiple sclerosis C. a. ulnar does she have? d. T1 b. median a. congestive heart failure c. radial The examiner passively abducts the shoulder to b acute MI d. musculocutaneous test for a supraspinatus tear and there is pain. The is Finger abduction and adduction are innervated c. angina pectoris known as: by which nerve? a. apprehension a. C7 537. Bell's Palsy is associated with which cranial 520. Megaloblastic anemia - what vitamin for diet? b. C8 Dugas' b. nerve? T1 a. pantothenic acid Yergason's C. a. CN V d. b. biotin Codman's drop arm T2 b. CN VII c. riboflavin c. CN IX d. folic acid d. CN XI Weber's test in a patient with nerve deafness in 547. The steppage gait is suggestive of which of the the right ear will demonstrate; following? 521. On view of x-ray above the scoliosis is due to? a. sound lateralizes to the right ear a. upper motor neuron lesion a. infectious 538. Tic Douloureux is associated with which cranial b. sound lateralizes to the left ear b. lower motor neuron lesion nerve? c. blockage of the right ear b. idiopathic c. sensory ataxia a. CN V cerebellar ataxia c. congenital b. CN VII d. neuropathic \*\*\*b\*\*\* c. CN IX d. CN XI \*\*\*a\*\*\*

Which gait will be seen in anterior tibialis muscle 559. Which of the following would be used to test the 569. Tendonitis is most commonly seen with which Which of the following imaging methods would iliotibial band? muscle? damage? be best to diagnose cancer? a. steppage a. Yergason's a. biceps brachii a. CT b. festinating b. Patrick's b. supraspinatus b. MRI c. cerebellar c. Ober's c. triceps brachii c. bone scan d. spastic d. Soto-Hall \*\*\*a\*\*\* A man presents with pain when bending over What is the most common primary malignancy A cerebellar problem may demonstrate: An examiner instructs the patient to bring the and when bending backwards. When he gets up from of the spine? a. steppage gait shoulders back and down would be testing for? sitting, his back also hurts. Orthopedic and neurologic a. multiple myeoma b. posterior columns problem a. costoclavicular syndrome signs are negative, and x-rays are negative for b. osteosarcoma c. vestibular problem b. scalenus anticus syndrome pathology; c. Pagets pectoralis minor syndrome a. facet syndrome d. metastatic carcinoma b. lumbosacral muscular sprain/strain cervical rib syndrome \*\*\*a\*\*\* Fasciculations are associated with? a. lower motor neuron lesion Which of the following would cause ankylosing b. upper motor neuron lesion Which of the following ranges of motion would What area of long bone is the most and osteoporosis? (There were no HLA-B27 choices!) both UMNL and LMNL be most restricted in adhesive capsulitis? metabolically active and therefore the most susceptible a. rheumatoid arthritis d. cerebellar lesion a. abduction and internal rotation to infection or disease? b. osteitis pubis b. extension and external rotation a. diaphysis b. metaphysis abduction and external rotation Hyperreflexia is caused by? What is the least amount of bone loss needed to extension and internal rotation epiphysis d. periosteum a. lower motor neuron lesion be evident on radiograph? b. upper motor neuron lesion a. 15% c. both UMNL and LMNL b. 20% Which phase of walking would present more d. cerebellar lesion pain with a Morton's neuroma? Which of the following neoplasms may 30% C. demonstrate a nidus? d. 45% a. heel strike b. toe off a. osteoma Which of the following is present with an upper c. mid-stance b. osteochondroma motor neuron lesion? d. swing phase osteosarcoma Radiation badges lack what? a. dysdiadochokinesia osteoid osteoma a. don't record high radiation \*\*\*d\*\*\* b. badge doesn't compute how much until x-rays are b. spasticity c. paresthesia A man has pain from the sole to the ball of the taken foot which is increased while jogging. This is most likely Which is not a differential diagnosis of a single d. areflexia associated with? white ivory vertebrae? a. osteoblastic metastatic carcinoma A person with calcium oxalate kidney stones a. S1 nerve plantar fasciitis Which condition may be associated with "spastic b. b. hyperparathyroidism should avoid taking which of the following supplements? legs" and "weak arms"? Morton's neuroma osteitis deformans a. Vitamin B 9 Hodgkin's lymphoma a. amyotrophic lateral sclerosis b. Fe c. vitamin C Anterior compartment syndrome is associated Treatment of an increased Q-angle includes? vitamin D with? a. strengthen vastus medialis Radiographs for spinal distortion should be taken with the patient in which of the following positions; a. upper extremity b. strengthen quadriceps b. lower extremity c. stenathen hamstrings a. supine 584. Myofascial pain, what corresponds? patellar support band b. side lying a. vitamin A weight bearing b. vitamin B Nerve root pain is explained as: d. comfortable patient position c. calcium and magnesium Which of the following problems would a patient d. vitamin D a. shooting pain b. stabbing pain experience with an increased Q-Angle? a. patello-femoral syndrome A vertical loading force (axial compression) will c. dull ache b. Osgood-Schlatters
\*\*\*a\*\*\* burning pain first affect which structure of the spine? 585. What is not a contraindication for a migraine? a. endplates a. nuts The hook of the hamate and pisiform are b. vertebral body b. chocolate associated with the: An increase in Q-Angle would indicate: c. pars c. aged cheese facets joints a. carpal tunnel a. greater potential for patellar dislocation d. eggs b. tunnel of Guyon greater stability c. has no real consequence \*\*\*d or e\*\*\* Which would not be a radiographic finding for 557. What nerve goes through the tunnel of Guyon? osteoporosis? 586. Which nutritional supplement promotes healing? What maneuver of daily activities would most a. hyperkyphotic curve a. median nerve a. zinc b. calcium likely aggravate scalenus anticus syndrome? b. accentuation of vertical trabeculae b. ulnar nerve c. radial nerve a. sleeping on several pillows accentuation of horizontal trabeculae wedge shaped vertebrae b. raising weight to chest musculocutaneous nerve d. typing on a key board Which of the following diets will require an working with arms overhead increase in calcium consumption? The most common shoulder injury for a javelin A 25 year old athletic male presents with an a. high protein thrower and baseball pitcher; anterior slippage of L5 on the sacrum and a b . low fat a. acromio-clavicular separation A 35 year old man comes in complaining of low corresponding bilateral pars defect. This would be c. low fiber d. high carbohydrate

\*\*\*a\*\*\* back pain which is exacerbated by trunk flexion, and classified as: b. sterno-clavicular separation c. bicipital tendonitis relieved by trunk extension. What is the least likely a. degenerative spondylolisthesis b. isthmic spondylolisthesis d. supraspinatus/rotator cuff injury diagnosis? a. Iumbar spinal stenosis c. dysplastic spondylolisthesis b. lumbar interspinous ligament strain spondylolysis bulging lumbar disc lumbar extensor muscle sprain

```
The transverse portion of the cruciate ligament
attaches to the:
a. odontoid process

 b. C1 transverse

c. lateral mass of atlas
d. C2 transverse
      What blood test would most likely be altered in
Paget's disease.
a. alkaline phosphatase
b. thyroid profile
c. serum calcium
d. acid phosphatase
590.
        Guaiac test:
a. blood
b. iron
       HLA-B27:
a. ankylosing spondylitis
592. Which of the following lab increases would give
the worst prognosis for a patient recovering from a
myocardial infarction;
a. CPK - 8 times
   SGOT - 4 times
c. LDH - 2 times
d. cholesterol - 2 times
593.
        CPK increases with myocardial infarct according
to:
a. the size of the heart muscle
b. the length of the infarct
c. the size of the infarct
  the stage of the infarct
        A man losing weight has a PSA level of 8. What
is the most likely diagnosis?
a. prostate cancer
b. multiple myeloma
       The normal RBC count is:
a. 4.2 - 5.8 million/mm<sup>3</sup>
b. 11 - 13.6 million/mm3
c. 15.7 - 20.4 million/mm<sup>3</sup>
d. 28.3 - 31 million/mm3
      Lab results reveal a MCV level of 101. This
would be most suggestive of;
a. TIBC
b. B12 deficiency

 B6 deficiency

597. A 57 year old male comes to your office for a
regular visit. He reports recent urinary discoloration.
Which question would you ask to keep from performing
unnecessary tests on the patient?
a. recent emotional stress
b. recent sexual activity
c. increased intake of carbonated beverages
   recent use of over-the-counter laxatives
```

598. A woman presents complaining of burning

urination. What question would best lead you to a

diagnosis?

a. Is it cloudy?

```
599. A patient presents in your office immediately
following a car accident. Which of the following would be
the least important question to ask the patient?
a. present complaint and symptoms
b. what was the damage to the car
   position of the patient
        have you been in an accident before?
600. Which of the following should the doctor do when
a. write detailed notes while the patient is talking and
   asking him to slow down when necessary
   use your own shorthand, writing down highlights only
   write down key words and fill in the blanks later
   focus mainly on "yes" or "no" answers
         Which part of the exam would most lead you to
the diagnosis?
a. case history
b. x-ray
   physical exam
       ***a***
        Which of the following would be the most likely
to know in advance of a suicide attempt?
a. family
b. counselor
   teachers
   peers
        A 54 year old woman is hyperkyphotic in the
thoracic region, with chronic myalgia throughout entire
body. She presents with pain and swelling over the right
hip which occurred 2 days after walking. Preliminary
diagnosis:
a. systemic infection
   inflammatory arthritis
   vascular embolism
       ***b***
604.
        What is the initial case management?
a. x-ray
b. blood test
   orthopedic test
        If no cause for the patients pain can be
determined after the initial visit, what should the next
step be?
a. manipulation
b. MRI
c. bed rest
        Systolic stenosis will best be heard at?
a. right second intercostal space
b. left intercostal space
c. apex
607.
        Which condition would you most likely hear
during diastole?
a. aortic stenosis
b. mitral stenosis
   pulmonic stenosis
   mitral valve prolapse
       ***b***
608.
           Constant sacral pain;
a. prostatitis
   lumbar disc problem
```

\*\*\*a\*\*\*

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609. Right groin pain;

 a. appendicitis

b. gall stone
        A 56 year old male presents with urination
difficulty and pain. What is the case management;
b. superficial palpation
c. deep palpation
        A patient presents with epigastric pain. What
would you do first?
a. deep palpation
b. light palpation
c. ČBC
d. UA
612.
        Which of the following is associated with malar
flush?
a. myocardial infarct
b. tachycardia
c. mitral stenosis
d. angina pectoris
        Palpation of a 55 year old male reveals a
smooth rubbery, rounded prostate. It is 6 c.m. by 3 c.m.,
and asymmetrical;
a. normal
b. prostatic carcinoma
   benian prostatic hypertrophy
   acute prostatitis
        A 15 year old with a history of falling asleep
suddenly and having an irresistible urge to sleep?
a. narcolepsy
b. sleep apnea
615.
        Which type of coma can not be distinguished by
breath odor?
a. traumatic
b. diabetic
   hepatic
C.
   uremic
616. What is suggested by non-movable left
supraclavicular lymph enlargement?
a. tuberculosis
b. mononucleosis
   G.I. metastatic carcinoma
d. multiple sclerosis
       At what age does a person usually first
experience a migraine headache?
a. before the age of 10
b. puberty
   over 20 years of age
d. 20-40 years of age
618. A 28 year old male has a constant headache that
began 2 days ago while playing basketball .The
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a. Berry aneurysm of the circle of Willis

b. migraine headache

\*\*\*a\*\*\*

cluster headache tension headache

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headache is not relieved by any medications. The
patient's father died from cerebrovascular accident at the
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619.
                                                                  Which of the over-the-counter treatments for
                                                          children with Reye's syndrome has been discontinued?
                                                          a. laxatives
                                                          b. cough suppressant
                                                         d. aspirin
                                                          c. acetaminophen
                                                                What skin condition effects the face upper
                                                          chest, and back?
                                                          a. acne
                                                         b eczema
                                                          c. psoriasis
                                                                 Which of the following changes to the nails is
                                                          caused by psoriasis?
                                                          a. clubbing
                                                          b. pitting
                                                          c. white lines
                                                          d. splinters
                                                          622.
                                                                  Orthostatic hypotension is caused by;
                                                          a. prolonged standing
                                                          b. standing up
                                                          c. sitting
                                                         d. lying down
                                                                  A patient presents with typical meningitis
                                                          symptoms. Which position is most indicative of her
                                                          problem;
                                                          a. flexion of the neck
                                                                 A person that has been camping for 2 weeks.
                                                          has developed a rash starting on their arms and has
                                                          spread to the trunk. What is the most likely diagnosis?
                                                          a. histoplasmosis
                                                          b. coccidiomycosis
                                                         c. Lyme's disease
                                                             cryptosporidiosis
                                                                 Which of the following precede the skin lesion in
                                                          Lyme disease?
                                                          a. nausea vomiting
                                                          b. stiff neck and headache
                                                          c. crepitus
                                                          a. low back pain
                                                            dizziness
                                                            cardiovascular problems
                                                          626.
                                                                  Bilirubin turns a caucasian's skin what color;
                                                         a. yellow
                                                          b.
                                                            orange
                                                          c. blue
                                                                Patient presents with graying of the cornea and
                                                          possible blindness:
                                                          a. glaucoma
                                                          b. cataracts
                                                          c. senile macular degeneration
                                                          628.
                                                                 Which could cause palpitations and high fasting
                                                          blood sugar?
                                                         a. diabetes mellitus
age of 45. What would be your most likely diagnosis?
                                                          b. coronary infarct
                                                            angina pectoris
                                                             pheochromocytoma
```

629. You suddenly come across your child with the car running and the garage door down, you suspect CO poisoning. What signs do you see?

a. mucosa pallor, with cherry pink lips

b. clonus with cherry pink lips

A family history on an adult patient would be important for which of the following conditions?

a. migraine headaches

b. coccidiodomycosis

c. appendicitis

d. strep throat

Which of the following is a clinical feature of Grave's disease?

a. atrophied thyroid gland

b. exophthalmos

facial edema C.

tachycardia that disappears when sleeping

Which of the following is provocative to intermittent claudication in a suspected individual?

b. inflammation

c. exercise

d. infection

Systemic lupus erythematosis will effect which type of tissue?

á. bone

b. nerve

c. connective

mucous

634. Healthy young man with sudden pain

a. pneumothorax

b. sarcoidosis

pleural effusion

635. Acute serous otitis media?

a. amber

b. red c. brown

636. Main pulmonary function

a. TV RV b.

C. VC

A 50 year old male presents with a festination gait and slight drooling. Which of the following is most suggestive?

a. Parkinson's disease

Reiter's syndrome

ankylosing spondylitis

Which of the following does not have blood colored stools?

a. Meckel's diverticulum

b. anal polyps

c. hemorrhoids

\*\*\*a\*\*\*

A 10 year old boy presents with a 10 day history of sore throat and diarrhea. There is a hip contracture at 90° flexion, what is the initial case management;

a. refer

b. hip orthopedic test

c. traction hip

A pregnant female presents with chronic sacroilitis and right iliac pain. What would you recommend for home treatment?

a. TENS

b. abdominal support

maternity lumbar support

moist heat

diathermy

Which of the following is not an appropriate case management for a patient with carpal tunnel syndrome?

a. manipulate the lunate

manipulate the cervical spine

keep hand in flexion

instruct the patient on ergonomics \*\*\*C\*\*\*

A patient presents with constant pain at the lateral aspect of the rib cage. Two days ago, he fell and hit the side of the bath tub. What would you do first?

a. refer to the hospital

b. x-ray

c. consult with another chiropractor

cryotherapy \*\*\*b\*\*\*

A 40 year old male patient experiences a severe headache occurring immediately following an orgasm (after ejaculation). He is afraid to have sex because of the severity of the headache. What would be your management of this patient

a. refer to a urologist

b. refer to psychiatrist

c. refer to neurologist

d. take x-rays and adjust

A patient with a history of breast cancer presents with nocturnal neck pain. Chiropractic care is unresponsive and cervical radiographs show no obvious findings. What would be the next diagnostic procedure?

a. bone scan

b. EMG

CT scan C.

d. MRI

A 10 year old athlete presents with femoral anteversion, you should;

a. stretch hip invertors

b. strengthen the hip external rotators

c. instruct to stop running and jogging
\*\*\*a & b\*\*\*

A girl falls with her arm outstretched and has a scaphoid subluxation but no fracture. What would be your course of action?

a. give her a wrist support and re x-ray in 2 weeks

b. adjust the subluxated scaphoid

647. You come across a 25 year old male who is coughing and holding his throat. What do you do?

a. call 911

b. encourage him to continue coughing

c. deliver 4 back blows

d. deliver 4 abdominal thrusts

A 50 year old female presents with severe headaches and tunnel vision;

take x-ray cervical series and adjust

b. do ophthalmoscopic exam

refer for medical care

perform cervical orthopedic tests

tell her to go home

What is the management for a patient with moderate hamstring strain?

a. slow jogging

b. ultrasound

diathermy

Mobilization (ROM exercises) is preferred over manipulation for which of the following shoulder joints?

a. acromioclavicular

b. sternoclavicular

c. glenohumeral

scapulothoracic

What is the appropriate management of a 12 vear old male with acute Osgood-Schlatter's disease?

a. no weight bearing

patellar support band b.

ultrasound the area immobilize the knee

strengthen quadriceps
\*\*\*h\*\*\*

652. Proper ischemic compression to a trigger point involves which of the following?

a. gradual increase in pressure

gradual pressure to contracted muscle

holding the pressure for 7-60 seconds

avoidance of repetition of procedure only twice yearly

With high volt therapy, you have 1 active pad and dispersal pad(s);

a.

b. 2

C. 3 d.

654. Which of the following is an indication for a contrast bath:

a. swollen ankle

b. yellowish bruise with buttock pain

An ice pack should be removed from the patient when which of the following is noticed?

a. patient's skin turns blue

b. patient's skin turns red

patient experiences numbness

patient experiences burning

Which of the following exercises is contraindicated for facet syndrome?

a. McKenzie's

b. abdominals

c. William's

Treatment of adhesive capsulitis;

a. Kegal exercises b. Codman's exercises

Jacobson's

d. McKenzie's

How do you do cross frictional massage of the calcaneal fibular ligament?

a. parallel to the fibers

b. perpendicular to the fibers

c. cross frictional massage

What modality would you not use on a patient 659. with Raynaud's disease?

a. hot packs

b. cold packs

c. ultrasound

You have a left C5/C6 subluxation. The patient is supine with the head fully rotated to the right. You would cup the \_\_\_ and the LOD would be \_\_\_.
a. chin: P-A. S-I, through the plane line of the disc

b. chin; A-P, S-I, through the plane line of the facet

c. ear: A-P. I-S. through plane line of the disc

ear; P-A, S-I, through plane line of the facet \*\*\*d best\*\*\*

The patient has a right posterior, inferior ilium.

The sacrum has gone

a. left anterior, inferior

b. right anterior, inferior c. left posterior, superior

right posterior, inferior

662. How would you adjust a plantar flexion inversion sprain?

a. distract superior talus

b. adjust cuboid

663. Adjusting C1-C2 subluxation right and extension you contact;

a. C1 articular pillar

b. C1 transverse

C2 articular pillar C2 transverse



a. Chamberlain's

b. George's

c. McGregor's

McRae's line \*\*\*a\*\*\*



- sacralization
- inverted Napolean Hat with a grade 4 spondylolisthesis with anterior displacement
- hemivertebra at L1
- Cupid's Bow

What kind of fracture is this? 666.



- a. transcervical
- b. torus
- avulsion stress
- 667. Where is a Darwinian tubercle usually seen?



- b. 2
- 3 C. d.
- 668. Which is the sensory neuron?



- b. 2
- 3 C. d.
- \*\*\*b\*\*\* 669. A 30 year old male;



- Pagets
- multiple myeloma
- enchondroma C.
- fibrous dysplasia

670. Identify the condition in the film;



ankylosing spondyltis DISH

- h C.
  - multiple myeloma
- d. hyperparathyroidism
- 671 21 year old male



- Fibrous Dysyplasia
- Ewing's Sarcoma
- Osteochondroma
- Enchondroma
- Label the S-T segment



- 0
- 3-4 1-2-3 C.
- Label peak # 1 in the diagram 673.



- a. Q wave
- ST wave
- R wave
- T wave
- 674. What type of joint is the elbow. (Humerus radius)?



- hinge ball-n-socket
- pivot
- saddle
- 675. A normal cup to disc ratio is; 2:1

\*\*\*\*\*\*

Patient presents with pain over the shaded distribution. Which of the following conditions is characterized by the area of pain depicted? а pvelonephritis

b. urethral obstruction c. d. acute appendicitis bladder infection

A 23-year-old female presents with 12-hour history of abdominal pain that is lateralized to the right lower quadrant. Which diagnosis is most likely?

biliary tree obstruction b.

appendicitis diverticulitis

A patient presents with foul smelling, mucopurulent sputum;

chronic bronchitis b. bronchiectasis

A patient presents with ringing of the ears, sensorineural hearing loss and vertigo;

Meniere's a. b. multiple sclerosis C. Codman's d. ALS

A patient presents with a blood pressure of 170/80. What is the least likely cause?

emotional a. b. pathological psychological C. \*\*\*A & C\*\*\*

Which of the following conditions is most characteristic of prostate carcinoma?

impotence b. hard, painless mass urethral discharge C. fever with tachycardia

682. Which of the following findings has the least favorable prognosis?

testicle palpates as a hard, solid mass testicle palpates as painful and smooth

Which of the following questions would best diagnose Sudeck's atrophy?

family history a. b. history of trauma

Which of the following conditions presents with bronze skin pigmentation?

myxedema a. b. Cushing's C. Addison's

A patient presents with a suprapubic mass, hematuria and increased urination:

cystitis h ureteral stone cholecystitis

686. A 35-year-old man presents with low back pain, nausea and vomiting. Physical exam and history revealed urinary incontinence, urgency, fever, flank pain and abdominal rigidity. Which of the following would be performed first?

UA and CBC b.

MRI

radiographic spine study

lower GI study

Patient has radiating pain down the left leg 687. and an antalgic lean to the right. What would be the most comfortable sleeping position?

lying on back with knees extended lying on stomach with knees flexed

lying on right with pillows between right iliac crest

lying on left with pillow between left iliac crest and D. ribs

689. Which trigger point do you contact for lumbar

pain? adductor magnus a.

b. piriformis aluteus maximus C.

d. iliopsoas

After initially preparing the patient for trapezius 690. stretching, the doctor;

moves the head only a. moves the shoulder only b. move the head and shoulder

pushes the superior angle of the scapula inferiorly

A patient presents with patellofemoral pain syndrome. What treatment should be recommended? (VMO was not a choice)

stretch hamstrings strengthen vastus lateralis stretch tensor fascia lata strengthen tensor fascia lata

692. What is the best case management for a patient with a positive Yergason's?

immobilize with a cast transverse friction massage strengthen biceps femoris muscle

refer to neurosurgeon

693. Which of the following is indicated for initial management of a grade 3 inversion ankle sprain?

compression wrap elevation

immobilization

A 28-year-old female presents with left-sided dull achy pain that radiates down the left arm to the thumb and index finger. She says she overexerted herself in the gym. The pain is worse with right cervical rotation and extension. What would be the appropriate course of treatment?

refer for cardiac work-up

full spine x-rays

trapezius stretch and trigger point

scalenus stretch and trigger point

695. A young female presents to a chiropractic office for a second opinion, after seeing an orthopedic surgeon. The MD told her that she needed surgery to remove a disc fragment. At the present time, the patient has had all negative orthopedic and neurological tests. Assuming the current conditions, what would you suggest for the patient?

chiropractors should not give an opinion about

adjust the area with conservative chiropractic care

let it resorb on its own

refer for surgery, even though patient is asymptomatic at the time

696. What is the proper treatment for a child with Legg-Calvé-Perthes' disease?

refer to hospital

complete non-weight bearing on involved side (with active ROM)

ultrasound and passive range of motion immobilization of involved side

697. Patient presents with mild cauda equina syndrome. What is the most appropriate management?

24 hours rest, ice, elevation

refer to neurosurgeon for immediate evaluation lumbo-sacral plain films and evaluate

adjust and monitor daily

A 20-year-old football player presents with low back pain that occurs after games. X-rays reveal a grade I L4 spondylolisthesis. There are no neurological complaints. What is your management of the patient?

inform patient of findings, proceed with conservative care and encourage him to resume

recommend cessation of activity and re x-ray to observe healing process

refer out

recommend 2 month rest, then instruct gradual reactivity

In a patient with IVF encroachment on the left at C4-C5, which would be the most appropriate?

continuous traction

intermittent traction

cervical break with left contact

cervical break with right contact

A 65-year-old female housekeeper presents with low back pain. She responds well to chiropractic care, but after one week she returns to the office complaining of dizziness, tinnitus and severe headache. She said the pain started yesterday afternoon. "I wanted to get adjusted yesterday, but I couldn't use the phone. It was a terrible, stressful day, but today I feel better." Her seated blood pressure is 180/100, pulse is 80 bpm. She feels good except for a sensitive spot on the top of her head. What is your recommended course of action?

refer to her regular MD refer to a hospital

adjust her cervicals

tell her to return tomorrow to re-evaluate

What is the most appropriate case 701. management for a patient suffering from pain, swelling. paresthesia and vascular compromise after an acute tibial fracture (calf pain)?

ice and elevate

immediate referral for decompression surgery SSS. massage to increase venous drainage

apply wrapping to decrease swelling

A patient presents with lower leg trauma. It is 702. swollen, warm and has distended veins. What do you do?

compression wraps a.

b. refer out

apply ice

The treatment least likely to be done with an acute Achilles tendinitis:

heel lift

stretching Achilles tendon b.

ice massage

d. rest

A marathon runner has had an Achilles tendon tear, what would you recommend?

calf exercises b. swimming immobilization

To increase lumbar lordosis, a patient would: strengthen quadriceps and stretch abdominals strengthen abdominals and stretch quadriceps

strengthen gluteus maximus and stretch C. paraspinals

Bilateral SI joint on xray and pain in the Thoracic spineankylosing spondylosis

Where do you not adjust in Ank. Spond; ankylosed segments\

Carpenter with hypoesthesia in the first 2 digits: pronator teres, interosseus, cubital tunnel, carpal tunnel

A patient that had signs and symptoms of plantar fasciitis what to recommend; heel pad

706. Initial stretching of the superior trapezius the Doctor

Doctor laterally flexes head

lateral flexion head and shoulder

lateral flexion shoulder

A 26 year old male, presents with fever, chills, electric shock-like pain when flexing head. Which study should be performed?

CSF analysis

Doppler ultrasound

SPECT

diagnostic ultrasound

A 68 year old male with sudden onset of right side face paralysis, nausea, dizziness. Which do you do:

take radiographs & adjust call ambulance

give supplements

send for lab studies

709. A 65 obese male presents with intermittent abdominal cramping and low back pain, not diminished in recumbent position or night. He can't find comfortable position. Exam reveals reveals no apparent spinal problems with bilateral (+) straight leg raisers at 65°. Abdominal auscultation is relatively normal, and palpation is limited because of his obesity. What do you do next?

bone scan

lower barium GI study

abdominal ultrasound

An 8 year old female is brought into your 710 office by her father. She has been sick for 2 weeks now, but her right shoulder pain started the previous day. She has swelling and decreased range of motion at the glenohumeral joint. She also notes intermittent fever, vomiting and dizziness. The radiographic findings are inconclusive. What should the next step in her treatment plan be?

refer to an orthopedist

traction and motion the joint

refer to the emergency room at the local hospital

immobilize and apply cryotherapy

An 18 year old female was in a recent car accident 8 days ago. She went to the emergency room had x-rays and MRI taken, but there was no evidence of pathology. She still has dizziness and pain, she has

received no treatment. What would you do? adjust thoracic spine only till her symptoms decrease

refer to neurologist for co treatment

request films

Which of the following positions of the patient 712. would be best to stretch tensor fascia lata?

supine bring one knee the chest to 45° and hip at 45° to and drop the other leg off the table inferior leg at 45° and back leg was off the table

Side lying knee at 45° and drop leg off the table

713. What would you recommend when treating a

computer operator with acute low back pain? alternating sitting and standing

heat 20 minutes before going to bed

laying down prone

A middle aged patient presents with acute 714. chest pain and breathing problems. What study should be done first?

a) MRI

b) echocardiogram

c) computerized tomography

d) electrocardiogram

715. What is the most common cause of thiamin deficiency in the United States?

excessive carbohydrates increased fat in diet

excessive protein chronic alcoholism

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Which of the following would ↑ serum
716.
phosphorus?
a) soft drinks & processed foods
b) enriched foods
c) sugars
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A deficiency of which vitamin may cause neural tube defect and is essential to take when pregnant?

folic acid vitamin B-1 vitamin B-6 niacin \*\*\*A\*\*\*

d) fatty foods

718. In the healing stage of an acute muscle injury with edema?

wheat germ, fish oils

Vitamin C, flavonoids

protein, amino acids, proteolytic enzymes

zinc, iron

A patient presents with dysfunction at the distal ulnar/radial joint is likely to present with lack of?

ulnar deviation pronation

wrist flexion C. wrist extension D.

The patient can't extend the wrist, the

problem is located at which area? metacarpal midcarpal radiocarpal

radioulnar

To correct a restricted extension fixation at the humeroulnar joint, your contact point is:

radial head medial epicondyle coronoid olecranon

Which of the following patient positions is least favorable when adjusting a thoracic vertebra that is

fixed in extension? prone supine standing side-lying

723. Which of the following would a upper cervical adjustment be contraindicated?

rheumatoid arthritis degenerative osteoarthritis

A patient presents with Down's syndrome. Which x-ray should be taken before manipulation?

cervical flexion/extension

Which of the following is NOT indicated for spinal manipulation?

a) Sprain/strain b) neuralgia

c) segmental instability

d) subluxation

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726. In the cervical and upper thoracic region. The
spinous processes move in which direction on rotation
and lateral flexion?
a. toward the concavity
b. toward the convexity
c. posterior
d. anterior
727
           What is at level of scapular spine?
     T2
     T3
C.
     T5/T6
728.
           Where is the cricoid first ring found with the
patient seated?
     C<sub>1</sub>
     C2
     C4
     C6
     ***D***
729.
           With the patient seated, the hyoid bone is
located at which vertebral level:
     C-1
     C-3
     C-5
     C-7
           50% of rotation of cervical spine occurs most
at which vertebral level?
        C0-C1
        C1-C2
        C4-C5
        C6-C7
     ***B***
731.
           The plical system is indicated
     foot
     ankle
     knee
     wrist
      ***C*
732.
            What would be seen in this area?
     scaphoid fracture
     Lister's tubercle
     Kienböck's
           The superior oblique muscle of the eye
733.
controls what kind of eye movment?
        down and out
        down and in
        up and out
        up and in
734. A facet in the frontal plane has motion in which
direction?
        flexion
        rotation
        extension
        lateral flexion
     ***B & D***
735.
           The guaiac test would be used for (in stool
sample):
        gastrointestinal bleeding
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malabsorption syndrome

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736
           Increased serum blood calcium is seen in:
     multiple myeloma
      Hypoparathyroidism
      Osteoporosis
      Vitamin D Deficiency
           A person who acclimates to higher altitude
environment will have what blood changes?
         polycythemia vera
         hemolytic anemia
        sustained acidosis
        increased hematocrit
738.
           What does the last stage of ice massage
cause the skin?
      coldness
      burnina
      achiness
      numbness
      ***D**
739
           A cockup splint is used for:
         elbow
         wrist
         knee
740
           A 16 year old female has trauma to knee. 24
hours later knee is red and tender She states she feels
fine. What is least appropriate?
a) ice
b) bandage
c) elevation
d) joint aspiration
741.
            Which type of exercise causes the muscle to
lengthen?
a) isotonic
b) eccentric
c) concentric
d) isometric
742.
           Pain upon active motion, pain during
isometric contraction.
         strain of muscle
         sprain
         facet arthrosis
743.
           Which of the following would produce pain
with a strain injury but not with a sprain injury?
        distraction
        active motion
         isometric contraction
        isokinetic flexion/extension
           Which type of exercise would you use early
in the rehabilitation of an acute joint injury to prevent
further joint irritation?
      isotonic
      aerobic
      plyometric
      isometric
745.
            Spastic shortening of postural muscles
results in
                 motion and neurogenic
         increase, facilitation
         decrease, facilitation
        increase, inhibition
        decrease, inhibition
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746.
            A patient presents with a decubitus ulcer on
his right leg. Which modality is contraindicated?
         SW diathermy
         Paraffin bath
         ultrasound
        Hydrotherapy
747.
            Frenkel's exercises-what are they?
a)
            cerebral palsy?
748.
            With chronic lumbar sprain strain what
settings would be used for ultrasound?
            Pulsed 4-6 minutes
b)
            Continuous 4-6 minutes
            Pulsed 8-10 minutes
c)
            Continuous 8-10 minutes - high
d)
749.
            Which is contraindicated for peripheral
edema?
         cold
         short wave diathermy
         pulse ultra sound
         interferential
            A construction worker with flank pain. Which
question would be most relevant?
     do you wear lumbar belt
      recent history of urinary or bowel incontinence
      how long have you been working construction
C.
     have you had a recent change of diet
            A young boy presents with fever, dyspnea,
hemoptysis and night sweats. His father had similar
symptoms 6 months ago. He is from a low
socioeconomic area;
     tuberculosis
В.
     emphysema
     pneumonia
C.
      chronic bronchitis
            Guy with hypertension obese history of
angina. What Q would lead to suspect
-family history of heart disease
753. A male smoker, with a sedentary lifestyle presents
with increased cholesterol which of the following history
would be the greatest risk?
      Mother with diabetes
      Alcoholic father
      Father had myocardial infarction
754. A middle aged female reports feeling fatigue all the
time, has diffuse pain all over, general stiffness especially in the morning, Irritable bowel syndrome,
paresthesia, occasional tension headache. What
question would help provide a diagnosis?
         Do you have trigger points in your muscles?
         Do you have a family history of RA?
         Do you have a family history of osteoarthritis?
         How long does the stiffness lasts?
            A patient presents tired and has a hard
getting up in the morning. He has aching pain throughout
the body but can't really pinpoint area. What findings
might you find?
        trigger points
        flaccid muscles
```

taut muscles

756. A 63 year old walks for 4 blocks and has to stop because of occasional pain in right buttock. With a diagnosis of lateral stenosis, what would he answer "yes" to:

a. Does the pain increas with flexion?
 b. Does the pain decrease with extension?
 c. Does the pain increase with right rotation?
 d. Does it exacerbate when leaning to right?

757. ↑ amylase answer Acute Pancreatitis you will see? ~ Increase amylase and lipase.

758. A 10 yea boy with lurching gait and hip pain that radiates to groin and thigh?

a. neoplasia

e. slipped femoral capital epiphysis

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